

# UPOA TIMES

Newsletter of UP Orthopaedic Association  
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**IOA President's Theme:**  
**"TRAIN THE YOUNG TO ENRICH THE FUTURE"**



President

**Dr. Atul Srivastava**

Secretary

**Dr. Ashish Kumar Srivastava**

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## **LIFE TIME ACHIEVEMENT AWARD-2018**



**Dr. Naresh Chand**  
**Ghaziabad**

**President UPOA : 2004**

## Executive-2018-19

Dr. Atul Srivastava	: President
Dr. Jamal Ashraf	: President Elect
Dr. Amit Rastogi	: Immediate Past President
Dr. Sanjay Srivastava	: Vice Presidents
Dr. Girish Dang	
Dr. Ashish Kumar	: Secretary
Dr. Kaushal Agarwal	: Treasurer
Dr. Vinod Pagrani	: Joint Secretaries
Dr. Sanjiv Kumar	
Dr. Satyendra Singh	: Editor – JBJD
Dr. Sanjay Dhawan	
Dr. Dr C.P. Pal	: Members Executive Committee
Dr. Uttam Garg	
Dr. Gyaneshwar Tonk	
Dr. S.M. Dwivedi	
Dr. Santosh Kumar Singh	
Dr. Alak Sharma	
Dr. Ambuj Srivastava	
Dr. Sanjeev Vohra	
Dr. Harendra Chaturvedi	
Dr. Piyush Mishra	
Dr. Nikunj K. Agarwal	State Representative of IOA
Dr. Dharendra Singh	State Representative of IOA
Dr. Jamal Ashraf	Central State Relationship Committee of IOA
Dr. C. S. Yadav	Foreign Fellowship-cum- International Liaison of IOA
Dr. Atul Bahadur	Foreign Fellowship-cum- International Liaison of IOA
Dr. Ashok Vij	Inland Fellowship of IOA
Dr. H.K.T. Raza	Ethics & Protocol IOA
Dr. Laksh Maratha	Ethics & Protocol IOA
Dr. S. K. Saraf	Hand Section of IOA
Dr. Shishir Rastogi	President Theme Committee IOA
Dr. Saurbh Agarwal	Financial Advisory Committee IOA
	Quiz Master

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## President's Message



*Dear member UPOA*

*Congratulations on a thumping victory in the last IOA Elections 2017*

*I am truly grateful to each one of you for actively participating to exercise your franchise and electing me to the coveted post of Hon. Secretary of our glorious association, the IOA.*

*The zeal, enthusiasm, solidarity and camaraderie exhibited in these elections were truly historic and each and every member of the UPOA should take pride in the same. We have together shown that                      Unity + Strength = Victory.*

*UPOA has been enjoying the legacy of being the largest state chapter of the IOA for so many years. Other states are soon catching up. Therefore I request all of you to focus on the membership drive to help us continue the legacy. Each life member should take a vow to enroll at least one new member each year. And I am sure that is not a difficult task.*

*UPOA academic calendar is well charted out with UPORTHOCON 2019, MTS, PGICL & 3 UPOA Courses and various events held under the aegis of UPOA. I urge all to organize all events under the aegis of UPOA for mutual benefit and benefit to our members.*

*Our members are doing a wonderful job and are contributing and being acclaimed both in the country in various state chapters and abroad at various international forums and platforms. We have also availed a large number of National and International Fellowships.*

*We are well represented in the IOA Executive Committee. The current UPOA Executive is committed to actively contribute for the betterment of our association.*

*Friends, I once again, from the core of my heart, pay my gratitude to all of you for unanimously nominating me as president UPOA and smoothly steering me to the post of secretary IOA.*

*My sojourn to contribute shall continue.*

*Seek your blessings guidance and support for same as in the past.*

*Wish you all good health and prosperity.*

*Long live UPOA  
With warm regards  
Dr. Atul Srivastava  
President 2018-2019*





## Secretary's Message

*Dear Members, Greetings from UPOA. We had a fantastic annual conference at Allahabad, result of hard work of organising committee. Apart from excellent academics, we made it possible to have long awaited Constitutional amendments in Extraordinary GBM.*

*Now this website will be the main communication platform abolishing most of the printed material. This will contribute towards Digital India, saving a lot of money and environment as well.*

*We have tried to restructure the Conference as well to make it more attractive, useful, practical and economical. Accordingly guidelines have been prepared for the organising Secretaries of all official courses of UPOA for the best utilization of funds.*

*Bone and Joint day is approaching. Plan your activities well in advance. Free surgery for the poor and needy should be integral part of celebration.*

*Various fellowships of UPOA are displayed. Have a look and all those interested must apply. It's an honour, not the money which is important.*

*Membership drive is always our focus. Request all of you to take initiative to make more and more new members, the best way you can serve your association.*

*With regards, always in service of UPOA*

**Dr. Ashish Kumar**

*Secretary UPOA*

## UPOA City Clubs 2017-18

City	President	Secretary
<b>AGRA</b>	Dr. Anup Khare 9917371333 anupkhare2002@yahoo.com	Dr. Atul Kulshrestha Mob:-9897023343 atul.ortho.agra@gmail.com
<b>ALIGARH</b>	Dr. K.K. Singh drkishanksingh@yahoo.com Mob:-9719065535, 9837051959	Dr. Abdul Qayyum Khan drabdul76@gmail.com Mob:-07500422786
<b>ALLAHABAD</b>	Dr. K. D. Tripathi tripathikd02@yahoo.com Mob:-9415235183	Dr. Anuj Gupta anujgupta3791@gmail.com Mob:-9839050114
<b>BAREILLY</b>	Dr. Satyendra Singh singhsatyendra4@gmail.com Mob:- 9839019128	Dr. Vinod Pagrani drvinodpagrani@rediffmail.com Mob:-9412885815
<b>BASTI</b>	Dr. Satyender Rai satyendra.ra19@gmail.com Mob:-9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob:-9839887473
<b>DEORIA</b>	Dr. Ramesh Chand Gupta drreg1961@gmail.com Mob:-9415213049	Dr. Vipin Behari Shukla vbshukla@hotmail.com Mob:-9415213051
<b>FAIZABAD</b>	Dr. Anil Kumar anil.renumemorial@gmail.com Mob:-9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob:-9415058337
<b>GHAZIABAD</b>	Dr. Alok Sharma sharmadralok18@gmail.com Mob: 9818140124	Dr. Mayank Jain drmayankjain77@gmail.com M: 9953616190
<b>GORAKHPUR</b>	Dr. Sanjay Srivastava Mob :-9794840512 drsanjaysrivastava23@gmail.com	Dr. Ashok Yadav ashokk2003@rediffmail.com 9415130508
<b>JHANSI</b>	Dr. Rakesh Tripathi tripathy_rakesh@yahoo.co.in Mob:-9415030183	Dr. Sanjay Tripathi drsandita06@yahoo.com Mob:-9415030067
<b>KANPUR</b>	Dr. Avtaar Singh Saluja awtarsalujadr@gmail.com Mob: 9415115326, 7080856709	Dr. Ajay Bharti Mob:9451373955

## UPOA City Clubs 2017-18

City	President	Secretary
LUCKNOW	Dr. P. K. Kanchan 9415085155	Dr. Santosh Singh orthosantosh@yahoo.co.in 9415026189
MEERUT	Dr. Ravi Bhagat	Dr. Sharad Jain dr_sharadjain2004@yahoo.co.in Mob:- 9897610661
MORADABAD	Dr. Deepak Rastogi deepsanjeevan@gmail.com Mob:-9837053968	Dr. Kumar Kartikeya drgarimadrkartikeya@gmail.com Mob:-9917039300
MUZAFFAR NAGAR	Dr. Vinit Minocha m_vinit@hotmail.com Mob:-9897242355	Dr. Lalit Bana dr.lalitbana@gmail.com Mob:-9760024742
SAIFAI	Dr. D.K. Dubey devendradubey44@gmail.com Mob:-9412284104	Dr. Sunil Kumar sksrimsnr@gmail.com Mob:-9415085394
SAHARANPUR	Dr. Girish Dang dr.girish.dang@gmail.com Mob:-9897476929	Dr. Shashi Kant Saini drshashikantmsortho@gmail.com Mob:-9319388182
SULTANPUR	Dr. Siddiqui Qadeer Ahmed Mob:-9415046279	Dr. C. L. Rastogi drclrastogi@gmail.com Mob:-9415046494
VARANASI	Dr. S.B. Singh sb.sing2206@gmail.com Mob:-9415256195	Dr. Unmesh unmeshschak@yahoo.co.uk Mob:-9453040850
MATHURA	Dr. Ravikant Mob. 9927024274 kravi_dr@yahoo.com	Dr. Nirvikalp Agarwal Mob. 9837472254 nirvikalp.aggarwal@gmail.com
HATHRAS	Vinod Kumar Saxena agrahospitalhathras@gmail.com drvsaxena@mail.com Mob:-8979316088, 9412276088	Dr. K. K. Varshney drkkvarshney@hotmail.com Mob:-9837107959, 8923754053
RAIBAREILY	Dr. S.M. Singh smsrbl82@gmail.com 9415034514	Dr. Onkar Singh dronkar14@gmail.com 8756417060

## UPORTHOCON 2018, Allahabad

### Executive Committee Meeting 16 February 2018

Minutes of Executive committee Meeting held at UPORTHOCON at Allahabad on 16 February 2018

In the chair - President UPOA - Dr. Amit Rastogi

Along with

Dr. Atul Srivastava (President Elect)

Dr. Ashish Kumar (Secretary)

Dr. Kaushal Agarwal (Treasurer)

On the dais

President welcomed all and started the meeting.

Dr Ashish Kumar secretary started with obituaries - Dr KK Srivastava from Lucknow, Dr Jayant Bajpai from Kanpur, and Dr. Sunil Dutt Diwedi from Lucknow.

Any other information from anyone-Nothing by house. 2 minutes silence was observed.

**Confirmation of minutes** – EC meeting at MTS Aligarh-Passed

#### Election officer's report-

Dr Atul Srivastava, President elect and election officer informed – 6 post fall vacant this year and nomination were invited

President elect -01 - Dr Jamal Asraf

Vice president -02 - Dr Sanjay Srivastava  
-Dr Girish Garg

Executive member -03 - Dr Gyaneshwar tonk  
- Dr Santosh Singh  
- Dr Alok Sharma

All were elected unopposed

#### Editor's report

Dr Sanjay Dhawan presented a PPT. Dr. S.C Goel enquired some details about expenses. He talked about incidental charges which are hardly ever realised. He suggested to ask from secretary's office for some amount for the journal. He suggested to abolish the incidental charges, may be increasing the registration charges for the conference by Rs. 100-300. He quoted the west Bengal orthopaedic association saving Rs. 40 Lacs. President agreed for the amount for the journal from the office and abolishing the incidental charges. Dr Anoop Agarwal said the journal is responsibility of UPOA and not of organising secretary of the conference. Dr Nikunj Agarwal suggested to give a big amount to the journal to make a fixed deposit and use the interest. The president said the account of journal keeps moving with editor so this is not possible.

He discussed the problem of editor to keep generating the sponsorships from pharma companies continuously. If editor knows getting a certain amount from office, he is clear how much he has to generate himself.

Dr Nikunj enquired about the incidental charges received in last 3 years. Treasurer answered to wait for his report. Expenses for one issue was enquired. Dr. Dhawan said 2-2.5 lacs. Dr Atul quoted Moradabad conference when



journal was in deficit and UPOA office contributed to continue the journal without hassle. Amount of 2 lacs /year was decided by the house to be given to the journal from UPOA account. Dr Vij suggested that after this 2 lacs, one journal issue to be published and the editor should appraise by deficit in next EC to get further support if required. Dr. S.C Goel quoted examples of some editors who made no efforts for sponsorship, he got all required money from associations office. so fix the amount to 2 lacs.

Secretary explained about future of sponsorship to be poor as more generic firms are being introduced in medical colleges and govt. institutions.

Dr. R. A. Agarwal emphasised the same thing again. Treasurer suggested to merge all accounts to UPOA account and even the money generated by the journal should also come to UPOA account as IT return goes from UPOA only. Dr CP Pal emphasised about addition of reputation to our association due to indexed journal so all members must contribute for the sponsorship of the journal. He praised Dr. Dhawan for very hard work. Dr. Vij emphasised the same thing again, Dr. Dhawan said that he wishes to leave his office with some system established to support the journal as UP is the 2<sup>nd</sup> state to have the indexed journal. Dr Atul informed that IOA has also merged the journal account to association account. He suggested to have E-newsletters only to save some money for the journal. House appreciated the suggestion.

Dr. Alok Sharma suggested that editor should not go collecting sponsorships. He should put all efforts to improve quality of journal and all money should come from association. President answered that even for IJO, Dr Anil Jain kept procuring sponsorship till it reached a certain level that sponsors started coming of their own for the advertisement. As the input from state conferences to association is very little, paying all the expenses from association account is not possible and the one who become editor has to put his efforts for the benefit of association. Contribution from the authors was discussed. Dr. Dhawan explained that this will take away the indexing. He apprised that after indexing more companies are approaching for sponsorship. But a fixed amount from the association will improve the situation

Dr. Maneeshi Bansal suggested that next conference organisers to be apprised about this journal amount responsibility. Dr Atul said that they have to sign an MOU, no verbal talks. It was finally resolved that 2 lacs /year will be given for journal by association. If more is required he may request for more funds. It was decided to have online newsletters here onwards.

**Treasure's report-** Dr. Kaushal Agarwal presented the report. He informed that UPOA Life Membership fee was raised to Rs. 3000/- in last GBM.

12 A & 80 G matter he apprised. He informed that bylaws before the name change in 2007 are not available, which are needed to procure 12 A. Dr. Dharendra singh apprised that in 2007 at Muzzaffarnagar conference when name was changed, Dr. S.C Goel had the register. Treasurer apprised that by-laws before 2007 are not available to show that only name of association has changed nothing else. He informed that as we are not earning, so 80 G benefits is not there. Corpus fund fixed in FD that does not invite income tax. He informed on-cashing a FD to pay pending tax liability RS 9.68 lacs. House suggested to pay IT outstanding at earliest. Treasurer assured that by next month this will be done.

PAN of all office bearers and all clubs should be in office. All clubs organising conferences must have their PAN. President discussed about GST number. Treasurer informed that because of 80G, we are spared of GST.

Membership money should go to corpus fund & making an FD was emphasised by the house. Dr. R.A.Agarwal suggested that instead of paying to IT deptt, spend more money in fellowships. Treasurer detailed the money received by various courses, nominations and pending incidental charges

Dr. Atul Srivastava emphasised for strict guide-lines for organisers after extra ordinary GBM. IT refund was enquired by Dr. Vij. Treasurer informed about the amount and also that those refunds have been adjusted against

deficits by IT Deptt.

Dr. Dharendra singh suggested that if you do conference with UPOA PAN no, 10% of TDS of all sponsorships will come to association despite of even Nil savings Treasurer said then all expenses will be counted for UPOA, fulfilling the 85% of 12A.

Dr. Vij said in such situation, the treasurer, one of the signatory may be in trouble if any problem comes due to bad accounting and finally the UPOA. Dr Atul apprised that in tomorrow's extra ordinary GBM, minimum 10% of gross collection for the association with an MOU will be presented for discussion. Various suggestions regarding contribution percentage were discussed. Dr. Tonk pleaded for the organisers. President suggested that organisers must curtail their expenses.

House appreciated the hard work done by treasurer with a big hand of applause.

**Research Grant-** Secretary read out in absence of Prof. Vinit Sharma. He informed that nothing new has taken place & Dr. Vikas Verma is continuing with his research project.

House suggested that every year progress report must be submitted.

Dr. Nikunj discussed free registration in conference. House suggested to follow IOA guidelines- only for senior citizens above 65 yrs. and past presidents.

**BIDS-** Secretary informed abouts UPOA events bids.

UPORTHOCON ---- Bareilly and Lucknow to be discussed in GBM.

MTS ---- Dr. Apoorva, Ghazibad

PGICL ---- Dr. CP Pal, Agra

UP special course ---- Dr. Waliullah, Lucknow

UP Arthroplasty course ---- Dr. Amrit Goel, Agra

Trauma Course ---- Dr. Santosh Singh, Lucknow

**City club awards-** Secretary apprised the pitiable situation of the clubs not sending the reports despite repeated reminders. Dr. Dhawan suggested that no conference for clubs not submitting reports.

Category	City club
I	Lucknow
II	Gorakhpur
II	Bareilly
IV	Raibareilly

Results were announced and house applauded.

Dr. Tonk explained that only organising secretary and chairman are working for conference. Either club don't support or the club is not involved.

**Fellowship report**—results were read out by secretary. All were availed except foreign fellowships.

Dr. Dhawan enquired that how many fellows are registered for the conference. Secretary apprised that clear reminders

has been sent that they must register and come in person to receive in inauguration function or that will be cancelled. House suggested to make it constitutional amendment. If genuine reason, maybe exempted.

Dr. Dhirendra suggested that don't bring it to constitution. Dr. Dhawan and house emphasised that they should register.

Dr Vij suggested to let it be a protocol, not constitution.

Secretary informed about 50 new life members, 15 associate members added after MTS.

Dr Vij suggested for intrastate exchange programs for PG for better exposure. Problem of permission and attendance was discussed and without approval of Medical Education Deptt, it may not be possible. Secretary must write to Principle secretary in this regard. Dr S K Saraf discussed the president theme **"To train the young to enrich the future"**. He informed that residents can go taking leave for 10 days avoiding all technicalities. Dr Geol said how many PGs are interested. Secretary informed that all are interested in foreign fellowships and nothing else. Dr Goel suggested that after talking to various centres, we can advertise for people to apply, get trained and procure certificate. Dr Atul suggested Dr Saraf to take initiative and put example for other states also, Dr. Saraf agreed to it.

#### Letters from members

Dr Ashish read out the letter by Dr Dhawan.

Dr SC Goel said each point is very important. He suggested that not more than 10 faculties should be there and are to be maximally utilized. Dr Goel suggested that these points to be included in protocols and guidelines to organising secretaries. Dr Nikunj suggested not to have any workshops in presence of so many courses of UPOA. Dr. Kapil Kulshreshtha proposed to start first half day CME followed by inauguration and next one and half day for conference. Dr Goel suggested that "Chief Guest preferably orthopaedic surgeon" must be changed to "Only IOA president or Orthopaedic surgeon of eminence". Dr Dhirender singh seconded it. President requested to close the meeting as per protocol of Hon'ble Governor we must be on dais by 2.30 pm. He suggested to quickly go through the letters by the members. Secretary proposed to read but president concluded that as all of us has read those letters and all matters have been solved, no need to read again. He also reminded that proposed constitution amendments have also been circulated so no need to discuss further. Dr Atul suggested to take a print out of proposed amendments and stick outside the GBM hall.

Meeting ended with thanks to the chair and all stood for the national anthem.

Dr. Ashish Kumar

Hon. Secretary, UPOA

## Minutes of Special GBM- Constitutional Amendments

President - Dr. Amit Rastogi in the chair.

Meeting started with the President's address and brief introduction of agenda.

Secretary Dr. Ashish Kumar started with the amendments proposed and that existing related to office of association.

### OFFICE AND SCOPE:

President explained why it should be permanently at Lucknow like IOA House in Delhi.

A lot of discussion went on discussing the cost factor.

Dr. Dharendra singh, Dr. Anoop Khare, Dr. Naresh Chandra etc. presented their views. Dr. Anup Agarwal explained the financial problems faced by Treasurer in maintaining the accounts, C.A. & Income Tax etc. by rotating office. He suggested that 80% expenses from income and keeping the records at one place are to be ensured. Dr. R.A Agarwal proposed that like IOA, treasurer must be from Lucknow.

Dr. SC Goel advised to defer the matter till next meeting.

Dr. Atul Srivastava suggested to look for purchase or rental office space.

**President concluded as the house finalized- There should be permanent UPOA Office at Lucknow. Space to be explored on priority.**

Dr. Anup Agarwal promised to discuss with IMA & NHA to agree them to provide one room in their building permanently for above purpose and some payment can be made to them.

**2nd Amendment- Regarding honorary membership** was read by secretary. Passed unanimously

**3rd amendment- Regarding annual fees hike.**

Dr. Ashok Vij suggested to raise 3500 and 10-20% increase every 5 years.

Dr. Tribhuvan singh opposed it as he explained the situation in IMA, due to this hike, very difficult to make members.

Dr. Atul said that it is more important to make members rather than denial by them due to fees hike.

**President Concluded as the house finalized- Raise the Life Membership Fees to 3500/- (No % increase every 5 years)**

**Amendment regarding Associate membership proposed- passed**

**5<sup>th</sup> Amendment proposed - 4 joint secretaries instead of 3**

Dr. Ashok Gupta asked why as their contribution is not enough. President explained that the 4<sup>th</sup> one for the Permanent Office.

Dr. Jamal suggested to remove one for the conference & to replace him for the Permanent Office.

Dr. Parmendra Maheshwari said that it is not contribution always but to increase the base of association & involve more members these posts are made.

President explained that this idea didn't work. Dr. Jamal further said that these posts were created as there were not so good means of communication in the past.

Talking about the absence of Executive committee members from meetings, he reminded the amendment that absence from two consecutive meetings should lead to automatic removal of Ex. Member that was never implemented.

**President concluded as the house finalized - Let there be 3 Joint Secretaries 1- Nominee of President. 2-- Nominee of Secretary 3- Elected for Permanent Office**

**6th Amendment- Regarding communication by Secretary- all electronic- Passed**

Dr. Anoop Khare discussed about JBJS subscription. President advised him not to deviate from the subject.

**Electronic Newsletter instead of printed one- Passed**

**Term of Joint secretary for Permanent Office-** was discussed in detail.



**It was concluded that Term of joint secretary from city of permanent office should be One year extendable to 3 years depending on recommendation of Executive Committee.**

It was decided that each incoming Joint secretary will also pay nomination fees (5000/- presently) like other executive members.

Joint secretary for permanent office will also pay once. If his term is extended, he need not to pay again.

**Election Procedure Amendment – All electronic.**

Dr. Nikunj insisted on printed material.

Dr. Tribhuvan asked that not even once in a year communication through printed matter will take place? Many members are not computer savvy. Dr. Manoj Mittal seconded & suggested to send Election Notice by print.

Dr. Dharendra Singh said that it is not only Election Officer, Secretary also must post it on website 4 months prior to conference i.e. before 1st November.

President asked to decide Electronic or Print first and then proceed.

Dr. Dharendra Singh said, as we have passed E newsletter so this one is also passed. Dr. Ashok Gupta seconded it.

**President concluded as the house finalized that- It will be on website, SMS will be sent. Print will not be there.**

He apprised the house that record of Phone numbers of members are much better updated as compared to postal addresses.

Dr. Jamal reminded that we have to abide by IOA rules. He informed that there will be only E Newsletters of IOA and no printed ballots for election. He further added as we have fixed dates for everything, a responsible member must visit the website for nomination as well as for casting vote.

**Finally voting by Hand raise was done. Electronic method was passed with thumping majority.**

Dr. Maneeshi Bansal asked then we will not have printed ballots from this year?

President explained that even IOA took 5 years, UPOA needs at least 4 years.

Dr. Ashok Gupta explained the all email addresses of all members need to be updated for E election to take place but to visit UPOA website to see Election notice does not requires this. He further suggested to keep a session on using computers and surfing websites in coming conference.

Dr. Dharendra Singh suggested that 4 yrs. is too long. Keep it 20202.

Dr. Dhawan explained that once email addresses are corrected, it takes 2 yrs. for trials. So all E Election from 2022 is O.K.

President seconded it.

**Next amendment- Annual Conference- 10% of total collection for UPOA**

Dr. S.C. Goel told about two accounts in IOACON. One for Sponsorships and one for other expenses. Treasurer IOA is one of the signatory for sponsorship account. He suggested same to be followed in UPOACON as well.

Dr. Atul suggested for 10% of total collection to be deposited for UPOA on IOA pattern.

Dr. Naresh Chand showed his ignorance about two A/c in IOACON but expressed constraints about Treasurer to be signatory as he has to face consequences in case of any financial irregularity in the conference.

Dr. Tribhuvan Singh said that it will be difficult in presence of so many freebies.

Dr. Atul apprised that we have decided to cut most of the freebies.

Dr. Ashok Gupta said that we have to learn to limit expenses as per the funds available.

Dr. Jamal, responding to treasurer not being the signatory suggested that to keep a vigil, treasurer should be provided with the password only to see the conference account.

Dr. Hirani requested to fix the amount from conference to be deposited in UPOA, not the %.

President explained that in lack of sponsorships, fixed amount will create problem.

Dr. Ashok vij explained that fixing 10% will keep aware the organizing secretary to plan accordingly.



After a lot of discussion, it was concluded that-

**8.0% of Gross collection of conference minus GST amount needs to be deposited in UPOA**

Dr. Maurya, Allahabad raised the issue- what will be done if organizing secretary does not follow the above?

DR. Anuj Gupta requested not to flog a tiered horse. Dr. K D Tripathi narrated his bad experiences regarding freebies and expectations by some Faculties.

President concluded by saying as the coming days will be tougher for sponsorships, let's make conferences leaner. Dr. Atul added like limiting the number of outside faculties & **NO Free registration even for President.**

Incidental charges to be increased- issue was deferred as now UPOA has to provide money directly to Journal Account.

**Dr. Santosh Singh proposed that these rules should be applied to all Official Courses of UPOA- Passed unanimously**

Issue of increasing incidental charges in MTS was also deferred due to similar reasons explained above.

Secretary Dr. Ashish Kumar discussed about delayed decision about Orators leading to escalated air fares and financial burden on UPOA.

Dr. Jamal explained that as per constitution, these names must be finalized by MTS, otherwise President & Secretary can decide themselves keeping respective Club aside.

Dr. A. N. Verma objected saying that oration should be omitted from conference that year.

After a lot of discussion, listening to the views of Dr. Dhiren singh in addition, President concluded that we must stick to the time line i.e. before MTS, decide the names to avail Apex Fare.

Secretary pointed out the way faculty members move away after their lectures and try to reschedule the whole program mentioning their flight schedules.

Dr. Atul suggested to keep 3 lecture for 10 outside faculties spread over 3 days of conference. President suggested – For this we have to prepare scientific program very early to inform and take consent of faculties.

Dr. Atul proposed to discuss about Life Time Achievement Award – deferred for the regular GBM.

Procedure of Orations was discussed.

President suggested to have two in the morning & two in the evening and to remove the clause of other halls to stay stand still.

Dr. Ashish reminded about the same status of two Memorial Lectures also.

Dr. Atul suggested to spread two daily for three days.

Dr. Jamal emphasised on keeping other halls stand still although Dr. S.C Goel suggested to continue with the Free Papers.

Dr. Sanjay Dhawan said that Orators are respected persons and running any hall at that time will make attendance further low. So duration of oration may be reduced

Dr. Anoop Khare suggested to stick to scheduled time without waiting for more audience to come.

Dr. Nikunj suggested to abolish Breakfast to make people in time.

Dr. SC Goel suggested to instruct Chairpersons also to be in time.

After this President ended the meeting with thanks to the house and all stood for the National Anthem.

Dr. Ashish Kumar

Hon. Secretary, UPOA

# Minutes of General Body Meeting UPORTHOCON 2018 (Allahabad)

## Minutes of GBM, UPORTHOCON, Allahabad

President- Dr. Amit Rasogi in the chair, asked Secretary to start with first agenda

**Obituries** - Dr Ashish kumar secretary started with obituaries - Dr K.K Srivastava from Lucknow, Dr Jayant Bajpai from Kanpur, Dr. Sunil Dutt Diwedi from Lucknow.

Any other information from anyone -Nothing by house. 2 minutes silence was observed.

**Election Report**- Dr Atul Srivastava, President elect and election officer informed – 6 post fall vacant this year and nomination were invited

- |                  |        |                       |
|------------------|--------|-----------------------|
| President elect  | - 01 - | Dr. Jamal Asraf       |
| Vice president   | - 02 - | Dr. Sanjay Srivastava |
|                  |        | - Dr. Girish Garg     |
| Executive member | - 03 - | Dr. Gyaneshwar tonk   |
|                  |        | - Dr. Santosh Singh   |
|                  |        | - Dr. Alok Sharma     |

All were elected unopposed.

**Editor's Report**- Dr Sanjay Dhawan presented a PPT. He informed that our Journal is now indexed with Google Scholar, Copernicus and DRJI with ICE value of 64.6. No incidental charges or any other money has been received by Journal after 2016. He detailed the balance sheet explaining that there are still 16000/-.

Secretary informed the house that in the EC meeting, day before it was decided regarding Journal fund that 2 Lac rupees will be annually given for Journal support from UPOA account. The money saved from E newsletters will help in meeting this goal.- Passed by house .

**Treasurer's Report**- Dr. Kaushal Agarwal presented the report. He informed that UPOA Life Membership fee was raised to Rs. 3000/- in last GBM.

12 A & 80 G matter he apprised. He informed that bylaws before the name change in 2007 are not available, which are needed to procure 12 A.. to show that only name of association has changed nothing else. There are two options left-either apply afresh with penalty or any member having them may give us,

He informed that tax liability is 1010530/-. He informed that as we are not earning, so 80 G benefit is not there.

Tax refund he informed 85740/- which got adjusted in tax liability. He informed en-cashing a FD to pay pending tax liability RS 9.68 lacs. House suggested to pay IT outstanding at earliest. Treasurer assured that by next month this will be done.

PAN of all office bearer and all clubs should be in office. All clubs organising conferences must have their PAN. President discussed about GST number. Treasurer informed that because of 80G, we are spared of GST.

Membership money should go to corpus fund & Making an FD was emphasised by the house.

Secretary informed that in EC, it was decided to clear any outstanding of IT department may be by encashing the FD as that increases exponentially.- Passed

Separate receipt for Membership and Contributions to be created to make Corpus Fund- Passed

Problem of non-responder city clubs was discussed even for procuring PAN cards from them.

Dr. Jamal informed that in Jim Corbett GBM it was passed that clubs not submitting their reports can't bid for 3 years but was never implemented. Dr. Atul quoted similar rule in IOA also and proposed to stick to it. President seconded it.

- Passed

**Research Grant**-- Secretary read out in absence of Prof. Vinit Sharma. He informed that nothing new has taken place. Dr. Vikas Verma is continuing with his research project.

He said that candidates will be informed that every year progress report must be submitted

**Bids**- UPCON 2018- Bareilly and Lucknow- Dr. Santosh Singh announced that on behalf of LOC, he is withdrawing. House applauded this gesture and congratulated Dr. Vinod Pagrani for UPORTOCON2018 to Bareilly.

Dr. Atul emphasised that a **MOU will be signed between UPOA and Organizing Secretary that 8% of total collection for conference will be deposited in UPOA account.**

Dr. Pagrani thanked Dr. Santosh. He along with Dr. Parmendra promised a good show and sticking to reforms and rules.

MTS- single bid by Dr. Apprva, Ghaziabad

PGICL- Lko and Agra- Dr. Shahwali withdrew in favour of Agra, Dr. C.P.Pal.

UPOA Special Course- Lucknow to Dr. Shahwali for Spine

Arthroplasty Course- Dr. Amrit Goel, Agra

Trauma Course- Dr. Santosh Singh from Lucknow.

City Club Awards- Category I Lucknow

II Gorakhpur

III Bareilly

IV Raibareilly

**Fellowship Report**- results were read out by Secretary. He informed the house that all were availed except foreign fellowships.

DR. Jamal raised the question about the year of city club awards announced and given.

Secretary requested him that this may be discussed afterwards and he was kind enough agreeing to it.

Letter from members- Secretary informed about the letters from Dr. Alok Sharma, Dr. Jamal Ashraf, Dr. Nikunj Agarwal, Dr. Tribhuvan Singh & Dr. Sanjay Dhawan.

Points raised by Dr. Dhawan were appreciated by all as valid points for the conference.

**Ratification of Members**- List of new members was ratified by the house.

Dr. Jamal raised the point of Guest of Honour/ Chief Guest for Inaugural Function of the annual conference. He pointed out that as per rules IOA President / IOA Secretary/ Vice President can be the Chief Guest/ Guest of Honour in this order only. Therefore instead of Dr. R C Meena, Dr. Atul Srivastava must have been made Guest of Honour. He had raised this point but no action was taken. He emphasised that President or Secretary can't change the rules.

Dr. Dhiren Singh had different view as this ruling was of that time when IOA Vice President was not going to be the President. Dr. Jamal replied that even then there was President Elect in IOA.

Dr. SC Goel asked to decide for future. Dr. K.D. Tripathi said that there were two Guest of Honours therefore nothing wrong was done.

President favoured Dr. Jamal saying that whatever is written should be followed..

Dr. SC Goel said that if Vice President is sitting and Secretary being Guest of Honour will embarrass the V.P. In response to this Dr. Jamal Ashraf narrated his experience in 2009 UPORTOCON in which President IOA, Dr. Shantaram Shetty nominated V.P. ,Dr. S.K.Saraf as representative of IOA. Somehow Dr. Sudhir Kapoor, Secretary IOA arrived and as per program, He was not called to the dais. For this mistake, He along with Dr. Dhiren Singh, UPOA President had to apologise in person as well as in writing in IOA meeting.

Dr. SC Goel suggested then to call only one person from IOA for this purpose

President concluded that till it is written, must be followed as it is.

Dr. Nikunj Agarwal blamed the Secretary for not sending the mail inviting presentation for Dr. Anil Gupta Memorial Lecture. House outrightly rejected his blame as all had received.

Secretary apprised the house about the points suggested by Dr. Sanjay Dhawan in his letter to improve the conference, which were discussed in EC Meeting the day before. **It was decided that there should not be more than 10 outstation faculties ( Excluding the Orators) with 2-3 lectures for each, spread over all conference days to retain them.- Passed**

It was proposed to apply similarly to Mid term symposium.

To this Dr. ajay singh objected as MTS is one day event as compared to 3 days of annual conference.

President concluded to **Not more than 4 outstation faculties for MTS** – Passed

**No more workshops in annual conference**- Passed

**Day 1 ( Friday) of conference- Only half day CME starting after lunch followed by Inaugural Function . EC Meeting on same day. Two Orations,**

**2nd Day- Conference & GBM, Two Orations**

**3<sup>rd</sup> Day ( Sunday )-Two memorial Lectures. Conference finish by afternoon.**

**Only two halls in conference.- Passed**

Dr. Jamal suggested to have two equal size halls. He suggested to have **Guest lectures on one symposium followed by free papers in the same hall** to boost young speakers. Dr. Dhawan seconded it- Passed

Dr. Jamal suggested same certificate for podium & poster presentations as Presented Paper.

President informed that UGC requires certificate of Poster presentation so we can't do this.

It was passed that **Lecture will be for 10 minutes**



**Oration will be 15+5=20 minutes total**

Dr. Dhawan suggested for **auto cut as time is over allowing single slide to conclude.**

Dr. Vij proposed at **18 min beep & 20 minutes blackout for Orators** as well

Dr. Anup suggested to **send this protocol letter to Speakers also.**

Dr. Sanjeev awasthi suggested to increase discussion time but President said as we are having Discussion session so need not to do so.

Dr. Jamal suggested to **restructure Conference scientific program Symposium wise.**

We should decide the topic and tell the faculty rather than asking them to propose.

**At the end of Symposium, Question- Answer session with all faculties on the dais.**

Dr. Dhawan suggested that **Scientific Program must be finalized 6 months before & there should be no rescheduling of lectures and timings.** President seconded and concluded that **Scientific program must be finalized and shown in MTS.**

It was proposed to have **2 dedicated Case discussion sessions with 3 faculty and one moderator with 8-10 cases in one session**

Dr. Pagrani said that total time of conference is already reduced and going by symposium will not cover all topics. President replied that we should go by Theme based conference, not covering everything.

Dr. Jamal proposed to discuss about freebies.

It was proposed to go as per IOA guidelines- **Faculty need to register.**

Dr. Nikunj suggested to **exempt only Senior Citizens and outstation faculties and Orators.**

Dr. Atul seconded it – Passed

Regarding free accommodation, lot of discussion went on.

Dr. Jamal said that in state and outstate faculty to be treated equally as per constitution. Dr. Ajai Singh seconded it. After a lot of discussions, President concluded that instate faculty to register. Rest all remains same for instate or outstate as written in constitution.

Dr. Jamal drew attention towards expenses of Food and entertainment which are much bigger than what has been discussed. He suggested to **abolish registration kit.**

Dr. Nikunj suggested to **abolish breakfast.**

Dr. Sanjeev awasthi suggested for **Paid Banquet.**

Dr. Dhiren suggested to **ask faculty whether they need accommodation or will arrange themselves.**

Dr. Atul srivastava raised the issue of having **Two Life Time Achievement awards**

Dr. S.C. Goel said that **there can't be two.**

**Matter of Life Time Achievement Award was deferred for further discussion.**

Dr. Santosh Singh proposed that these all rules for MTS should be applied to all official courses of UPOA and house agreed to it.

President asked the house to ratify Constitutional Amendments- Passed

Dr. Jamal asked minutes to be circulated in time. Secretary assured depending on early availability of Video recordings.

Meeting ended with the thanks to chair.

All stood up for the National anthem.



## Guidelines to the Organizing Secretaries

## Guidelines to the Organizers

## CATEGORIES FOR CITY CLUB AWARDS

Award	Eligible City Club	
1. Dr. K.P. Srivastava Trophy	Above 76 members (4)	
	Agra (119 members)	Kanpur (110 members)
	Lucknow (242 members)	Varanasi (104 members)
2. Dr. M.K. Goel Trophy	51 to 75 members (5)	
	Aligarh (55 members)	Allahabad (69 members)
	Ghaziabad (64 members)	Gorakhpur (58 members)
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (4)	
	Bareilly (38 members)	Jhansi (32 members)
	Moradabad (26 members)	Muzaffarnagar (27 Members)
4. UPOA Trophy	1 to 25 members (8)	
	Basti (10 members)	Mathura (17 members)
	Etawah (10 members)	Deoria (14 members)
	Hathras (10 members)	Faizabad (12 members)
	Saharanpur (18 members)	Sultanpur (10 members)
		Raibareilly (10 members)

## CRITERIA FOR BEST CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY TILL 31 DECEMBER REPORT TO BE SUBMITTED BEFORE 15 JANUARY	Max
Increase in number of members of UPOA -1 point for every new members	10
Increase in number of members of IOA -1 points for every 1 new members	10
<b>Academic Activities (Name with number of delegates)</b>	
(1) National Conference (IOACON)	15
(2) State Conference / National Conference of Subspecialty Group of IOA	8
(3) Mid Term Symposium	4
(4) Instructional Courses / CME / Hands on Workshop (2 point per programme)	8
(5) PG Crash Course	2
(6) Clinical Meetings - 0.5 points for each meeting	6
<b>Achievement of Individual Members (National &amp; International)</b>	
(1) Guest lecture in National & International Conferences -2 point per presentation	6
(2) Guest lecture in UPOATHOCON 1 point per presentation	4
(3) Paper presentation in National & International Conference -1 point per presentation	3
(4) Paper presentation in UPOATHOCON -0.5 point per presentation	2
(5) Awards & honours	2
(6) Elections to higher posts (P/S=2; VP/E/T=1, E=0.5)	4
(7) Inventions (techniques, instruments, implants)	1
(8) Academic Literature (writing, editing, translating)	2
<b>Newsletter</b>	2
<b>Regular Election of Office Bearers</b> (Reporting of Activities to Hon Secretary UPOA)	4
<b>Other Activities</b>	3
(1) Any welfare programme for public	
(2) Slide projector: Overhead projector, laser pointer	
(3) Activities connected with allied orthopaedic activities	
Chapter contribution to UPOA (10 -50000 Rs = 2 points)	4

**Note :** Strictly follow the given format to submit club report with evidence along with self marking for each point.

## GLIMPSES OF UPORTHOCON 2018









## EVENTS HELD

Month February 2018	UPORTHOCON 2018	Dr. Amuj Gupta	Dr. K.D. Tripathi	16 - 18 Feb 2018	Allahabad	M.N. Medical College, Allahabad	9839050114
Month April 2018	An update on hands and wrist	Dr. Sanjay Dhawan	Dr. Sanjay Prakash	15 April 2018	Agra	Amar convention centre, Agra	9837014766
Month May 2018	UPOA Arthroplasty Course 2018	Dr. Amrit Goyal	Dr. Anup Khare	27th May 2018	Agra	Hotel Double tree by Hilton, Agra	8979002051

## FORTHCOMING EVENTS

Association / State / Club	Conference / Name / CME	Org. Secretary	Org. Chairman / Course Director	Date	Place	Venue	Contact No.
Month: July 2018	UPOA Trauma Course 2018	Dr. Santosh Singh	Dr. Sanjeev Awasthi	29 <sup>th</sup> Jul 2018	Lucknow	Hotel Lineage, Viraj Khand, Gomti Nagar, Lucknow	9415026189
Month: August 2018	UPOA Special Cours 2018	Dr. Shah Waliullah	Dr. G.K. Singh	25 Aug 2018	Lucknow	Convention Centre, K.G. Medical College, Lucknow	9335716350
	Arthroscopy Conclave 2018	Dr. Ashish Kumar	Dr. G.K. Singh	4-5 Aug 2018	Lucknow	Convention Centre, K.G. Medical College, Lucknow	9415020202
Month: October 2018	Mid-term Symposium	Dr. Apparna Agarwal	Dr. Rajeev Anand	7 <sup>th</sup> Oct 2018	Ghaziabad	IMA Bhawan, Raj Nagar, Ghaziabad	9810135017
Month: November 2018	UPOA PG Instructional Course	Dr. R.K. Shakunt, Dr. Amrit Goyal	Dr. C.P. Pal	November 2018	Agra	S.N Medical College, Agra	9634031500
Month: Feb 2019	UPORTHOCON 2019	Dr. Vinod Pagrani	Dr. Pramendra Maheshwari	15-17 Feb 2019	Bareilly	Rohilkhand Medical College, Bareilly	9412885815

## UPOA Balance Sheet 18- Sep 2016 to 23- Mar 2017

Life Member	48	2500	1,20,000
Associate Member	38	500	19,000
CME	06	5,000	30,000
UPOA Trauma Course			30,000
UPOA Special Course			54,092
Election Nomination	04	5000	20,000
UPORTHOCON- 2016			25,000
Total Deposits			2,98,092
Balance in bank as on 23/03/2017			2,20,534
FDR value as on 23/03/2017			83,34,146

# UPOA AWARDEES

## LIFE TIME ACHIEVEMENT

1.	Dr. Naresh Chand	Life Time Achievement Award
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## ORATIONS & LECTURES

1.	Dr. S. K. Saraf	Dr. B. N. Sinha Oration
2.	Dr. Jitendra Maheshwari	Dr. T. P. Srivastava Varanasi Oration
3.	Dr. Ram Prabho	Ghaziabad Oration
4.	Dr. Rajeev Naik	Dr. K. P. Srivastava Agra Oration
5.	Dr. Ajai Singh	Dr. Anil Gupta Memorial Lecture
6.	Dr. HKT Raza	Dr. Abbas Ali Khan Memorial Lecture

## MEDALS

1.	Dr. Rajeev Kumar	Bhagwan Prasad Medal
2.	Dr. Prabodh Kantiwal	Dr. A. K. Gupta Gold Medal
3.	Dr. Rajat Agarwal	Prof. U. S. Mishra President Gold Medal
4.	Dr. Tribhav Goel	Bhaskar Mall Pg Gold Medal
5.	Dr. Alok Rai	Besic Science & Research Session Gold Medal

## POSTER PRESENTATION

1.	Dr. Mukhun Madhav Ojha	Dr. A. K. Varshney Poster Gold Medal
2.	Dr. Mangesh Chandawa	Dr. A. K. Varshney Poster Gold Medal

## UPOA P G QUIZ

1.	Dr. Mohd Arshad	Quiz Winner 2017
2.	Dr. Mohd Ishtiaq	Quiz Winner 2017

## FELLOWSHIPS

1.	Dr. Yajuvendra	UPOA Exchange Fellowship
2.	Dr. Neerav Anand Singh	UPOA Exchange Fellowship
3.	Dr. Ekansh Debuka	UPOA Travelling Fellowship
4.	Dr. Nitin Manral	UPOA Travelling Fellowship
5.	Dr. Deepak Kumar	UPOA Visiting Fellowship
6.	Dr. Atil Kumar Lal	UPOA Visiting Fellowship
7.	Dr. Ziaul Hoda Shaan	Varanasi Exchange Fellowship
8.	Dr. Tribhav Goel	Lucknow Pune Fellowship
9.	Dr. Vikas Saxena	Lucknow Pune Fellowship
10.	Dr. Madhuresh Kumar	UPOA Ghaziabad International Fellowship
11.	Dr. Narendra Singh Sukhwaha	UPOA Ghaziabad International Fellowship
12.	Dr. Vikas Verma	Ghaziabad UPOA National Fellowship
13.	Dr. Yashwardhan	Ghaziabad UPOA National Fellowship

## BEST CITY CLUB AWARD

1.	Lucknow Orthopaedic Society	Dr. K. P. Srivastava Trophy
2.	Gorakhpur Orthopaedic Club	Dr. M. K. Goel Trophy
3.	Bareilly Orthopaedic Association	Bhagwati Devi Dhanendra Prasad Trophy
4.	Raibareilly Orthopaedic Society	UPOA Trophy



## MAXIMUM MEMBERSHIPS

1. Dr. Sudhir Shyam Kushwaha	Maximum Member Award
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## CONFERENCES, WORKSHOPS &amp; COURSES

1 Dr. Ambhuj Srivastava	UPORTHOCON 2017
2 Dr. Sanjeev Garg	Mid Term Symposium
3 Dr. Ajay Panwar	UPOA Trauma Courser
4 Dr. Ajai Singh	UPOA Special Course
5 Dr. Uttam Garg	UPOA Arthroplasty Course
6 Dr. Ashok Yadav	UPOA PG Instructional Course
7 Dr. Uttam Garg	Shoulder Cadaveric Arthroplasty Course
8 Dr. C.P. Pal	CME on Basics of Knee Arthroplasty
9 Dr. Manish Trivedi	1st Advance Trauma Course
10 Dr. Ashish Kumar	Arthroscopy Conclave 2017
11 Dr. Anuj Gupta	1st Knee & Shoulder CME

## MID TERM SYMPOSIUM -2018

*Respected Seniors & Dear Colleagues*

*Greetings from Ghaziabad. On behalf of the Organising Committee and the Ghaziabad Orthopaedic Club, we welcome you to the Mid Term Symposium of the UP Orthopaedic Association on October 7, 2018*

*Ghaziabad Orthopaedic Club is excited to bring together this high-powered group of academicians, senior consultants, and teachers to talk about some of the top controversies in orthopaedics. The course will deal with controversies identified by faculty members, all of whom are experts in their fields. Most of the controversies are based on current "hot topics" in each of the specialties – particularly in areas where the evidence base supporting one treatment over another is not definitive. In many instances, the controversies involve two methods for approaching the same problem, neither of which is necessarily 100 percent correct. Each method has its pros and cons, and that sets the table for some interesting discussions.*

*Recognising that attendees want to experience as much learning as possible during the one-day course, the scientific programme is structured in the form of debates argued by expert national faculty. Each debate will be followed by a panel discussion and consensus statement. The aim is to have ample time for discussions, deliver the best scientific material and provide clear cut carry home messages.*

*With your support, we are determined to make this course a huge success.*



**Dr Rajeev Anand**  
Organising Chairman



**Dr Apoorva Agarwal**  
Organising Secretary



**Dr. Pramendra Maheshwari**  
Organising Chairman



**Dr. Vinod Pagrani**  
Organising Secretary

## UPORTHOCON – 2019

*It is our proud privilege and pleasure to host the 43rd Annual Conference of Uttar Pradesh Orthopaedic Association to be held from 15th – 17th February 2019 at Bareilly – The Nath Nagari.*

*We invite you to UPORTHOCON 2019 at Robilkhand Medical College and Hospital Bareilly and assure you that it would be a great academic feast and will primarily focus on Articular and Periarticular Trauma.*

*We promise you will have an exciting and informative scientific program featuring excellent interactive educative sessions by renowned experts in the field, sharing their experiences about latest technologies in the horizon.*

*It will be a great opportunity for the newer enterents in the field of orthopaedics to know and learn about patients friendly techniques. At the same time conference will allow established orthopaedicians to update their knowledge and hone their skills to even more perfection.*

*Historically city Bareilly is a part of Panchala region of Mahabharata, (the birth place of Rani Draupadi). The fortress Abichhatra was the ancient capital of northern Panchala. The remains of this city are situated in Aonla Tehsil of Bareilly District.*

*Bareilly showcase an eclectic and beautiful mixture of rich religious culture. Weather is pleasant in February.*

*The city is centrally placed and well connected by trains and roads and probably would be having Nath Nagari Airport services by 2018.*

*City also known as Nath Nagari is surrounded by renowned temples of Lord Shiva in all four corners, The Alakha Nath , Trivati Nath, Madhi Nath and Dhopeswar Nath.*

*The Dargah Ala Hazrat, in Bareilly is one of the most sanctified shrines of the country and sees lots of devotees from around the world every year.*

*Funcity and Phoenix Mall are two ideal destinations located near to the conference venue and would be good attractions for accompanying persons and kids.*

*We also urge you to take extra time out to explore many popular travel destinations near the city like Nainital, Sattal, Bhimtal, Jim Corbett, Jageswar Temple, Chuka Beach, Gurudwara Nanak Matta Sahib.*

*The organising committee has arranged invigorating evening with the best of cultural program to rejuvenate delegates and faculty. We sincerely hope that the blend of pleasant weather, warm hospitality and entertaining social evening will enrich the scientific environment.*

*We look forward to welcome you all in Bareilly and urge you to mark the dates.*





# RESEARCH GRANT CRITERIA

## PERFORMA FOR ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant .....

Address .....

Present designation .....

Email id .....

Mobile no. ....

UPOA membership no. ....

IOA membership no. ....

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instrumentations, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members. For the year of 2014, the two applicants, Dr. Ajay Singh from Lucknow and Dr. Gyarieshwar Tonk from Meerut were sanctioned Rs. 50,000/- each. We want more members to come forward to submit their research project and avail UPOA financial research grant.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide?: Committee consisting of

- \* President
- \* President elect
- \* Immediate Past President
- \* Secretary UPOA
- \* Chairman, UPOA Research Grant Committee
- \* Members, UPOA research grant committee - 2

Submission of proposed project details along with Performa is mandatory.

## Maximum Marks = 100

**1. Post Graduate Qualifications in Orthopaedics**

Recognized Qualifications: MS (Orth.) / D.N.B. (Orth).

Other Qualifications / Degree: M.Ch. ORTH. /FRCS/ PHD. ORTH.

**2. Experience**

Year After PG Qualifications 1 Mark Year

Teaching Experience as Lecturer / Asst. Professor and above 1 Mark per year

**3. Publications****1. Indexed Journal / IJO**

As Main Author

As Co-author

**11. Books**

As Main Author

As Associate Author

As Editor / Author Of Monograph

As Contributing Author

As Co-author

**4. Papers / Posters Presented Personally**

International Conferences Abroad

International Conferences In India / IOACON

Subspecialty / State Chapter Conferences

**5. Guest Lectures / Lectures At CME / Workshops**

International Conferences Abroad

International Conferences In India

IOACON / Subspecialty / State Chapter Conferences

**6. Research Projects Completed**

Funded By An International/National Agency, Government Organization Or University.

**7. Conferences Attended**

International Conferences Abroad

International Conferences In India / IOACON

Subspecialty / State Chapter Conferences

**8. Organizational**

Convenor or Organizing Secretary of International or National Meeting or Workshops / Office Bearer of National Organization.

Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization.

**9. Medals, Prizes and Awards in Orthopaedics**

IOA Medal, Prize or Award

Subspecialty / University / National / International Organization / others

**10. Summarize in 150 words why your project should be considered for research grant?****Points to be checked while analyzing the attached project**

- Originality / Innovation
- Publications from project submitted
- Honesty
- Financial involvement
- Scope and Usefulness to society

**( Please attach the details of proposed project)****Prof. Vineet Sharma**

Department of Orthopaedics

K. G. Medical University, RALC Campus

Nabiullah Road, Lucknow-226018

email: vineet90@hotmail.com

**5 Marks**

(2 Marks Each)

(1 Mark Each)

**10 Marks**

Maximum Marks 7

Maximum Marks 3

**20 Marks**

Maximum 15 Marks

5 Marks per Publication

3 Marks per Publication

Maximum 5 Marks

Per Book 5 Marks

Per Book 2.5 Marks

Per Book 5 Marks

Per Book Chapter 2.5 Marks

Per Book Chapter 2.5 Marks

**10 Marks**

3 Marks Per Paper / Poster

2 Marks Per Paper / 1 Mark Per Poster

1 Mark Per Paper / 1/2 Mark Per Poster

**8 Marks**

4 Marks Per Lecture

4 Marks Per Lecture

2 Marks Per Lecture

**7 Marks**

3.5 Marks Per Completed Project

**5 Marks**

2 Marks Per Conference

1 Mark Per Conference

1/2 Mark Per Conference

**5 Marks**

2 Marks / Post Held

1 Mark / Post Held

**5 Marks**

2 Marks

1 Mark Each

**25 marks**

## RATIFIED MEMBERS AT UPORTHOCON 2018

LM	Name	City	PIN	Mobile
1766	Dr. Mayak Mahendra	Lucknow	226001	8726149235
1767	Dr. Atil Kumar Lal	Gorakhpur	273004	9451472379
1768	Dr. Akhilesh Kumar Barnawal	Jaunpur	222149	8795221413
1769	Dr. Praveen Kumar Gupta	Gorakhpur	273005	9871517646
1770	Dr. Ram Singhasan Singh	Azamgarh	276001	9415271202
1771	Dr. Syed Faisal Afaq	Lucknow	226001	9450758086
1772	Dr. Ekansh Debuka	Lucknow	226018	8586807197
1773	Dr. Nitin Manral	Lucknow	226018	9889532502
1774	Dr. Manoj Kumar Kaushik	Allahabad		9452388715
1775	Dr. Rahul Raja	Lucknow	226010	9839986005
1776	Dr. Saifer Khan	Jaunpur		9608066784
1777	Dr. Afroz Ahmed Khan	Lucknow	226003	9454154179
1778	Dr. Tribhav Goel	Ambala	134003	7052792294
1779	Dr. Rajesh Kumar Singh	Allahabad		9621808684
1780	Dr. Nitin Kausal	Ghaziabad		9818485134
1781	Dr. Zafar Ahmad Khan	Aligarh	202002	7669680720
1782	Major. Dr. Saurabh Mahesh Singh	Hathras		9906093192
1783	Dr. Neerav Anand Singh	Bareilly	243001	9910402803
1784	Dr. Amrit Pal Singh	Sultanpur	228001	7524020342
1785	Dr. Mohit Goel	Lucknow		9161915543
1786	Dr. Manish Shukla	Mirzapur	231313	9454554418
1787	Dr. Arif Kamal	Bulandshahr		9456659832
1788	Dr. Ajeet Tewari	Kanpur		9140599481
1789	Dr. Chanchal Kumar Singh	Varanasi	221008	9940981590
1790	Dr. Dharendra Narayan	Ranchi	834009	8210585607
1791	Dr. Harish Kodi	Varanasi	221005	9686336764

## RATIFIED MEMBERS AT UPORTHOCON 2018

LM	Name	City	PIN	Mobile
1792	Mahesh Kumar Navadya	Jhansi	284205	8960485607
1793	Dr.Nimish Agarwal	Allahabad		9455090918
1794	Manoj Kumar Arya	Saharanpur		9958122422
1795	Dr. Pramod Kumar Roy	Varanasi	221002	9450237369
1796	Dr. Satyendra Singh	Bareilly		9839019128
1797	Dr Azad Khan	Meerut	250110	9319837319
1798	Vivek Kumar Shrivastava	Sultanpur	228161	9910626105
1799	Fauad Tariq Aziz	Aligarh	202002	8077967496
1800	Dr.Anurag Agrawal	Allahabad		8765433222
1801	Sandeep Kumar Kesharwani	Lucknow		8948257043
1802	Dr Mrigank Tripathi	Ghaziabad		9911833155
1803	Dr K.K Mittal	Ghaziabad		9350208845
1804	Dr Bhavishya Handa	Ghaziabad		9910101001
1805	Jai Singh	Delhi		9540607177
1806	Dr Manu Gautam	Ghaziabad	201010	9999770805
1807	Vimal Kumar Dakour	New Delhi		965039119
1808	Dr Javtri Prasad Pandey	Buddh Nagar		8920541835
1809	Dr Vivek Prakash	Allahabad	211010	9335430203
1810	Shalabh Kumar	Bijnor	246733	8650004240
1811	Mohd Iliyas	Sitapur	261303	9795213794
1812	Dr Alok Kumar Yadev	Allahabad		7607876666
1813	Dr Abhishek Pandey	Lucknow		7985497157
1814	Gaurav Chahal	Aligarh		8193022666
1815	Dr Avinash jaishwal	Allahabad		9450605387
1816	Dr Y.P Gautam	Shahjhapur		8400102333
1817	Dr Amit Ajyonikar	Mumbai		



## FELLOWSHIP CRITERIA

The process of learning is through interactions with those who are experienced and this most important aspect is of top most priority for us. The fellowship of UPOA will have a sea change and we want maximum competition in this field.

### UPOA Travelling Fellowship (2)

Eligible member of the association (one each from teaching & non-teaching group) below 40 years of age will be selected and sent to Kolkata coinciding with the visiting J & J fellowship of IOA. A sum of Rs. 3000.00 shall be paid to each fellow to cover the expenses. The secretary will try to arrange the local hospitality at the centres. The fellow will submit the report to the secretary which will be published in the journal. They will be given a certificate at the inaugural function of UPORTHOCON.

### UPOA Visiting Fellowship (2)

This fellowship shall be given to eligible members of the association (one each from teaching < 45 years) & non-teaching group (<50 years). The selected persons will present two papers in orthopaedic club. The visiting fellow will submit his report to the Secretary along with the papers to be published in the journal. He will be presented a certificate at the inaugural function of UPORTHOCON. He will also be given 2nd AC travelling expenses. UPOA Visiting Fellowship for the non-teaching group has been named as Dr. Bhola Nath Memorial Visiting Fellowship; UPOA visiting fellowship for teaching group has been named as Dr. A. N. Srivastava Memorial Visiting Fellowship.

### UPOA Exchange Fellowship (2)

#### Baburam Fellowship

The fellowship shall be given to bonafide post graduate students who are at least associate members of UPOA. They will attend the annual conference of MP chapter of IOA. The local hospitality and registration charges will be borne by the post chapter on reciprocal basis. Travel expenses (2<sup>nd</sup> AC) will be given by UPOA. The fellow shall be required to present a paper at the conference. They shall submit their report to the secretary for publication in journal. They shall be given a certificate in the inaugural functional of UPORTHOCON.

#### Varanasi Exchange Fellowship (1)

The selected fellow will visit Ahmedabad during the visit of J & J fellowship. They will be presented a certificate at the inaugural function of UPORTHOCON. A sum of Rs. 3000.00 shall be paid to the fellow to cover the expenses.

#### Lucknow Pune Fellowship (2)

This fellowship shall be given to a life member of UPOA <40 years). He will also be presented a certificate at the

inaugural function of UPORTHOCON. The time of visit of the selected fellow will be coordinated with Prof. OP Singh, Lucknow. Two fellows will be selected & sent to Pune at Sancheti Institute for 7 days as observers on their hospitality. The travel expenses will be borne by UPOA.

#### **UPOA - Ghaziabad National Fellowship:**

**Number of the fellowships:** TWO (one each for teaching & non-teaching groups)

**Eligibility Criteria:** (a) Life member UPOA (residing & practicing in UP), (b) Age < 45 years.

**Remuneration:** Rs 15000 (To be given after completion of fellowship & submission of report)

**Selection Committee to consist:**

(a) President UPOA, (b) Immediate Past President UPOA, (c) Secretary UPOA, (d) President GOC

**Centers of Fellowship:** 1. Ganga Hospital, Coirnbatore, 2. Bombay Ortho Society Courses, Mumbai

#### **UPOA - Ghaziabad International Fellowship:**

**Number of fellowships :** TWO (one each for teaching & non-teaching groups)

**Eligibility Criteria:**

- (a) Life member UPOA (residing & practicing in UP),
- (b) Age < 45 years,
- (c) Must have presented a paper / lecture in UPORTHOCON / IOACON before applying
- (d) Application must include a brief CV with area of interest

**Remuneration:** Rs 45000 (To be given after completion of fellowship & submission of report)

**Selection Committee:** Same as in Ghaziabad National Fellowship.

**Centers of Fellowship:** Will be finalized on a yearly basis by the Fellowship Committee Chairman

#### **Note:**

1. If no applicants are available in <45 years age group, selection committee may consider to raise the age.
2. If no applicants are available in either of the groups, the fellowship may be given to the other group.
3. For Ghaziabad International fellowship, the applicant scoring the highest marks will be given the choice to choose between the two international centers.
4. Reports will be sent by the fellows to the Secretary- UPOA.,
5. Secretary- UPOA will be required to forward these reports to all the members of the Selection Committee & also to the editor JBJD for publication in the journal.



## UP ORTHOPAEDIC ASSOCIATION

## Fellowship Form

Fellowships	No. of fellowships Available	Tick the fellowship applied for
UPOA Exchange Fellowship	2	
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship (1 Teaching : 1 Non Teaching )	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad International Fellowship (1 Teaching : 1 Non Teaching )	2	
Ghaziabad National Fellowship (1 Teaching : 1 Non Teaching )	2	

- Name .....
- Age / Date of Birth .....
- Designation .....
- Membership No. of UPOA .....
- Membership No. of IOA .....
- Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	

7. Number of conferences attended (Attach List ) .....  
UPCON / IOACON / International
8. Number of papers personally presented at .....  
UPCON / IOACON / International (Attach List )
9. Number of articles published (Attach list with .....  
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented .....  
(only for Visiting & Exchange Fellowships)
11. Teaching / service / practice experience .....
12. Any other academic awards / activities /  
Related information

Date.....

Signature

Address.....

Phone Number.....

Mobile.....

Email.....

The last date for receipt of application forms is 30<sup>th</sup> August  
Visit website [www.upoa.net](http://www.upoa.net) for more details & download fellowship application form  
Send your applications forms with all relevant attachments to

**Dr. Ashish Kumar**

Department Of Orthopaedics, KG Medical University,  
RALC Campus Nabuliullah Road, Lucknow-226018  
Phone: 9415020202, 9532468252, 9565444401  
E-mail: [upooffice@gmail.com](mailto:upooffice@gmail.com), [secretaryupoa@yahoo.com](mailto:secretaryupoa@yahoo.com)





# UPOA – MEMBERSHIP FORM

To

**Dr. Ashish Kumar Srivastava**  
**Secretary UPOA**  
 Department Of Orthopaedics,  
 KG Medical University, RALC Campus,  
 Nablullah Road, Lucknow- 226018  
 Ph: 9415020202  
 Email: upoaoffice@gmail.com,

Space for  
Photo

Dear Sir,

I wish to join as member of UPOA. I am enclosing herewith a DD/Cheque of Rs3000.00 towards membership as Life Member/ Rs. 500.00 as Associate Member. Towards corpus of the UPOA for Life /Associate membership.

Name: ..... PAN Card No. ....

Date of Birth: .....

Address: .....

Telephone..... Mobile.....E-mail: .....

Qualification: Institution / University &amp; Year of Passing

MBBS. ....

MS Ortho / D.Ortho .....

(Please attach self attested copy of P.G. Degree/ Diploma Certificate)

Present Status .....

Membership No. IOA: .....

Signature of Member .....

## Payment Details

DD/Cheque No..... Drawn On..... Amount..... Date.....

DD/Cheque in favour of UP ORTHOPAEDIC ASSOCIATION, payable at Lucknow

	Name	Signature	LM No.
Proposed by			
Seconded by			

## FOR OFFICIAL PURPOSE

Received by (Name) .....

Membership No. Allotted .....

Signature of Secretary UPOA

Please submit the form to Hon. Secretary, State Chapter of your State

**INDIAN ORTHOPAEDIC ASSOCIATION****MEMBERSHIP FORM****The Hon. Secretary**

Indian Orthopaedic Association,  
IOA House, 69 Tughlakabad Inst. Area,  
Behind Batra Hospital, M.B.Road,  
New Delhi - 62  
Ph: +91-11-29961434, 9811967820  
E-mail: hon.secretaryioa@gmail.com  
Website: <http://www.ioaindia.org>



Dear Sir,

I wish to apply for the LIFE Membership of Indian Orthopaedic Association  
(Please fill the whole form in **BLOCK / CAPITAL LETTERS** only)

Name .....

Postal Address .....

State ..... Pin Code ..... Date of Birth .....

Other Address : .....

Email (1) ..... (2) .....

Telephone ..... Mobile No (1) ..... (2) .....

PG Qualification : Details include Degree/Diploma/ Passout Year/ College/ Institute/ Place/ University etc.

P.G. Degree /Diploma : .....

MCI Registration No. .... Year- .....

State / Other Association of IOA Membership .....

(No application will be entertained without state chapter membership)

I enclose the payment of Rs. .... By demand Draft No.....

Place &amp; Date : ..... Signature : .....

Proposed by: .....

IOA Membership No : ..... Signature : .....

Seconded By: .....

IOA Membership No.: ..... Signature : .....

The membership fee for Life Member is Rs. 5,00,000/- and Association Member have to pay Rs. 2,000/- in the first time during the Ortho training (PG) and 3,000/- after MS (Ortho) etc. qualification to become Life Member of IOA. Please make Draft in favour of "Indian Orthopaedic Association" payable at New Delhi.  
(Association Membership Fee for Overseas applicant which are eligible for only associate member is \$100 Hundred US Dollar.)

Please Attach :

- Certified Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- Please send the membership application Form and Demand Draft at the above mentioned address only.
- Certified Photocopy of the PG Degree/ Diploma to be sent along with application Form.
- Certified Photo Copy of Medical Council Registration of orthopaedic PG Degree / Diploma to sent along with the form.
- Certified copy from HOD is must. (This is for the ASSOCIATE member only).
- Note : Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification /Association member have the right of attending scientific meeting and social events and engaging in all scientific discussion but they shall not business meetings and take part in elections.

**MEMBERSHIP FORM WILL BE SENT ONLY BY RESPECTIVE STATE HON, SECRETARY TO IOA OFFICE, NEW DELHI**

## GEAR UP FOR BONE & JOINT DAY 4TH AUGUST 2018

Dear members,

The Bone and Joint week is approaching. Be geared up once again to show the world "how good we orthopaedicians can do to general public for awareness and charity to under privileged class".

No world record this year yet free surgeries are always welcome to help the needy patients. May not be completely free yet helping the poor. Kindly keep a record and forward their list to [upoaoffice@gmail.com](mailto:upoaoffice@gmail.com).

Plan some patient awareness program, free camps, rallies etc. specially on 4<sup>th</sup> August, the "Bone & Joint day". Kindly let UPOA Office know your plans and how can we help in their execution.

Once again best wishes for the day. Make it a big celebration and make people acknowledge it.

**Dr. Atul Srivastava**  
President U.P.O.A

**Dr. Ashish Kumar Srivastava**  
Secretary U.P.O.A

<https://www.upoa.net>



UP ORTHOPAEDIC  
ASSOCIATION



HOME About Us Office Bearers Members News & Events Education Contact

### History of UPOA

UPOA is at present the largest chapter of Indian Orthopaedic Association.

[Read more](#)

### Fellowships

Intern Fellowship of the Indian Orthopaedic Association

[Fellowship Criteria](#)

[Download Form](#)

### News Letters

November 2017

June 2017

News

All Members of UPOA. Your User id is Your Membership No. and Password is - 12345678

Last date for

About Us

Notification to All Members



UP Orthopaedic Association is at present the largest chapter of Indian Orthopaedic Association with more than 1800 members. The Uttar

