

Newsletter of UP Orthopaedic Association
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November 2018



UPOA TIMES

IOA President's Theme:

"TRIEN THE YOUNG TO ENRICH THE FUTURE"

President

Dr. Atul Srivastava

Secretary

Dr. Ashish Kumar Srivastava

UPOA Secretariat :

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Organising Chairman
Dr. Pramendra Maheshwari



Organising Secretary
Dr. Vinod Pagrani

UPOATHOCON 2019: INVITATION

Respected Seniors & Dear Friends,

We feel honoured and privileged to have been given the opportunity to host the 43rd Annual Conference of the Uttar Pradesh Orthopaedic Association from 15th -17th February, 2019 in Bareilly - The Nath Nagari.

On behalf of the organizing committee, we invite you to UPOATHOCON 2019 at Rohilkhand Medical College and Hospital, Bareilly and assure you that it would be a great academic feast. The conference will be an excellent platform for delegates to exchange ideas, share informations, and to meet old friends. The scientific program will focus on symposia, ICLs, case discussions and surgical video presentations. Emphasis will be on interactive educative sessions by renowned experts in the field, sharing their experiences about latest technologies on the horizon.

Historically city Bareilly is a part of Panchala region of Mahabharata, (the birth place of Rani Draupadi). The fortress Ahichhatra was the ancient capital of northern Panchala. The remains of this city are situated in Aonla Tehsil of Bareilly District. It showcases an eclectic and beautiful mixture of rich religious culture. Even the weather is pleasant in February. The city is centrally placed and well connected by trains and roads.

City also known as Nath Nagari is surrounded by renowned temples of Lord Shiva in all four corners, The Alakha Nath, Trivati Nath, Madhi Nath and Dhopeswar Nath. The Dargah Ala Hazrat, in Bareilly is one of the most sanctified shrines of the country and sees lots of devotees from around the world every year.

Fun City and Phoenix Mall are two ideal destinations located near to the conference venue and would be good attractions for accompanying persons and kids.

We also urge you to take extra time out to explore many popular travel destinations near the city like Nainital, Sattal, Bhimtal, Jim Corbett, Jageshwar Temple, Chuka Beach, Gurudwara Nanak Matta Sahib.

The organising committee has arranged invigorating evening with the best of cultural program to rejuvenate the delegates and faculty. We sincerely hope that the blend of pleasant weather, warm hospitality and entertaining social evening will enrich the scientific environment.

We look forward to welcoming you all in Bareilly.

Organizing Committee
UPOATHOCON 2019



Executive-2018

Dr. Atul Srivastava	: President
Dr. Jamal Ashraf	: President Elect
Dr. Amit Rastogi	: Immediate Past President
Dr. Sanjay Srivastava	: Vice Presidents
Dr. Girish Dang	
Dr. Ashish Kumar	: Secretary
Dr. Kaushal Agarwal	: Treasurer
Dr. Vinod Pagrani	: Joint Secretaries
Dr. Sanjiv Kumar	
Dr. Satyendra Singh	
Dr. Sanjay Dhawan	: Editor — JBJD
Dr. Dr C.P. Pal	: Members Executive Committee
Dr. Uttam Garg	
Dr. Gyaneshwar Tonk	
Dr. S M Dwivedi	
Dr. Santosh Kumar Singh	
Dr. Alok Sharma	
Dr. Ambuj Srivastava	
Dr. Sanjeev Vohra	
Dr. Harendra Chaturvedi	
Dr. Dharendra Singh	C.S.R.C. IOA
Dr. Piyush K. Mishra	State Representative of IOA
Dr. Nikunj K. Agarwal	State Representative of IOA
Dr. Saurbh Agarwal, Jhansi	Quiz Master

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President's Message

Dear Esteemed Members

Season's Greetings and Happy Deepawali to you all.

I congratulate our Secretary Dr. Ashish Kumar for a well compiled forthcoming NEWSLETTER of the UP Orthopaedic Association, the UPOA Times

UPOA is the largest State Chapter of the IOA and we should all strive to maintain this legacy and enroll maximum new members.

Our academic calendar for the year has been robust with high level academics and good representation and attendance. The UPOA Events are progressing well.

The UPOA Executive is working hard in coordination amongst themselves to keep pace with the established standards by our predecessors.

It is with your blessings good wishes and support that the members of UPOA are represented at coveted posts at national and international level.

Wishing you all the best and looking forward to meeting you at UPORTHOCON 2019 at Bareilly.

Warm Regards
Dr. Atul Srivastava
President UPOA
Hon. Secretary IOA

Secretary's Message



Dear Members,

Greetings of Deepawali,

I am privileged to address you once again through this November, 2018 Newsletter of UPOA.

I am about to complete my 3 years tenure as secretary UPOA, with your blessings & love. I feel that I was able to do justice with the responsibilities relied on me for this post.

I tried my best to increase the strength of our Association by adding around 150 more members to what I was given to start with.

We made the Maximum number of free surgeries World Record on the call of IOA. Our state Stood at No. 1 & we are proud of it.

All the activities & events of association went on smoothly over these 3 years. It was a big achievement to bring Amendments to our Constitution in Extraordinary G.B.M at Allahabad UPORTHOCON.

With the effort of our editor Dr. Sanjay Dharwan and his team, we were able to get our Journal JBJD Indexed, a matter of great pride & repute to our association.

We made everything electronic, cutting the huge cost of printing.

Our Journal is having its E-version, our news letters are E-newsletters and all notices, including election are now electronic.

Our website is upgraded & quite informative & interactive.

We have corrected almost all email addresses of members, a big yet mandatory task if we plan E-election by 2022.

We added photographs of members to our directory of website for easy referencing, by scanning from 1800 forms. Website has facility for the members to update their profile photos & other details.

During these 3 years, I tried to help as many people as possible, responding to their queries regarding membership of UPOA & IOA, fellowships, organizing events etc.

I tried adding to the savings & avoiding any wastage to the funds.

With blessings & guidance of seniors, your love & co-operation, I believe rest of the period up to Bareilly UPORTHOCON will be productive & fruitful.

Hoping to see you all in UPORTHOCON 2019 at Bareilly.

Long Live UPOA

Long Live IOA

Jai Hind

Prof. Ashish Kumar Srivastava
Secretary UPOA



Mid Term Symposium, Ghaziabad

Executive Committee Meeting 07- October 2018

Minutes of Executive committee held at MTS at Ghaziabad on 7 October

In the chair- Dr. Atul Srivastava, President UPOA

President welcomed all of EC Members and asked Dr. Ashish Kumar, secretary UPOA to start with the proceedings.

Obituaries- Dr. Ashish informed EC about the sad demise of Dr. S.A Sadiq, Dr. Ramesh Chandra Sharma, Dr. Barat and Dr. S. B. Prasad.

Dr. Nikunj Agarwal added names of Dr. A.S Dubey & Dr. Mehrotra from Allahabad.

2minutes silence was observed in memory of departed souls.

Confirmation of Minutes of Last GBM – were already circulated and passed.

Fellowship Report- Dr. Dharendra Singh said that he didn't received mail regarding list of fellows although he accepted that Dr. Ashish & Dr. Jamal had discussed with him. Dr. Atul & Dr. Jamal confirmed about received mail and the same was addressed to him.

Dr. Jamal discussed about Ghaziabad International & National Fellowships with teaching & nonteaching categories. He pointed out that because of this reason people in nonteaching category, even if not qualifying, get the opportunity whereas deserving ones don't as they are teaching. He pointed out poor performance in case/ clinical discussions and poor assistance in OT at the place of fellowships bringing bad name to the association.

Dr. Ashok Gupta and Dr. Dharendra Singh advocated for non-teaching fellows. They asked that at any cost, fellowship must be availed every year to keep it alive. A lot of discussion went on and final decision was to keep at least 50% marks for teaching and 40% for Non-teaching to qualify otherwise give it to person from other category.

It was also made clear that due to some unavoidable reason if any fellowship not availed this year, carry forward It next year to be availed.

Dr. KD Tripathi proposed to hold workshop on basic O.T etiquettes although Dr. Ashish, secretary opposed saying that this is part of MS/ D.Orth curriculum, Dr. Atul clarified that there are variations from place to place that invokes hesitation to the fellows rather than the ignorance.

Dr. Dharendra Singh requested to let him quit from the post of Chairman and Jamal to takeover but hose requested him to carryon.

Dr. Ashish informed about vacant Varanasi exchange fellowship, that house authorised to give it to some deserving candidate from some other category.

Dr. Nikunj blamed it due to poor publicity of fellowships. Dr. Jamal clarified that even for IOA fellowships, UP people apply remotely and that too from KGMU, Aligarh and BHU only, no other institution even.

Dr. Ashish read out the names of fellows from different categories except for Ghaziabad international fellowship, that Dr. Jamal asked him to decide afterwards as per discussion.

Dr. Apoorva Agarwal handed over a cheque of 50,000/- towards UPOA out of savings of MTS. House welcomed with a big hand of applause.

Treasurer's Report- Dr. Kaushal Agarwal presented the report of UPOA account (page no. 13)

He informed that last year scrutiny has been cleared & 80G and 12A will be done this year.

He raised the issue of non-deduction of TDS by Secretary and Journal office. He informed that UPOA is applying for TAN number. He informed about 2Lac rupees loss last year due to expenses being more than income. Dr. Ashish informed that from this year No Printing and No Postage expenses. Dr. Atul also informed that even IJO is now online except for printing few copies on request by some senior members. JBJD has to be printed for the purpose of indexing at least for five years.

UP Arthroplasty course- 63000/-

UP Trauma Course 75000/- by Dr. Santosh Singh was welcomed by the house with big hand of applause. It was informed that Dr. Shah Wali will give his cheque at Lucknow out of savings from Special Spine Course.

Dr. Anuj, Allahabad informed about 2Lac Rs. transferred to UPOA out of savings of UPORTHOCON.

Dr. Kaushal informed that audited report has been received yesterday only and Number of delegates and Incidental charges are missing in it.

Dr. Kaushal informed that Seed Money given to Moradabad Orthopedic Club at the time of Moradabad UPORTHOCON, has been returned due to hard work of Dr. Anup Agarwal, treasurer at that time. Rs. 4 Lacs 9 thousand out of 5 Lacs have been returned after 3 years, Rs. 91 thousand has been used for the Faculty expenses.

Election Officer's Report- As Dr. Jamal had to catch flight, he quickly informed that Election notification has to be released minimum 90 days before the annual conference but no maximum limit, so he is announcing right now. Rules remaining the same except that Nominations can be sent Online also and coloured photographs of eligibility certificates are to be sent by the contestants online. Ballots will be sent by 15th December to avoid Christmas & New Year clogging. Undelivered ballots are to be returned to secretary as per rule has some problem as one of the presidential contestant has the same address as secretary and members are raising objection.

After a lot of discussion, it was sorted out that they will be returned to secretary's residential address. Discussion also went on regarding courier expenses but it was resolved to stick to the rules.

Life Time Achievement Award issue was discussed. In absence of Dr. Amit Rastogi, Dr. Jamal & Dr. Atul Srivastava disagreed to finalize despite of insistence by Dr. Ashok Gupta & Dr. Dharendra Singh to decide then and there. Dr. Atul, President assured the house to be informed in 2 weeks' time. Dr. Jamal before leaving raised the objection that Allahabad Balance Sheet has shown "Donation" to Alumni association as expense which is not justified and acceptable. Dr. Anuj said that it was the rent of using their building as venue. He was asked to correct it as Rent & not Donation. Secondly, Dr. Jamal objected the 3,58,000 Rs. As miscellaneous expenditure as not more than 2-3% of all expenses can be miscellaneous. Dr. Anuj was asked to define heads of these expenses and submit a revised Balance sheet at the earliest.

Dr. Anuj informed that 5,000/- for conference CME has been given and after final meeting, approx. 1.5 Lacs will be further given to UPOA.

Dr. Dharendra Singh suggested that all audited reports to be mailed to EC members also. Dr. Vineet Sharma said that in presence of Treasurer, not required. President concluded that 15 days prior to EC meeting, treasurer should mail to all EC Members.

Editor's Report- Dr. Sanjay Dhawan presented the report (Page 22) He apprised the house about indexing status. He informed that we are getting articles from abroad as well. President specially as well as all EC Members praised the hard work of Dr. Sanjay and his team including Dr. C.P. Pal.

Treasurer raised the issue of TDS deducted, deposited in UPOA account but actual amount out of which deducted TDS was deposited is not traceable. He was authorised by the house to take appropriate action with full support as & when required.

Research Grant Report- Prof. Vineet Sharma, Chairman informed that he received two applications for this purpose. He forwarded them to Prof. S.K. Saraf & Prof. Ajay Singh for evaluation & comments. With the approval of house, both Dr. Deepak & Dr. Sanjeev were granted research grant.

Letter from the Members- Secretary informed that there were no letters from members to be discussed in EC

City Club Preliminary Report- Dr. Ashish informed that only two clubs, Lucknow & Aligarh have sent their report despite of repeated reminders. A lot of discussion went on. Many senior members were of opinion that there should be no extension of dates as leniently done every year. Some asked not to consider at all the defaulters for award category. They insisted that name of Presidents and secretaries to be named from dais in inaugural function.

After a lot of discussion in this regard, it was finalized that Vice Presidents should be given the

responsibility to communicate and get the report received in one month time. It was further suggested that despite of this, still defaulters, should be named during award ceremony. Both VP's agreed to it.

UPORTHOCON 2019 Progress Report- Dr. Vinod Pagrani, Organizing Secretary apprised the house with the progress till now- Dates and Venue announced, charges as per constitution, Bank account created in SBI and 60 sponsors finalized for almost all events.

He discussed about Hall B, either adjacent to Hall A in a park with tent or in 100 steps apart building at 3rd floor with a small lift. House authorised the team visiting to check the preparations in December to take final decision.

He informed that Scientific Program is in progress keeping in confidence the UPOA Scientific committee. Foot and Ankle injuries to be the topic of CME.

Dr. Sanjay Dhawan reminded him to finalize scientific program well in advance i.e 2 months before conference.

Secretary apprised the house with the name of various orators.

Dr. Nikunj once again discussed about participation of Allahabad Orthopaedic Society in deciding name for candidate for Dr. Anil Gupta Memorial Lecture, A lot of discussion went on and he was asked to put a formal application in forthcoming GBM for discussion and decision.

Dr. Dharendra singh raised the issue of wastage of money around 1 Lac regarding repeat, election notification . He suggested to make a calendar of UPOA, fixing date of election notification to be 1st November. Everybody appreciated. Dr. Dhawan said that Election Officer must do his job even if the date is fixed. He proposed that printed notification information can be posted along with the JBJD if house agrees, without any extra expense. He wished SMS regarding Election Notification may carry the link. He was apprised that this all has been done already.

Any other matter- President proposed a committee to train and help young orthopaedic surgeons to train how to prepare quality presentations. He suggested names of Dr. Jamal Ashraf & Dr. Amit Rastogi to be the member and take care. Everybody praised and approved the idea.

President thanked all EC members for their active and valuable participation.

Meeting ended up with the tanks to the chair and all stood up for the National anthem.

Dr. Ashish Kumar
Hon. Secretary UPOA

Bone & Joint Week 2018

Lucknow Orthopaedic Society



Aligarh Orthopaedic Club



Bareilly Orthopaedic Association



Glimpses of Events Held



UPOA Arthroplasty Course 2018, Agra



UPOA Trauma Course - 2018, Lucknow

Glimpses of Events Held



UPOA Special Course 2018, Lucknow



Arthroscopy Conclave 2018, Lucknow



Acetabular Trauma Course, Kanpur

Mid Term Symposium 2018, Ghaziabad



Mid Term Symposium 2018, Ghaziabad



Mid Term Symposium 2018, Ghaziabad



Our New Baby - Lakhimpur and Sitapur Orthopaedic Club

We are glad to inform you that Orthopaedic Surgeons of Lakhimpur and Sitapur (dajacent cities) have jointly formed an Orthopaedic Club . Their combined strength is 14 and they have named it Lakhimpur –Sitapur Orthopaedic Club.

Dr. Neeraj Singh has taken active initiative in executing this task. He is the Founder Secretary and Dr. Samir Agarwal is the Founder President. Dr. R.K. Srivastava & Dr. Manjeet Singh Saluja are the Patrons of the club.

They have requested to get affiliated with UPOA, abiding the rules and regulations. Proposal will be put to forthcoming EC and GBM.

Our total strength will be 23 now.

Accounts Summary UPORTHOCON 2018

ORGANISED BY

ALLAHABD ORTHOPEDIC ASSOCIATION

RECEIPT & PAYMENT ACCOUNT FOR THE PERIOD FROM 01.11.2017 TO 31.08.2018

RECEIPTS	AMOUNT	PAYMENT	AMOUNT
Membership Registration Fee	1,401,600.00	Accounting Expenses	15,000.00
Subscription	6,617,001.00	Administrative Expenses	25,000.00
		Audio Visual Equipment Charges	134,460.00
		Bank charges	2,000.10
		Donation to Alumni Welfare Association	120,000.00
		Donation to UP Orthopedic Association	200,000.00
		Conference Bag	300,562.00
		Workshop Kit	90,000.00
		Tent & Decoration Expenses	1,322,930.00
		Programme Catering Expenses	1,939,460.00
		Event Management for Cultural Program	550,057.00
		Postage Expenses	15,769.00
		Guest Hospitality Expenses	612,096.00
		Printing Expenses	47,372.00
		Souvenir Expenses	350,000.00
		Memoranda Expenses	369,350.00
		Special Cover Stamp	18,500.00
		Travelling & Local Conveyance	566,507.00
		Photography & Video Expenses	68,000.00
		Security Guard Expenses	37,500.00
		SM S & Website Management	112,000.00
		Other Miscellaneous Expenses	358,450.00
		<u>Closing Balance</u>	
		Cash at bank - Corporation Bank	750,684.90
		Cash in hand	12,903.00
TOTAL	8,018,601.00	TOTAL	8,018,601.00

Compiled on the basis of information & explanation provided to us.

For and on behalf of Allahabad Orthopedic Association

For Deepak Yashdeep & Co.

Chartered Accountants

(Manish K Deorah)

Partner

Place : Allahabad

Date :

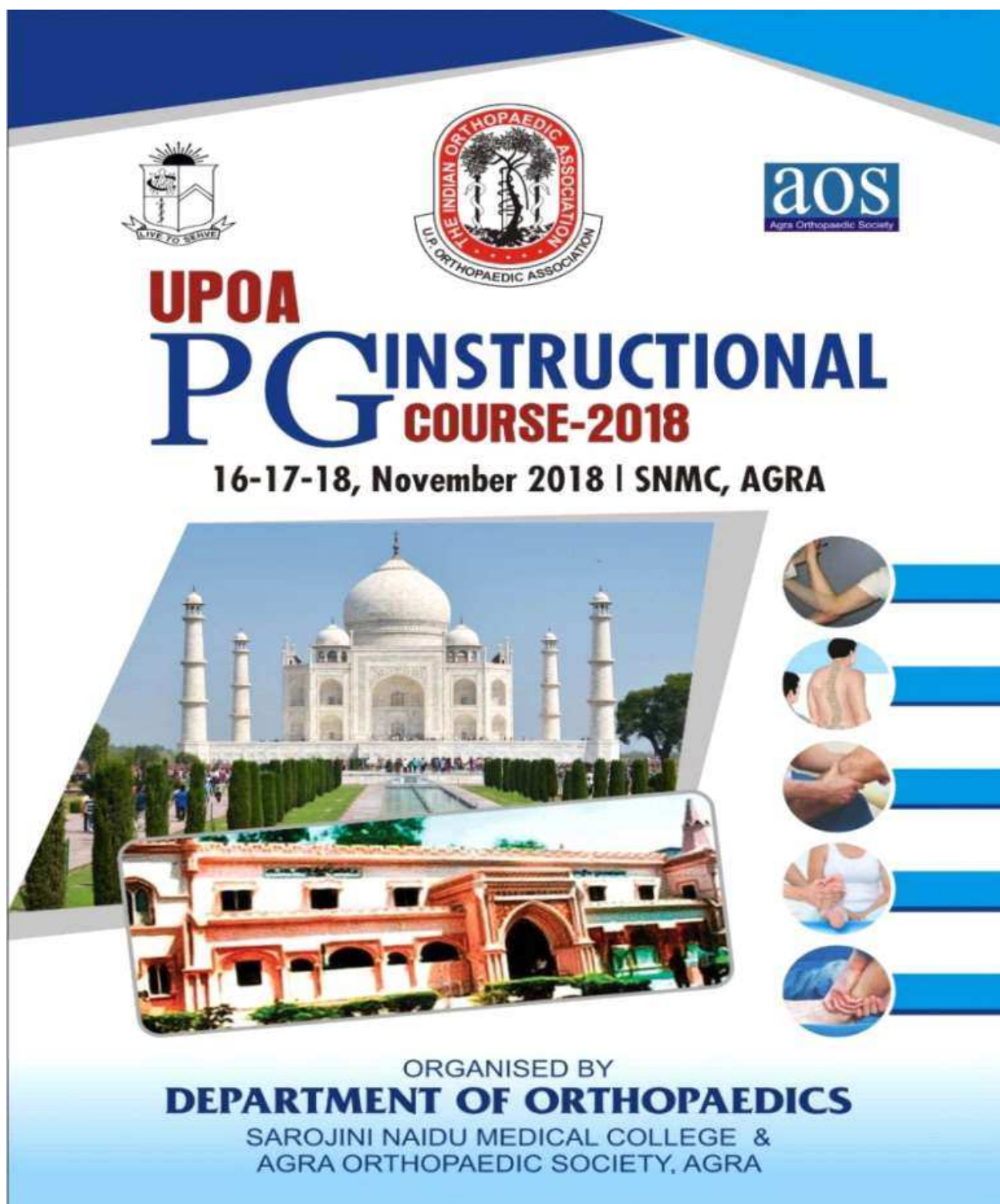
Secretary

Treasurer's Report - Dr. Kaushal Agarwal

BALANCE SHEET 15/02/18 to 07/10/18

Life Member	26	3000/2500	75,500/-
Associate Member	06	500	3,000/-
CME	06	5000	30,000/-
UPOA Arthroplasty Course 2018	01	63500	63,500/-
UPOA Trauma Course	01	75000	75,000/-
UPOATHOCON 2018	01	200000	2,00,000/-
MTS 2018	01	50000	50,000/-
Total deposits			4,97,000/-
Balance in Bank As On			18,70,806.25/-
FDR's Value			90,60,711/-

Forthcoming Event



The poster features a white background with a blue header and footer. At the top, three logos are displayed: a medical emblem on the left, the Indian Orthopaedic Association (IOA) logo in the center, and the Agra Orthopaedic Society (AOS) logo on the right. The main title 'UPOA PG INSTRUCTIONAL COURSE-2018' is prominently displayed in large, bold, blue and red letters. Below the title, the dates and location '16-17-18, November 2018 | SNMC, AGRA' are written in black. The central image shows the Taj Mahal and a large, ornate building, likely the Sarojini Naidu Medical College. To the right of the main image, a vertical strip of five circular icons illustrates various orthopaedic procedures: a shoulder surgery, a spine surgery, a hand surgery, a knee surgery, and a foot surgery. The bottom section of the poster, set against a light blue background, states 'ORGANISED BY DEPARTMENT OF ORTHOPAEDICS SAROJINI NAIDU MEDICAL COLLEGE & AGRA ORTHOPAEDIC SOCIETY, AGRA' in bold black text.

UPOA
PG INSTRUCTIONAL
COURSE-2018

16-17-18, November 2018 | SNMC, AGRA

ORGANISED BY
DEPARTMENT OF ORTHOPAEDICS
SAROJINI NAIDU MEDICAL COLLEGE &
AGRA ORTHOPAEDIC SOCIETY, AGRA

UPOA PGICL 16th-18th November 2018

List of Applied Life Members (till 31st Oct. 2018)

1	Dr. Rahul Kapoor	Kanpur
2	Dr. Prateek Agarwal	Mathura
3	Dr. Vijay Kumar Batra	Ghaziabad
4	Dr. Nitin Srivastava	Ghaziabad
5	Dr. Amit Dwivedi	Ghaziabad
6	Dr. Nitin Kaushik	Aligarh
7	Dr. Vibhanshu Jain	Agra
8	Dr. Yogesh Kumar	Varanasi
9	Dr. Sahil Bhagat	Meerut
10	Dr. Ashish Kumar	Aligarh
11	Dr. Gaurav Singh	Varanasi
12	Dr. Prateek Rastogi	Varanasi
13	Dr. yogesh Jain	Varanasi
14	Dr. Daljeet Kulwant Singh	Saharanpur
15	Dr. Avneet Singh Shishodia	Ghaziabad
16	Dr. Iftekhar Ahmad Ansari	Lucknow
17	Dr. Rakesh Kumar Vishwakarma	Varanasi
18	Dr. Amit Kumar Singh	Lucknow
19	Dr. Rahul Chauhan	Lucknow
20	Dr. Prem Prakash Bajpai	Lucknow
21	Dr. Purushottam Kumar Baghel	Lucknow
22	Dr. Brij Mohan Patel	Lucknow
23	Dr. Mohit Sharma	Agra
24	Dr. Yajuvendra Kumar Sharma	Agra
25	Dr. Sameer Suman	Lucknow
26	Dr. Uttam Singh	Lucknow
27	Dr. Tej Vir Singh Arora	Ghaziabad

List of New Associate Members (till 31st Oct. 2018)

1	Dr. Rakesh k. Pandey	Lucknow
2	Dr. Nayeem Sharief	Lucknow
3	Dr. Umesh Kumar Kushwaha	Lucknow
4	Dr. Rohit Yadav	Agra
5	Dr. Mayur Gupta	Agra
6	Dr. Tarun Khare	Agra
7	Dr. Vivek Kumar	Aligarh
8	Dr. Saad Mohammad	Aligarh

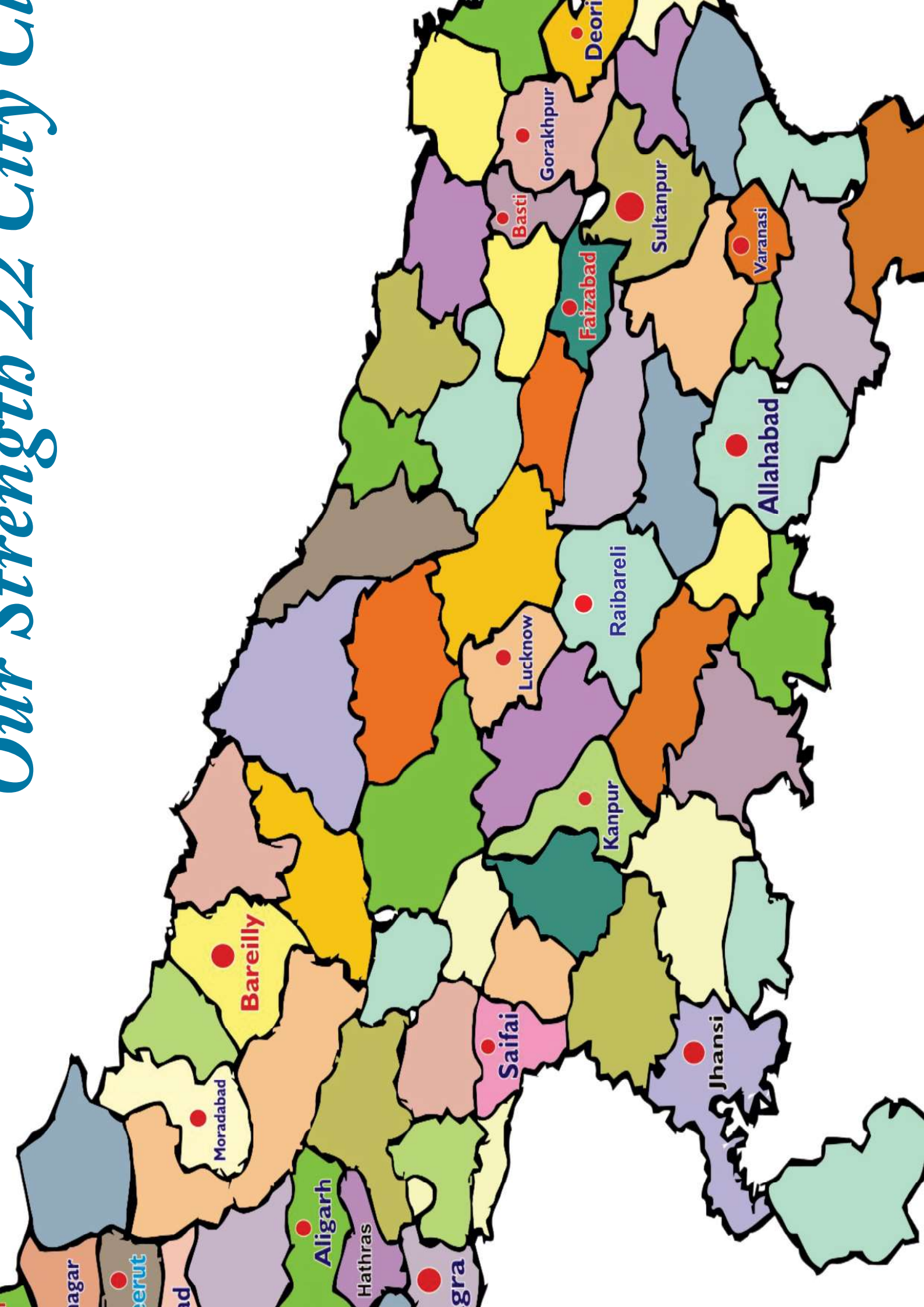
Our City Club Representatives

City	President	Secretary
Agra	Dr. Sajid Hussain Shusain1@gmail.com Mob:-9897382808	Dr. Pramod Gupta doctorpramodpangoria@yahoo.com Mob:-9412266424
Aligarh	Dr. K.K Singh drkishanksingh@yahoo.com Mob:-9719065535, 9837051959	Dr. Abdul Qayyum Khan drabdul76@gmail.com Mob:-07500422786
Allahabad	Dr. Manoj Gupta dr.manojg@yahoo.com 9839043570	Dr. Anuj Gupta anujgupta3791@gmail.com Mob:-9839050114
Bareilly	Dr. Satyendra Singh singhsatyendra4@gmail.com Mob:-9839019128	Dr. Vinod Pagrani drvinodpagrani@rediffmail.com Mob:-9412885815
Basti	Dr. Satyender Rai satyendra.ra19@gmail.com Mob:-9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob:-9839887473
Deoria	Dr. Santosh Anand Mob:-9670225997	Dr. Arif arifortho@gmail.com Mob:- 9598001123
Faizabad	Dr. Anil Kumar anil.renumemorial@gmail.com Mob:-9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob:-9415058337
Ghaziabad	Dr. Sudhanshoo Agrawal sudhanshoo.agrawal@hotmail.com Mob: 9811340037	Dr. Sharad Gupta dr.sharadgupta@yahoo.com Mob:-9818584365
Gorakhpur	Dr. Sanjay Srivastava drsanjaysrivastava23@gmail.com Mob :-9794840512	Dr. Ashok Yadav ashokk2003@rediffmail.com Mob:-9415130508
Jhansi	Dr. Neeraj Jain ritujain12@hotmail.com Mob:- 9415030174	Dr. Ajai Gupta ajaygupt70@yahoo.com Mob:-9415 11370
Kanpur	Dr. Rajendra Nath rjndrnath@yahoo.co.in Mob:-9919737488	Dr. Ravi Garg dr_ravi_garg@yahoo.com Mob.: 9793033111

Our City Club Representatives

City	President	Secretary
Lucknow	Dr. P.K Kanchan Mob:-9415085155	Dr. Santosh Singh orthosantosh@yahoo.co.in Mob:-9415026189
Meerut	Dr. Anil Taneja tanejanil@yahoo.co.in Mob:- 9837053567	Dr. Sumit Agarwal drsumitsalonyagarwal@gmail.com Mob:-9412785166
Moradabad	Dr. Deepak Rastogi deepsanjeevan@gmail.com Mob:-9837053968	Dr. Kumar Kartikeya drgarimadrkartikey@gmail.com Mob:-9917039300
Muzaffar Nagar	Dr. Vinit Minocha m_vinit@hotmail.com Mob:-9897242355	Dr. Lalit Bana dr.lalitbana@gmail.com Mob:-9760024742
Saifai	Dr. D.K Dubey devendradubey44@gmail.com Mob:-9412284104	Dr. Sunil Kumar sksrimnsr@gmail.com Mob:-9415085394
Saharanpur	Dr. Girish Dang dr.girish.dang@gmail.com Mob:-9897476929	Dr. Shashi Kant Saini drshashikantmsortho@gmail.com Mob:-9319388182
Sultanpur	Dr. Siddiqui Qadeer Ahmed drqas2001@yahoo.co.in Mob:-9415046279	Dr. C. L. Rastogi drclrastogi@gmail.com Mob:-9415046494
Varanasi	Dr. Peeyush Chansouriya pchansouria@gmail.com Mob:-9452562721	Dr. Abhinav Agarwal dr.abhinavkumar@gmail.com Mob:-7607472877
Mathura	Dr. RAVIKANT kravi_dr@yahoo.com Mob. 9927024274	Dr. Nirvikalp Agarwal nirvikalp.aggarwal@gmail.com Mob. 9837472254
Hathras	Dr. Vinod Kumar Saxena agrahospitalhathras@gmail.com drvsaxena@mail.com Mob:-89793160889412276088	Dr. K. K. Varshney drkkvarshney@hotmail.com Mob:-9837107959, 8923754053
Raibareilly	Dr. S.P. Maurya spmaurya1555@gmail.com Mob:- 9415034447	Dr. Anil Kumar Ahuja dranilahuja@yahoo.com 8299665459

Our Strength 22 City Cluster



Categories For City Club Awards

Award	Eligible City Club	
1. Dr. K.P. Srivastava Trophy	Above 76 members (4)	
	Agra (119 members) Lucknow (242 members)	Kanpur (110 members) Varanasi (104 members)
2. Dr. M.K. Goel Trophy	51 to 75 members (5)	
	Aligarh (55 members) Ghaziabad (64 members) Meerut (71 members)	Allahabad (69 members) Gorakhpur (58 members)
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (4)	
	Bareilly (38 members) Moradabad (26 members)	Jhansi (32 members) Muzaffarnagar (27 Members)
4. UPOA Trophy	1 to 25 members (8)	
	Basti (10 members) Etawah (10 members) Hathras (10 members) Saharanpur (18 members)	Mathura (17 members) Deoria (14 members) Faizabad (12 members) Sultanpur (10 members) Raibareli (10 members)

Criteria For Best City Club Awards

ACTIVITIES FROM 1 JANUARY TILL 31 DECEMBER REPORT TO BE SUBMITTED BEFORE 15 JANUARY	Max
Increase in number of members of UPOA -1 point for every new members	10
Increase in number of members of IOA -1 points for every 1 new members	10
Academic Activities (Name with number of delegates)	
(1) National Conference (IOACON)	15
(2) State Conference / National Conference of Subspeciality Group of IOA	8
(3) Mid Term Symposium	4
(4) Instructional Courses / CME / Hands on Workshop (2 point per programme)	8
(5) PG Crash Course	2
(6) Clinical Meetings- 0.5 points for each meeting	6
Achievement of Individual Members (National & International)	
(1) Guest lecture in National & International Conferences - 2 point per presentation	6
(2) Guest lecture in UPORTHCON 1 point per presentation	4
(3) Paper presentation in National & International Conference -1 point per presentation	3
(4) Paper presentation in UPORTHCON - 0.5 point per presentation	2
(5) Awards & honours	2
(6) Elections to higher posts (P/S=2; VP/E/T=1, E=0.5)	4
(7) Inventions (techniques, instruments, implants)	1
(8) Academic Literature (writing, editing, translating)	2
Newsletter	2
Regular Election of Office Bearers (Reporting of Activities to Hon Secretary UPOA)	4
Other Activities	3
(1) Any welfare programme for public	
(2) Slide projector. Overhead projector, laser pointer	
(3) Activities connected with allied orthopaedic activities	
Chapter contribution to UPOA (10 -50000 Rs = 2 points)	4

Note : Strictly follow the given format to submit club report with evidence along with self marking for each point.

UPOA PG Quiz Report

UPOA PG Quiz– Mid Term Symposium, Ghaziabad

The UPOA PG Quiz was conducted by Quiz Master Dr. Sanjay Dharwan at Mid Term Symposium on 07th October, 2018 at Ghaziabad. It was attended by Five teams from various medical colleges of Uttar Pradesh. The winner team from Aligarh Muslim University (Dr. Vivek Kumar, Dr. Saad Mohammad) will represent UPOA in the IOA Quiz in IOACON-2018 at COIMBATORE.

Journal of Bone and Joint Diseases



It gives me immense pleasure to greet all for coming Deepawali. Hope the festival brings joy and prosperity to the families and near & dear ones of our members.

It was really a hectic learning period, thanks to our team who very honestly gone through the period to come out with the best of articles that are informative and educative as well to everyone.

Vol. 33 Issue 1 was released recently in the very well organized Mid Term Symposium at Ghaziabad.

At times, we are really flooded with articles that, in fact, paved the way to one extra issue to accommodate most of them and still left behind with ample numbers to come up with another one. Thanks to the indexing of JBJD which really created waves among the original authors.

I am very much delighted to have regular queries from National as well as international authors.

Once again, on behalf of team JBJD, I extend my gratitude to our valuable authors, reviewers, support staff, guest editors, seniors and friends.

Thank you for considering this journal as a venue for your work.

Long Live UPOA

*Regards from the Editor's Desk
Dr. Sanjay Dharwan*

JBJD is available online:

www.jbjdonline.com

For current issue:

<http://jbjdonline.com/journal-of-bone-and-joint-diseases-volume-33-issue-1-jan-april-2018/>

For article submission: <http://jbjdonline.com/submit-articles/>

List of Orations (UPORTHOCON 2019)

1.	Dr. B. N. Sinha Oration	Dr. Amit Rastogi
2.	Dr. T. P. Srivastava Varanasi Oration	Dr. Sushrut Babulkar
3.	Ghaziabad Oration	Dr. Dilip Tanna
4.	Dr. K. P. Srivastava Agra Oration	Dr. Ram Prabhoo
5.	Dr. Anil Gupta Memorial Lecture	Dr. Dharendra Singh
6.	Dr. Abbas Ali Khan Memorial Lecture	Dr. Mathew Verghes

List of Fellowships Awardees 2018

S. No.	Fellowships	Awardees	Place of Visit	Contact Person
1	UPOA Exchange Fellowship (2 SEATS)	Dr. Rohit Yadav Dr. Nayeem Shareif	M.P.	Dr. Deepak Singh Maravi 9424468131 d.maravideepak@gmail.com
2	UPOA Travelling Fellowship (2 SEATS)	Dr. Mohd Iliyas Dr. Jeetendra Bajpai	Kolkata	Dr. Kiran Kumar Mukhopadhyay 9433166270 orthokiran@gmail.com
3	UPOA Visiting Fellowship (2 SEATS)	Dr. Ravi Singh Khanka Dr. Syed Faisal Afaq	UPOA Orthopaedic Clubs	
4	Lucknow Pune Fellowship (2 SEATS)	Dr. Shivam Sinha Dr. Mayank Mahendra	Pune	Dr. Parag Sancheti Mr Udai Vaidya
5	Varanasi Exchange Fellowship (1 seat)	Dr. Amitosh Mishra	Ahmadabad	Dr. Navinchandra Thakkar 9825387016 naveenthakkar@gmail.com
6	Ghaziabad International Fellowship (2 SEATS)	Dr. Yasir Salam Siddiqui Dr. Sanjeev Kumar	To be decided	Dr. Jamal Ashraf 9415160454
7	Ghaziabad National Fellowship (2 SEATS)	Dr. Atil Kumar Lal Dr. Abhishek Agarwal	To be decided	Dr. Jamal Ashraf 9415160454

President Elect's Message



Dear UPOA Members,

Greetings from Lucknow.

The UPOA 2018-19 Election process has been officially notified on October 7, 2018 at the Mid Term Symposium in Ghaziabad.

Kindly find attached the official notification and "Nomination Form". The UPOA Secretary has already posted this information on the UPOA website and has sent out multiple bulk emails to all the email addresses available.

Elections are the essence of a democracy. And the conduction of a fair electoral process is the foundation on which our proud association rests and flourishes. It is thus my sincere endeavor to ensure that the election is conducted in a completely transparent and fair manner. For any clarifications feel free to contact me via email or cell phone.

Thank you.

Sincere regards

Dr. Jamal Ashraf

President Elect-UPOA

Election Officer

UPOA ELECTION 2018- 19



Dear UPOA Members,

You are requested to send nominations for following posts in the UPOA Elections

President Elect UPOA	1	For one year
Vice President UPOA	2	For one year
Secretary UPOA	1	For three years
Treasurer	1	For three years
Editor JBJD	1	For three years
Member Executive	3	For three years

ELIGIBILITY CRITERIA

Only life members of UPOA and who are also member of IOA can apply.

They should be practicing ORTHOPAEDICS in the state of Uttar Pradesh at the time of nomination.

Minimum UPOATHOCONs attended to be eligible to apply for the following posts are

President Elect	10 conferences of UPOA
Vice President & Secretary	8 conferences of UPOA
Treasurer & Editor	5 conferences of UPOA
Executive Member	3 conferences of UPOA

Important

- Kindly fill the nomination form, which can be downloaded from the UPOA website.
- Attach proof of eligibility (coloured e-photos of attendance certificate of conferences) along with the nomination form. The candidates may be required to furnish originals, if asked.
- Send the nomination form, along with attachments, to dr.jamalashraf@gmail.com
- Returning officer has the right to cancel nomination forms which are incomplete and without proofs of eligibility criteria.
- The decision of the returning officer will be final and binding on all contestants.
- Duplicate ballots will only be sent to the addresses as per UPOA records

- ▲ Kindly attach DD / cheque of Rs 5000 in favour of "UP Orthopaedic Association" (payable at Lucknow) and send to:

Dr. JAMAL ASHRAF
UJALA MEDICAL CENTER
B 2247 INDIRA NAGAR
LUCKNOW 226016

Schedule of Election Procedure:

Notification of Election:	October 08, 2018
Last Date of Nomination:	November 10, 2018
Last Date of Withdrawal of Nomination:	November 20, 2018
Official Declaration of Candidates:	November 25, 2018
Ballots to be Posted from:	December 15, 2018
Request for Duplicate Ballot after:	January 10, 2019
Last date of Request for Duplicate Ballot:	January 20, 2019
Last date of Receipt of Ballots:	February 9, 2019

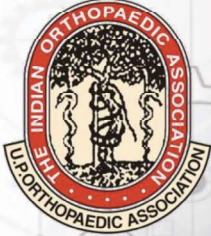
For any queries, feel free to contact the election officer by email (dr.jamalashraf@gmail.com) or cell phone (9415160454)

Make UPOA strong. Exercise your franchise.

UPOA ELECTION 2018- 19

Nomination Form For UPOA Elections

- 1. Post Applied For:**
- 2. Full Name:**
- 3. Life Membership:** a. UPOA LM No: IOA LM No:
- 4. Address:**
- 5. Email Address:**
- 6. Mobile Number:**
- 7. Conference details:**
Attach coloured e-photos of attendance / presentation certificate of conferences





8. Proposed & Seconded By:

Full Name	UPOA LM. No.	Signature

9. Nomination Fees:

Bank Details	Draft Number	Dated

10. Declaration:

I certify that the above information is true.

Name of Contestant	Date	Signature



UPOA – MEMBERSHIP FORM

To

Dr. Ashish Kumar Srivastava
Secretary UPOA

Department Of Orthopaedics,
KG Medical University, RALC Campus,
Nabiullah Road, Lucknow- 226018
Ph: 9415020202, 9565444401, 9532469252.
Email: upoaoffice@gmail.com, secretaryupoa@yahoo.com

Space for
Photo

Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs3000.00 towards membership as Life Member/ Rs. 500.00 as Associate Member. Towards corpus of the UPOA for Life /Associate membership.

Name:

Date of Birth: PAN No.....

Address:

Telephone..... Mobile..... E-mail:

Qualification: Institution / University & Year of Passing

MBBS.

MS Ortho / D.Ortho

(Please attach self attested copy of P.G. Degree/ Diploma Certificate)

Present Status

Membership No. IOA: :

Payment Details

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM No.
Proposed by			
Seconded by			

Date

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA

Please submit the form to Hon. Secretary, State Chapter of your State

INDIAN ORTHOPAEDIC ASSOCIATION

MEMBERSHIP FORM

The Hon. Secretary

Indian Orthopaedic Association,
IOA House, 69 Tughlakabad Inst. Area,
Behind Batra Hospital. M.B.Road,
New Delhi - 62
Ph: +91-11-29961434,9811967820
E-mail: hon.secretaryioa@gmail.com
Website: http://www.ioaindia.org



Dear Sir,

I wish to apply for the LIFE Membership of Indian Orthopaedic Association
(Please fill the whole form in **BLOCK / CAPITAL LETTERS** only)

Name

Postal Address

State Pin Code Date of Birth

Other Address :

Email (1) (2)

Telephone Mobile No (1) (2)

PG Qualification : Details include Degree/Diploma/ Passout Year/ College/ Institute/ Place/ University etc.

P.G. Degree /Diploma :

MCI Registration No. Year-

State / Other Association of IOA Membership

(No application will be entertained without state chapter membership)

I enclose the payment of Rs. By demand Draft No.....

Place & Date : Signature :

Proposed by:

IOA Membership No : Signature :

Seconded By:

IOA Membership No.: Signature :

The membership free for life Member is Rs. 5,000/- and Association Member have to pay Rs. 2,000/- in the first time during the Ortho training (PG) and 3,000/- after MS (Ortho) etc. qualification to become Life Member of IOA. Please make Draft in favour of "Indian Orthopaedic Association" payable at Ne. (Association Membership Free for Overseas applicant which are eligible for only associate member is \$100 Hundred US Dollar.)

Please Attach :

- Certified Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- Please send the membership application Form and Demand Draft at the above mentioned address only.
- Certified Photocopy of the PG Degree/ Diploma to be sent along with application Form.
- Certified Photo Copy of Medical Council Registration of orthopaedic PG Degree / Diploma to sent along with the form.
- Certified copy from HOD is must. (This is for the ASSOCIATE member only).
- **Note** : Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification /Association member have the right of attending scientific meeting and social events and engaging in all scientific discussion but they shall not business meetings and take part in elections.

MEMBERSHIP FORM WILL BE SENT ONLY BY RESPECTIVE STATE HON, SECRETARY TO IOA OFFICE, NEW DELHI