



SPINE CME & WORKSHOP DISC, DEFORMITY & DILEMMA!

*Under the aegis of UPOA
in association with IOA, UPSS, VOA*



APEX ACADEMIC ACTIVITY



IOA President Theme 2025

Old is Gold - 360 care for Elderly
Ensuring Mobility, Dignity, Longevity



UPOA President Theme

Bridging Tradition and Technology for
Better Care.

28th SEP
SUNDAY 2025



Venue: Radisson Hotel, Varanasi

FACULTIES



Dr. Abhishek Kashyap

M.B.B.S, M.S (Ortho)
Professor
Dept. of Orthopaedics
MAMC, New Delhi



Dr. Harpreet Singh

M.B.B.S, M.S (Ortho) Gold Medalist
Fellowship in Post Doctoral Spine Surgery
Senior Spine Surgeon
Regency Hospital, Kanpur



Dr. Prabhat Agrawal

M.B.B.S, M.S (Ortho)
Associate professor
Deptt of Orthopaedics
AIIMS, Patna



Dr. Sanjay Yadav

M.B.B.S, M.S (Ortho) PGI Chandigarh
Asia Pacific Spine Fellow, Hongkong
SICOT Spine Fellow, Denmark
Associate Professor
Department Of Orthopedics
IMS BHU



Dr. Vijay Singh

M.B.B.S, M.S (Ortho)
Fellowship in Joint replacement and spine Surgery
Head of Department
BLW Central Hospital
Varanasi



Dr. Arun Kumar Viswanadha

M.B.B.S, MS (Ortho), FACS (USA)

- Fellowship in Paediatric Spinal Deformities (Department of Scoliosis, Texas Children's Hospital, Houston)
- Fellowship in Endoscopic Spine Surgery (University Hospitals, Cleveland, Ohio)
- AOSpine Asia Pacific Fellowship in Minimally Invasive Spine Surgery (Bombay Hospitals and Research Centre, Mumbai)
- IOA Fellowship in Adult Spinal Deformities (Ganga Hospital, Coimbatore)
- Fellow of American College of Surgeons (USA) International Fellow in Scoliosis Research Society (USA)



Dr. Vishnu Panigrahi

M.B.B.S, M.S (Ortho), FNB Spine Surgery
Consultant & Spine Surgeon
Apex Super Speciality Hospital & PGI
Varanasi





SPINE CME & WORKSHOP

Disc, Deformity & Dilemma!

"Understanding the Basics of Spine!"

SCIENTIFIC AGENDA

Challenges, Controversies and Complications in Thoraco-Lumbar Spine

Time	Topic	Speaker
08:30 - 09:30 am	Registration & Breakfast	
Lumber Disc Prolapse (20 min talk, 10 min discussion)		
09:30 - 10:00 am	Discogenic Back Pain – Myth or Reality?	Dr. Vijay Singh
10:00 - 10:30 am	Can Clinical and Radiological Findings Predict the timing of Surgery in lumbar disc prolapse?	Dr. Harpreet Singh
10:30 - 11:00 am	My Technique for Discectomy: Open Approach	Dr. Vishnu Panigrahi
11:00 - 11:30 am	My Technique for Discectomy: Microscopic Approach	Dr. Harpreet Singh
11:30 - 12:00 pm	My Technique for Discectomy: Endoscopic Approach	Dr Abhishek Kashyap
12:00 - 12:30 pm	Recurrent Disc Herniation and Multilevel Disc Disease – Challenges and Solutions	Dr Abhishek Kashyap
12:30 - 01:00 pm	Full endoscopic spine surgery: Beginners Challenges	Dr Arun Kumar Viswanadha
01:00 - 01:30 pm	Inauguration & Lunch	
Deformity (20 min talk, 10 min discussion)		
01:30 - 02:00 pm	Decision making in Paediatric Scoliosis (Congenital Vs Adolescent Idiopathic)	Dr Arun Kumar Viswanadha
02:00 - 02:30 pm	Decision-Making in Adult Degenerative Scoliosis	Dr. Prabhat Agrawal
02:30 - 03:00 pm	Approach to Spinal Deformity: Adolescent Scoliosis Vs Adult Scoliosis	Dr Arun Kumar Viswanadha
03:00 - 03:30 pm	Adjacent Segment Disease: Preventable or Inevitable?	Dr. Harpreet Singh
03:30 - 04:00 pm	Defining Instability in the Degenerative Lumbar Spine	Dr. Prabhat Agrawal
04:00 - 04:30 pm	Challenges in Osteoporotic spine	Dr. Sanjay Yadav



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Under the Aegis of UPOA



Dr Piyush Kumar Misra
(President)



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In Association with



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(Secretary)



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Organizing Committee



Organizing Chairman
Dr. S K Singh



Organizing Secretary
Dr. Swaroop Patel



Co-Organizing Secretary
Dr. Vishnu Panigrahi

For Registration

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