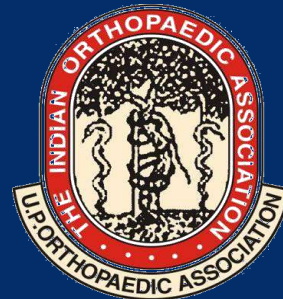


UPOA TIMES

Vol. 25

(May 2025 - August 2025)



NEWS LETTER OF UP ORTHOPAEDIC ASSOCIATION

Registered Under the Societies Act 21/1860,

Reg. No 1102/1999-2000



IOA PRESIDENT THEME

OLD is GOLD

360° Care for Elderly
Ensuring Mobility, Dignity, Longevity

UPOA PRESIDENT THEME

Bridging Tradition and Technology
for Better Care



Dr. Piyush Kumar Misra

President - UPOA

Dr. Amit Jaiswal

Hon. Secretary - UPOA

Secretariat Address- D 58/7-38 Bhagwandas
Colony Rathyatra, Orthomax Hospital,
Varanasi, 221010

Secretariat Ph. : 9415087330

UPOA Office No : 9415679511

Email : upoaooffice@gmail.com



UPOA EXECUTIVE COMMITTEE

2025 – 2026



Dr Piyush Kumar Misra
President UPOA



Dr Santosh Singh
President Elect, UPOA



Dr Amit Jaiswal
Secretary UPOA



Dr K.D. Tripathi
Imm. Past President UPOA



Dr Vinod Pagrani
Vice President, UPOA



Dr Ravi Garg
Vice President, UPOA



Dr Amrit Goyal
Treasurer UPOA



Dr Deepak Kumar
Editor JBBD UPOA



Dr Sanjay Yadav
Quiz Master UPOA



Dr Brijesh Sharma
Joint Secretary UPOA



Dr Chandan Kumar
Joint Secretary UPOA



Dr Shah Waliullah
Joint Secretary UPOA



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UPOA EXECUTIVE COMMITTEE

2025 – 2026



Dr Amit Mishra
Member Executive UPOA



Dr Akshat Chandra
Member Executive UPOA



Dr Raghavendra Tripathi
Member Executive UPOA



Dr Praveen Kumar
Member Executive UPOA



Dr Rajat Kapoor
Member Executive UPOA



Dr Rizwan Khan
Member Executive UPOA



Dr Anupam Srivastava
Member Executive UPOA



Dr K.S. Dinkar
Member Executive UPOA



Dr Sunil Kumar
Member Executive UPOA



Dr Sanjiv Kumar
Web Master UPOA



Dr Apoorva Agrawal
IOA Representative



Dr Maneeshi Bansal
IOA Representative



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UPOA President's Message



Dear Esteemed Seniors, Friends, Colleagues and Members of the UPOA,

It is with great honor and humility that I step into the role of President of the **Uttar Pradesh Orthopaedic Association**. As we embark on this journey together, our collective vision must be to **blend the wisdom of tradition with the advancements of modern technology**, ensuring the highest standards of orthopaedic care for our patients.

Orthopaedics has always been a field where experience, skill, and innovation come together. While we cherish the **foundational principles and teachings of our mentors**, we must also embrace the **latest advancements in surgical techniques, digital healthcare, and research**. The theme for my tenure—**"Bridging Tradition and Technology for Better Care"**—reflects this philosophy, emphasizing a **harmonious integration of knowledge and innovation**.

Our Key Focus Areas:

- ✓ **Education & Skill Enhancement** – Strengthening academic programs, surgical training, and mentorship to empower young orthopaedic surgeons.
- ✓ **Innovation & Research** – Encouraging evidence-based practices and incorporating cutting-edge technologies like robotics, AI, and regenerative medicine.
- ✓ **Collaboration & Growth** – Fostering stronger ties within the medical community, industry and policymakers to improve orthopaedic services in Uttar Pradesh.
- ✓ **Patient-Centered Care** – Ensuring that every advancement ultimately leads to **better patient outcomes, faster recovery, and improved quality of life**.

Together, we will honour the legacy of our predecessors while embracing the **future of orthopaedics with confidence and commitment**. I look forward to working alongside each of you to **uplift our association, strengthen our profession, and transform patient care**.

Let's step forward **together**—**preserving the best of the past and pioneering the future!**

DR. PIYUSH KUMAR MISRA
PRESIDENT UPOA



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UPOA SECRETARY'S MESSAGE



Dear Friends,

As the Secretary of the Uttar Pradesh Orthopaedic Association (UPOA), I am committed to promoting bone and joint health for all.

Orthopaedic issues, such as arthritis, fractures, and spinal problems, can significantly impact daily life, but with the right care and awareness, we can prevent and manage them effectively.

Our association is dedicated to spreading awareness about bone health, encouraging early diagnosis, and providing the best treatment options. I urge you to prioritize a healthy lifestyle, regular exercise, and timely medical consultation to keep your bones and joints strong.

Together, let's build a healthier future with better mobility and a pain-free life. Stay active, stay healthy!

DR. AMIT JAISWAL
SECRETARY UPOA



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UPOA CITY CLUBS

2025 – 2026

CITY	PRESIDENT	SECRETARY
AGRA	Dr. Atul Agrawal dratulagarwal1962@gmail.com Mob- 9412893294	Dr. Anupam Gupta anupamagrains@gmail.com Mob- 9412258144
ALIGARH	Dr. Deepak Kumar drdeepakkumar1970@gmail.com Mob- 9837012455	Dr. Keshav Gupta drkeshavgupta@gmail.com Mob- 9897198719
AYODHYA	Dr. Anil Kumar anil.renumemorial@gmail.com Mob- 9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
BAREILLY	Dr. Sanjay Gupta dr.sanjayprakhargmail.com Mob- 9458702287	Dr. Sumit Mehra drsumitmehra2014@gmail.com Mob- 9711488078
BASTI	Dr. Satyendra Rai satyendra.raii9@gmail.com Mob- 9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob- 9839887473
DEORIA	Dr. S. K. Anand santosh_anand15@rediffmail.com Mob- 9670225997	Dr. Mohd Arif arifmd4242@gmail.com Mob- 9598001123
FIROZABAD	Dr. Jagdish Mittal jmittal30@gmail.com Mob- 9897085050	Dr. Vipul Agarwal sarinavipul@yahoo.com Mob- 8171207989
HAZIABAD	Dr. Amit Dwivedi dramitdwivedi@yahoo.in Mob- 7531889303	Dr. Manu Gautam Dr.manugautam@gmail.com Mob- 9999770805
GORAKHPUR	Dr. S.K. Tripathi gsvmsanjay@gmail.com Mob- 9839295344	Dr. Bhartendra Jain dr_bharat98@yahoo.co.in Mob- 9936311005
HATHRAS	Dr. K.K. Varshney kamal16@gmail.com Mob- 9837107959	Dr. R.K. Singh kinkersinghram@gmail.com Mob- 9627193971
JHANSI	Dr. Sanjay Tripathi drsandita06@yahoo.com Mob- 9839777166	Dr. Mayank Bansal drmayankbansal@gmail.com Mob- 9415112411
KANPUR	Dr. Nirbhay Saxena nirbhaysaxena@yahoo.com Mob- 9839034944	Dr. Ajeet Tiwari kanpurhandclinic@gmail.com Mob- 9140599481



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UPOA CITY CLUBS

2025 – 2026

CITY	PRESIDENT	SECRETARY
LUCKNOW	Dr. Santosh Singh orthosantosh@yahoo.co.in Mob- 9918238999	Dr. Sanjiv Kumar sanjeevkumar98@gmail.com Mob- 9695539134
MEERUT	Prof. Parvez Ahmad drahmedparvez@yahoo.com Mob- 9412025121	Dr. Kritesh Mishra mishrakritesh@gmail.com Mob- 7906665765
MORADABAD	Dr. Najamul Huda hudanajamul@gmail.com Mob- 9837119336	Dr. Shobhit chit1bit@yahoo.com Mob- 8318914945
MUZAFFAR NAGAR	Dr. Vinit Minocha m_vinit@hotmail.com Mob- 9897242355	Dr. Siddhartha Goel goelxrayofficial@gmail.com Mob- 9997040448
MATHURA	Dr. Adesh Sharma adeshsharma123@gmail.com Mob- 8958596128	Dr. Bhaskar Tiwari drbhaskartiwariortho@gmail.com Mob- 8808585765
PRAYAGRAJ	Dr. Rakesh Chandra dr.rakeshchandra@yahoo.com Mob- 9415214703	Dr. Nimish Agrawal drnimishag@gmail.com Mob- 7007758570
RAEBARELI	Dr. Gaurav Kumar Upadhya raebareliirthopaedicclub@gmail.com Mob- 9891085913	Dr. Arshad Ahmed raebareliirthopaedicclub@gmail.com Mob- 9044948874
SAIFAI	Dr. R.S. Yadav dayalortho@gmail.com Mob- 9410045241	Dr. Ajay Kumar Rajput dr.ajayrajput@gmail.com Mob- 9582342414
SAHARANPUR	Dr. Shashi Kant Saini 24shashikant@gmail.com Mob- 9319388182	Dr. Mukunth Rajagopalan mukunth.delhi@gmail.com Mob- 9953567998
SULTANPUR	Dr. Siddiqui Qadeer Ahmed drqas2001@yahoo.co.in Mob- 9415046279	Dr. Amol Rebello dramol2002@gmail.com Mob- 9598473459
VARANASI	Dr. Harish Chandra Agarwal agarwalharish41@gmail.com Mob- 7275593124	Dr. Sanjay Yadav drsanjay.pgi@gmail.com Mob- 9560754591



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GUIDELINES FOR THE OFFICIAL ACADEMIC EVENTS OF UPOA

1. The date & venue should be decided and informed to UPOA Office earliest so that it can be displayed on website.
2. The date should not coincide with other important official events of IOA and major festivals of UP.
3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
4. The event must not be organized under aegis of any other association.
5. Flier should include- names of UPOA president, UPOA president elect, UPOA secretary, organising chairman, organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & City Club Emblem.
 - b. IOA Presidential Theme- **OLD is GOLD I 360° Care for Elderly I Ensuring Mobility, Dignity, Longevity.**
 - c. UPOA Presidential Theme- **Bridging Tradition and Technology for Better Care**
 - d. Names and Photos of UPOA President, President Elect & Secretary.
 - e. Scientific Programme
 - f. Local organizing committee
 - g. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
8. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. In case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize on their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
10. INAUGURAL FUNCTION PROTOCOL -
 - i. The inaugural function should preferably be finished within 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Person of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
 - iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as a Chief guest.
 - v. During the inaugural function, the number of persons on the dais should not be more than 9. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on the dais during the inaugural function.
 - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in an educational institution to accommodate the appropriate university / college dignitaries.
 - vii. The first row in the conference hall during the event shall be reserved to the dignitaries.
 - viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
 - ix. The Master of ceremony will conduct the inaugural function in following order-
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Organising Chairman.
 - d. UPOA Secretary's report/speech.
 - e. UPOA Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.

	Seating Arrangement	Organising Secretary	Club Secretary	UPOA Secretary	Chief Guest	UPOA President	Guest of Honor	UPOA President Elect	Club President	Organising Chairman
PODIUM- Master of Ceremony	Call on Dias and bouquet (In this order)	9	7	5	2	1	3	4	6	8

11. To maintain the decorum of UPOA events, only designated and approved dignitaries on the Dias must be invited during the lamp lighting ceremony. No any other persom will be permitted except dignitaries on the Dias.
12. Event contribution to UPOA will be minimum 8% of total collection of registration and sponsorship charges (to be collected on behalf of the course).

13. Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association

Bank: State Bank Of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

14. Short report with photographs should be sent to secretary within 15 days of the event. Report should include-

1. Program name
2. Date And Venue
3. List of Faculty (Name, Phone No. & Email id)
4. List of Delegates (Name, Phone No. & Email id)
5. Name of Chief Guest
6. Name of guest of honour
7. Any award given
8. Special invitees
9. Any Remarks
10. Few Photos

Final audited report must be sent to the secretary within 6 months of the event.

15. Certificates (Delegates and Faculty) should:

- a. Have logo of UPOA
- b. Be signed by President and Secretary UPOA, org chairman and org secretary.

16. Banner should have logo of UPOA.

17. The organizing secretary should be present in the Inaugural Function of the subsequent UPORTHOCN, to receive the certificate of appreciation.

- 18. Faculty selection should be done in consultation with scientific committee and UPOA Officials. Please do not commit to any faculty without UPOA approval. In faculty selection please encourage the members of UPOA.**

19. Outside UP faculty should not be more than 50%.

20. Apply for MCI accreditation points.

21. MTS Audited Report should be presented in Next UPORTHOCN and Audited Report of UPORTHOCN should be presented in next MTS by the Organising Secretary (or by the Organising Chairman).

22. Any other information will be sent to you time to time as decided by EC.

23. Certificates and mementos will not be distributed on stage. They can be distributed at any other place within the same hall.



Dr Piyush Kumar Misra
UPOA President



Dr Amit Jaiswal
UPOA Secretary



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GUIDELINES FOR THE ACADEMIC EVENTS TO BE CONDUCTED UNDER THE AEGIS OF UPOA

1. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
2. The dates should not coincide with other important official events of the IOA and UPOA.
3. **A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.**
4. The event may be organized under aegis of another association in addition to the UPOA with prior permission.
5. Flier should include- names of UPOA president, president elect, secretary, organising chairman, organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & City Club Emblem.
 - b. IOA Presidential Theme- **OLD is GOLD | 360° Care for Elderly | Ensuring Mobility, Dignity, Longevity.**
 - c. UPOA Presidential Theme- **Bridging Tradition and Technology for Better Care**
 - d. "Under the aegis of U.P. Orthopaedic Association" should be written prominently (Below the title of program).
 - e. Names and Photos of UPOA President, President Elect & Secretary.
 - f. Scientific Programme
 - g. Local organizing committee
 - h. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
8. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. In case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice Presidents/ any other office bearers of UPOA to deputize on their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
10. INAUGURAL FUNCTION PROTOCOL
 - i. The inaugural function should preferably be finished within 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Person of eminence in the field of Orthopaedics should preferably be invited as a chief guest to inaugurate the conference.
 - iv. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as a guest of honour.
 - v. During the inaugural function, the number of persons on the dais should not be more than 9. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
 - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in educational institution to accommodate the appropriate university / college dignitaries.
 - vii. The first row in the conference hall during the event shall be reserved for the dignitaries.
 - viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
 - ix. The Master of ceremony will conduct the inaugural function in following order-
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp

- c. Welcome Address by Chairman organising committee.
- d. Secretary's report/speech.
- e. Presidential address
- f. Guest of Honour's address
- g. Address by chief guest
- h. Vote of Thanks by organising Secretary
- i. National Anthem.

PODIUM-
Master of
Ceremony

Seating Arrangement	Organising Secretary	Club Secretary	UPOA Secretary	Chief Guest	UPOA President	Guest of Honor	UPOA President Elect	Club President	Organising Chairman
Call on Dias and bouquet (In this order)	9	7	5	2	1	3	4	6	8

11. To maintain the decorum of UPOA events, only designated and approved dignitaries on the Dias must be invited during the lamp lighting ceremony. No any other person will be permitted except dignitaries on the Dias.
12. A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD should be handed over to who so ever would attend from UPOA office (or can do online transfer).

Details of Bank Account of UPOA

Account Name: U.P. Orthopaedic Association

Bank: State Bank of India

Account No: 30323729681

Branch: Lucknow Main Branch

Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001

IFSC: SBIN0000125

13. Short report with photographs to be sent to secretary within 15 days of the event.

- i. Program name
- ii. Date And Venue
- iii. Number of Delegates
- iv. Name of Chief Guest
- v. Name of guest of honour
- vi. Any award given
- vii. Special invitees
- viii. Any Remarks
- ix. Few Photos

14. Certificates (Delegates and Faculty) should:

- have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
- be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org. chairman and org. secretary.

15. Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.

16. Scientific program must not be less than 4 hours duration.

17. The organizing secretary should be present in the GBM of the subsequent UPORTHOCN to receive the certificate of appreciation.
18. Faculty selection should encourage members of UPOA.
19. Apply for MCI accreditation points.
20. Certificates and mementos will not be distributed on stage. They can be distributed at any other place within the same hall.



Dr Piyush Kumar Misra
UPOA President



Dr Amit Jaiswal
UPOA Secretary



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CATEGORIES FOR CITY CLUB AWARDS

Award	Eligible City Club			
1. Dr K.P. Srivastava Trophy	Above 75 members (8)			
	Agra	(156)	Kanpur	(142)
	Lucknow	(352)	Varanasi	(148)
	Ghaziabad	(103)	Prayagraj	(109)
	Meerut	(84)	Gorakhpur	(77)
2. Dr M.K. Goel Trophy	51 to 75 members (2)			
	Aligarh	(75)	Bareilly	(58)
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (4)			
	Moradabad	(30)	Jhansi	(37)
	Mathura	(29)	Muzaffarnagar	(27)
4. UPOA Trophy	1 to 25 members (9)			
	Basti	(12)	Deoria	(16)
	Saifai	(25)	Ayodhya	(18)
	Hathras	(10)	Sultanpur	(17)
	Saharanpur	(24)	Firozabad	(21)
	Raebareli	(21)		

CRITERIA FOR BEST CITY CLUB AWARDS

CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2025 TILL 31 DECEMBER 2025

(REPORT TO BE SUBMITTED before 10 January 2026 ,5.00 PM)

Name of City:

Name of President:

Phone No:

Email:

Name of Secretary:

Phone No:

Email:

Total No of members in City Chapter:

Total No of UPOA members in City Chapter:

Total No of IOA members in City Chapter:

Kindly tick for the category for which you are eligible

Dr K.P. Srivastava Trophy (>75)		Dr M.K. Goel Trophy (51-75)	
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)		UPOA Trophy (<25)	

	Membership		30	Numbers added	Marks
A	Increase in number of members of UPOA	1 point for every new member	10		
B	Increase in number of members of IOA	2 points for every new member	20		

C	Academic Activities organised by the club (Name with number of delegates attach as pdf in separate zip file)	55	No of activities	Marks
1	National Conference (IOACON)	15		
2	UORTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

D	Academic achievement of Members of the club (National & International)	30	No of Lectures	Marks
1	Guest lecture in National & International Conferences - 2 point per presentation	10		
2	Guest lecture in UORTHOCON - 1 point per presentation	4		
3	Paper presentation in National & International Conference -1 point per presentation	4		
4	Paper presentation in UORTHOCON - 0.5 point per presentation	2		
5	Awards & honours from orthopaedics societies	2		
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4		
7	Inventions (techniques, instruments, implants)	2		
8	Academic Literature (writing, editing, translating)	2		

		35	
E	Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)	6	
F	Bone & Joint Day Activities	25	
G	Chapter contribution to UPOA (5000-20000 Rs = 2 points)	4	

TOTAL MARKS OBTAINED:

NOTE:

1. Total Maximum Marks are **150**
2. To be eligible for the Award, the City chapter must have submitted its annual report on time (before 10th January 2026, 5.00 pm)
3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
4. Please Fill the above form and send to upoaoffice@gmail.com as separate sheet
5. Send proof of all activities as attachments marked as A, B, C1, C2 or D1, D2 and so on and send all attachments as Zip file at upoaoffice@gmail.com.

Signature
Secretary City Chapter



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UPOA EVENTS HELD

1. Prayagraj Arthroplasty Meet 2025, Prayagraj, 25th May 2025, Org. Sec.: Dr. Maneeshi Bansal & Dr. Anurag Agarwal.
2. Shoulder Conclave, Agra, 19th July 2025, Org. Sec.: Dr. Gaurav Rajpal.
3. 11th UPOA Special Course, Saifai, 26th July 2025, Org. Sec.: Dr. Harish Kumar.
4. 1st Saifai Knee Arthroscopy Cadaveric Course 2025, Saifai, 27th July 2025, Org. Sec.: Dr. Harish Kumar.
5. UPOA PGICL 2025, Varanasi, 01th – 03rd August 2025, Org. Sec.: Dr. Sanjay Yadav.
6. 11th UPOA Arthroplasty Course, Aligarh, 24th August 2025, Org. Sec.: Keshav Gupta.
7. UPOA Mid Term Symposium, Prayagraj, 07th September 2025, Org. Sec.: Dr. Maneeshi Bansal.
8. Ortho Edge 2025, Gorakhpur, 13th – 14th September 2025, Org. Sec.: Dr. Amit Mishra.

UPOA FORTHCOMING EVENTS

1. Spine CME & Workshop – Disc, Deformity & Dilemma, Varanasi, 28th September 2025, Org. Sec.: Dr. Swaroop Patel.
2. 11th UPOA Trauma Course, Kanpur, 26th October 2025, Org. Sec.: Dr. Ajeet Tiwari.
3. KASHICON 2025, Varanasi, 09th November 2025, Org. Sec.: Dr. Anupam Srivastava.
4. Knee 360°, Varanasi, 16th November 2025, Org. Sec.: Dr. Amit Jaiswal.
5. Faculty Education Program 2025, Lucknow, 30th November 2025, Org. Chairman Dr. Ashish Kumar.
6. 50th UPORTHOCN 2026, Agra, 20th – 22th February 2026, Org. Sec.: Dr. Amrit Goyal.
7. 12th UPOA Special Course, Varanasi, April 2026, Org. Sec.: Dr. Sanjay Yadav.
8. UPOA PGICL 2026, Gorakhpur, July 2026, Org. Sec.: Dr. Atil Kumar Lal.
9. 12th UPOA Arthroplasty Course, Lucknow, August 2026, Org. Sec.: Dr. Mayank Mahendra.



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प्रयागराज ARTHROPLASTY MEET 2025

Organizing Chairmen

Dr. K. D. Tripathi
Dr. Kapil Kulshrestha

1. Program Name
2. Date and Venue
3. Number of Delegates
4. Name of Chief Guest
5. Name of Guest(s) of Honor

6. Special Invites

7. Remarks

: 1st Prayagraj Arthroplasty Meet – 2025

: 25.05.2025 at Hotel Kanha Shyam

: 200

: Dr. Anup Agarwal (IOA President)

: Dr. Piyush Kumar Misra (UPOA President)

Dr. Sanjeev Jain (IAA President)

: Dr. Anil Thomas Oommen

Dr. Ashish Jaiman

Dr. C S Yadav

Dr. Debabrata Padhy

Dr. E Krishna Kiran

Dr. Jujhar Singh

Dr. Karun Jain

Dr. Rajkumar Natesan

Dr. Ravi Mittal

Dr. Vijay Kumar

: First Smt. Kalawati Memorial Oration given by Prof. Anil Arora
First Sub-Specialty Meeting in Prayagraj

Organizing Secretaries

Dr. Maneeshi Bansal

Dr. Anurag Agarwal





SHOULDER CONCLAVE 2025

Programme Name	: Agra Shoulder Conclave 2025
Organised by	: Agra Orthopaedic Society
Organizing Chairman	: Dr Mukesh Goyal
Organizing Secretary	: Dr. Gaurav Rajpal
Chief Guest	: Prof. Prashant Gupta, Principal & Dean S. N. Medical College, Agra
Guest of Honour	: Dr. Ravi Sabharwal Senior Orthopedic Surgeon, Agra, Dr Rajeev Raman, IOA Secretary, Kolkata
Date & Venue	: 19th July, Hotel Clarks Shiraz, Agra
Number of Delegates	: 108
Special Invites	: Dr J Maheshwari, Sitaram Bharti Hospital, Delhi, Dr. Rajeev Raman, Kolkata, Prof. Dr. Ashish Kumar, HOD, KGMC, Lucknow, Dr. Vikas Gupta, MAX Hospital, Gurgaon, Dr. Rajeev Gupta, Jaipur, Dr. Vinay Pandey, Varanasi





UPOA Special Course 2025

- 1. Program Name** : UPOA Special Course 2025
- 2. Date and Venue** : 26th July 2025 & AUDITORIUM, UPUMS, Saifai, Etawah
- 3. Number of Delegates** : 100 delegates from various institutions and cities.
- 4. Name of Chief Guest** : Prof. (Dr.) P. K. Jain, Honourable Vice Chancellor, UPUMS Saifai
- 5. Name of Guest of Honour:** Dr. Anup Agarwal, President, Indian Orthopaedic Association
Dr. Ajai Singh, Executive Director, AIIMS Bhopal
- 6. Any Award Given** : Mementos and certificates of appreciation were given to all invited faculties. Certificates of participation were given to delegates
- 7. Special Invitees:**
 - Dr. Ashish Kumar, Ex-President UPOA, HOD Orthopaedics KGMU Lucknow.
 - Dr. Sanjay Dhawan, President, Central zone
 - Dr. C. P. Pal, Dean, Kannauj Medical College
 - Dr. Nityanand Srivastava, Organising Co-Chairman & HoD Anatomy, UPUMS
- 8. Remarks:** The academic sessions were focused on the principles and practical understanding of knee arthroscopy and sports injuries. It provided a national-level platform for young orthopaedic surgeons and residents to engage with master faculty. The seamless coordination reflected the hard work of the organising team.





1ST Saifai Knee Arthroscopy Cadaveric Course 2025

1. **Program Name** : 1st Saifai Knee Arthroscopy Cadaveric Course 2025
2. **Date and Venue** : 27th July 2025 & Dept. of Anatomy, Dissection Hall, UPUMS Saifai
3. **Number of Delegates** : 35 participants including residents, young surgeons, and consultants
4. **Name of Chief Guest** : Prof. (Dr.) P. K. Jain, Honourable Vice Chancellor, UPUMS Saifai
5. **Name of Guest of Honour** : Dr. Rajeev Raman, Honorary Secretary General, IOA
6. **Any Award Given** : Cadaveric hands-on training certificates awarded to all participants
Faculty acknowledged with appreciation tokens and certificates
7. **Special Invitees:**
 - Renowned arthroscopy surgeons:
Dr. Moazzam Jah (Lucknow),
Dr. Arunim Swarup (Meerut),
Dr. Naiyer Asif (Aligarh),
Dr. Chandan Kumar (Kanpur),
Dr. Vikas Saxena (Noida)
Dr. Sachin Jain (Gwalior)
8. **Remarks:** This course is marked as a **milestone as it is the first cadaveric arthroscopy workshop** in UPUMS history. The interactive practical training was highly appreciated. Delegates gained hands-on experience on knee arthroscopy procedures including diagnostic arthroscopy, meniscectomy, and ACL graft placement.





UPOA PGICL Course 2025

- 1. Program Name** : UPOA PGICL 2025 (Post Graduate Instructional Course Lectures)
- 2. Date And Venue** : 01-08-2025 to 03-08-2025 & K.N. Udupa Auditorium, BHU, Varanasi
- 3. Name of Chief Guest** : Prof. Uday Pratap Shahi, Member, Executive Council, BHU
- 4. Name of Guest of Honour** : Prof. S.N Sankhwar, Director, IMS, BHU
- 5. Remarks:** UPOA PGICL 2025 was organized with the aim of advancing postgraduate orthopedic education. The event witnessed the enthusiastic participation of students, residents, and faculty members from reputed medical colleges across India. Key highlights included interactive lectures, live case discussions, and sessions by renowned faculty. The organizing team ensured a smooth flow of events, and the feedback received was overwhelmingly positive. Over 20 distinguished faculty members guided postgraduate students through clinical approaches, long and short case presentations, radiological assessments, medico-legal issues, and research methodology. Active participation was seen from numerous JR3 residents, including Dr. Amrit, Dr. Anoop, Dr. Awanish, Dr. Chittransh, Dr. Devendra, Dr. Dilip, Dr. Gyan, and many others.

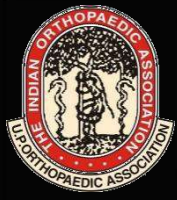




UPOA ARTHROPLASTY COURSE 2025

- 1. Program Name** : 11th UPOA Arthroplasty Course 2025
- 2. Date and Venue** : 24-08-2025 & Kalyan Singh Habitat Center, Aligarh
- 3. Name of Chief Guest** : Dr. Anup Agrawal
- 4. Name of Guest of Honour** : Dr. Atul Srivastava
- 5. Organising Chairman** : Dr. Manoj Mittal
- 6. Organising Secretary** : Dr. Keshav Gupta





UPOA Fellowship Report 2019

UPOA GHAZIABAD INTERNATIONAL FELLOWSHIP

DR. ANKIT VARSHNEY, AGRA

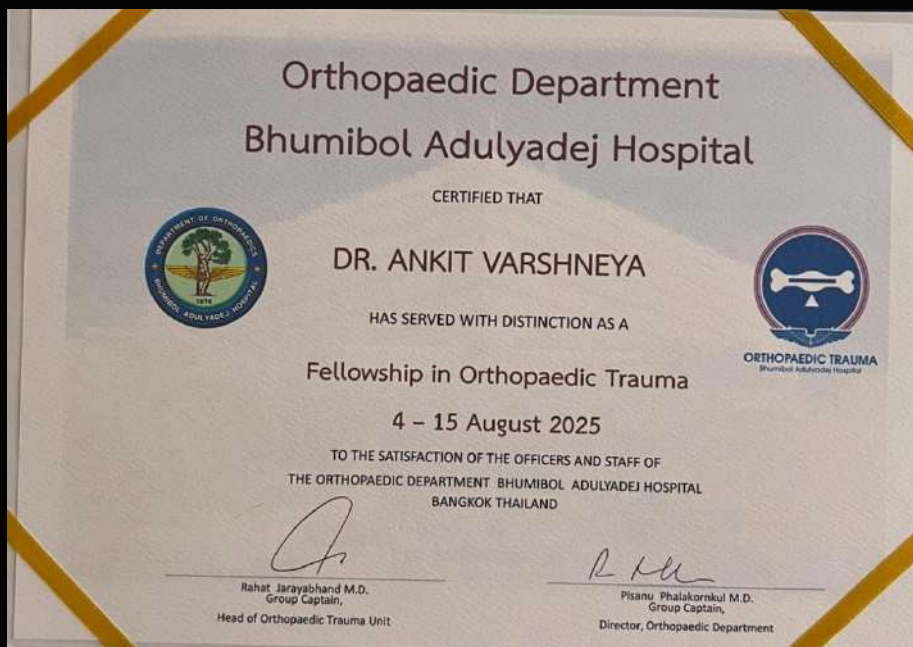
In the ever-evolving field of medical sciences, one truth remains constant: learning never truly ends. As we grow older and busier in our daily practice, finding time to upgrade our skills becomes increasingly challenging. Yet, it's this very commitment to growth that keeps us sharp, relevant, and able to offer the best care to our patients.

Among the many branches of orthopaedic surgery, Pelviacetabular surgery is widely regarded as one of the most complex and demanding. Mastery in this field calls for not just technical skill, but also a deep understanding of anatomy, precision in decision-making, and a dedication to ongoing learning.

To further hone my expertise, I recently took a step back from my regular clinical practice and completed a short-term advanced pelviacetabular surgery fellowship under the esteemed Dr. Rahat Jarayabhand at Bhumibol Adulyadej Hospital in Thailand. This opportunity was made possible through the Ghaziabad International Travelling Fellowship, and I'm deeply grateful for the experience. Working closely with Dr. Jarayabhand and his team, I had the chance to refine my surgical techniques, observe cutting-edge approaches, and discuss complex cases in an academic environment that fosters collaboration and curiosity. The experience was both inspiring and humbling – a reminder of how much there always is to learn, no matter how far along we are in our careers.

During the course of my fellowship, we had lectures of Fragility fractures and management and how to put acetabular screws. I was able to assist him in LC2 screw, SI screw and Pubic rami screw and also in posterior wall and column fracture via KL approach. I also attended with him in his OPD and discussed a number of pelvic fractures cases and discussed about the follow ups.

Stepping out of daily routine to invest in your professional development is never easy – but it's always worth it. I look forward to applying what I've learned to improve patient outcomes and to continue growing, both as a surgeon and a lifelong student of orthopaedics.





UPOA Fellowship Report 2023

UPOA VISITING FELLOWSHIP

DR. SUDHIR SHYAM KUSHWAHA, AIIMS, GORAKHPUR

Institution: [Fortis Mohali]

Fellowship Duration: [11 Jan 2024] – [14 Jan 2024]

Program Director: [Dr. Manit Arora]

1. Introduction:

This report summarizes my experiences and accomplishments during the fellowship at UPOA visiting fellowship 2023-2024 at Fortis Mohali. Over the course of this program, I have enhanced my surgical skills, participated in clinical care, and contributed to academic research.

2. Clinical and Surgical Experience:

- Observed 15 surgeries, including reverse shoulder arthroplasty.
- Participated in daily clinical rounds and inpatient management, improving my ability to handle high-acuity patients.

3. Skills Gained:

- Mastered advanced surgical techniques, including high tibial osteotomy.
- Gained expertise in multidisciplinary collaboration and complex decision-making.
- Enhanced patient-centered care practices and critical thinking.

4. Conclusion:

The fellowship at Fortis Mohali has been a transformative experience. I am grateful for the mentorship provided and confident that the skills I've developed will be invaluable in my future career as an arthroscopic surgeon.





UPOA Fellowship Report 2024

UPOA EXCHANGE FELLOWSHIP

DR. ARMAN KHAN & DR. RITVIK JAIN

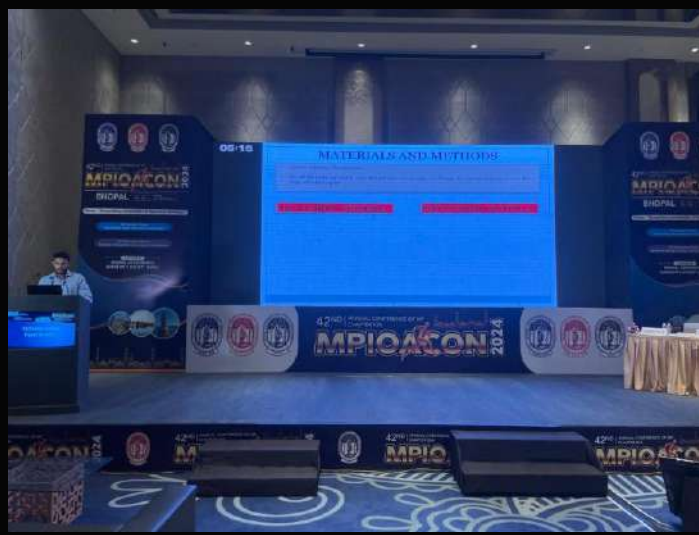
This is my report for the UPOA Exchange Fellowship program which was awarded to me Dr. Ritvik Jain and Dr. Arman Khan on being the Runner Up in the Mid Term Symposium which was held in Gorakhpur on 8th September 2024.

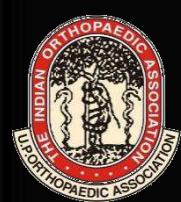
We went to MPIOACON which was held in Bhopal on 27th to 29th September where we also got an opportunity to present a research paper. It was a national level conference where we got an opportunity to interact with which we can say one of the finest minds of orthopaedics in our country and attended their lectures and got to learn from their wisdom.

We also attended hands on workshop on robotic TKR and high tibial osteotomy. The conference was filled with the brightest residents of India and got to witness the newest technologies and instrumentation in the field of orthopaedics in our country.

At the end I would like to thank UPOA and the complete society for the opportunity and will forever in debt for this experience.

Thanking you



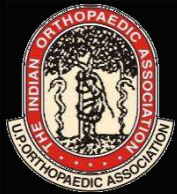


UPOA Fellowship Report 2024

UPOA TRAVELLING FELLOWSHIP

DR. AMIT KUMAR, LUCKNOW





UPOA Fellowship Report 2024

UPOA VISITING FELLOWSHIP

DR. RAVINDRA MOHAN, LUCKNOW



Dr. R. Thanikaivasan
M.S., M.Ch (Cardio Thoracic Surgery),
F.I.C.S., F.I.A.C.S
Director of Medical Education, Medical Superintendent
& Nodal Officer - NBEMS
MIOT Hospitals

05/07/2025

To Whomsoever It May Concern

This is to certify that Dr. Ravindra Mohan, Associate Professor, Department of Orthopaedic Surgery (Trauma), King George's Medical University, Lucknow, Uttar Pradesh has successfully completed his observership in the Department of Spine Surgery in MIOT Hospitals, Chennai, India, from 19/06/2025 to 05/07/2025.

During his training, he evinced keen interest in the professional activities of the Department and interacted well with the concerned doctors and staff.

I wish him success in all his future endeavours.

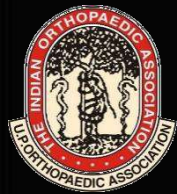
Dr. R. Thanikaivasan

Reg No: 15001

Dr. R. Thanikaivasan
CMIE, MS & Nodal Officer for NBEMS



MIOT Hospitals Private Limited: 4/112, Mount Poonamallee Road, Manapakkam, Chennai - 600 076
Email: chief@miotinternational.com | www.miotinternational.com | GSTIN: 33AAACM2162N1Z



UPOA Fellowship Report 2024

UPOA VISITING FELLOWSHIP

DR. YASHVARDHAN SHARMA, SNMC, AGRA

I am writing to submit a brief report on my UPOA Visiting Fellowship at the Medica Superspeciality Hospital, Kolkata, which I undertook under the mentorship of Dr. Vikash Kapoor. This fellowship took place from 14th to 19th April, 2025.

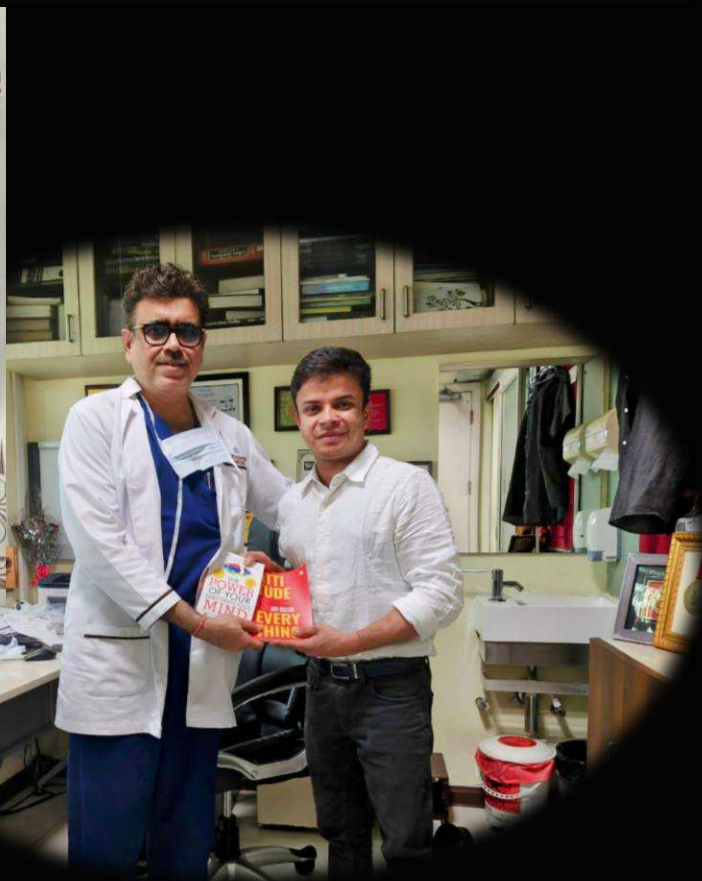
This visiting fellowship has been an incredibly rewarding and enriching experience. I was provided with ample opportunities to observe and participate in a wide range of complex orthopaedic procedures, with a primary focus on robotic knee arthroplasty and knee arthroscopy.

Dr. Vikash Kapoor is an exceptional surgeon and a truly inspiring mentor. His surgical skills, clinical acumen, and dedication to patient care are remarkable. I was particularly impressed by his exceptional ability to connect with patients during his OPD consultations. He was always generous with his time, patiently explaining the nuances of each case and encouraging me to ask questions and actively participate in the discussions. The entire team at Medica Superspeciality Hospital was welcoming and supportive, fostering a conducive learning environment.

Through this fellowship, I have significantly enhanced my understanding of knee arthroscopy and arthroplasty. I am confident that the knowledge and skills I have acquired during this fellowship will be invaluable in my future practice.

I am deeply grateful to UPOA for providing me with this wonderful opportunity. This fellowship has exceeded my expectations and has undoubtedly contributed significantly to my professional development. I am truly thankful for the support and opportunity provided to me.

Thank you once again for this incredible experience.





UPOA Fellowship Report 2024

UPOA VARANASI EXCHANGE FELLOWSHIP

DR. AJAY KUMAR RAJPUT, SAIFAI

Report of Fellowship

Name of Fellowship: Varanasi Exchange Fellowship for the year 2024-2025

Details of Fellow

Name: Dr. AJAY KUMAR RAJPUT
Address: H.NO- 442, YASHODANAGAR, PACHAWATI ROAD, ETAWAH-(U.P.)
Phone No: 9502342414
Email: dr.ajayrajput@gmail.com

Details of Centre

Various Centers in Kolkata & New Delhi
Name: CMRI & JBCH Kolkata, Max Paripatani, Postmus, C.K. Birla, New Delhi
Consultant Name: Dr. Rakesh Rajput, Dr. Rajeev Ramon, Dr. Anil Arora, Dr. C.S. Yadav, Dr. Ashwini, Matchem
Address: Kolkata, & New Delhi
Phone No: 07044070305, 00420244544, 07011200800
Email: 09868478933,

Centre of Fellowship: Kolkata New Delhi
Date of start: 16/03/2025 Date of start - 07/07/2025
Date of finish: 22/03/2025 Date of finish - 11/07/2025
Speciality: Arthroplasty & Arthroscopy Speciality - Arthroplasty

This is to certify that above mentioned fellow have completed his fellowship under my mentorship. He actively participated in the clinical activities during this period.

Signature of Mentor

Signature of fellow

Please submit few photographs also.





UPOA Fellowship Report 2024

UPOA GHAZIABAD NATIONAL FELLOWSHIP

DR. DEVARSHI RASTOGI, KGMU, LUCKNOW

Prof. S. Rajasekaran

M.S., DNB, F.R.C.S.(Ed), M.Ch(UK), FACS, F.R.C.S.(Eng), Ph.D

**Chairman, Department of Orthopaedic & Spine Surgery
Ganga Hospital**

• Adjunct Professor - The Tamilnadu Dr. M.G.R. Medical University

Past Presidents

- Asia-Pacific Spine Society
- SICOT
- Chair, AOSpine International Board
- Chair, International Research Commission - AOSpine
- Cervical Spine Research Society-AP
- International Society for the Study of Lumbar Spine, Canada
- Indian Orthopaedic Association
- Association of Spine Surgeons of India
- Tamilnadu Orthopaedic Association

Honorary Professor 2011-2012

- Royal College of Surgeons of England

22nd January 2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Dr. Devarshi Rastogi**, Lucknow underwent the **Ghaziabad National Fellowship** from **10th January 2025 to 22nd January 2025** in the Department of Arthroplasty, Ganga Hospital, Coimbatore. During this period, he participated in all the activities of the department – assisting patients in outpatient clinics, operating theatres and also in academic meetings.

Prof. S. RAJASEKARAN, Ph.D.,
Chairman - Dept. of Orthopaedics, Trauma & Spine Surgery
Ganga Medical Centre & Hospital Pvt. Ltd.,
313, Mettupalayam Road, Coimbatore - 641 043.
Ph. No: 0422-2485000, 4250000

Prof Dr S Rajasekaran, Ph.D.,

Chairman – Dept of Orthopaedics, Trauma & Spine Surgery



UPOA Fellowship Report 2024

UPOA GHAZIABAD NATIONAL FELLOWSHIP

DR. SANJAY YADAV, IMS, BHU, VARANASI

This report summarizes my observership at Joint and Bone Care Hospital under the mentorship of Dr. Rajiv Raman. The focus of this observership was on advanced arthroscopic techniques, specifically in the context of knee surgery.

During my time at the hospital, I had the opportunity to observe and participate in several key cases, which are outlined below:

1. Arthroscopic Anterior Cruciate Ligament (ACL) Reconstruction

- Procedure Overview: The ACL reconstruction was performed using an arthroscopic approach.
- Techniques Used:
 - Graft Harvesting Technique: The appropriate graft was harvested from the patient's hamstring tendon.
 - Tissue Handling Technique: Emphasis was placed on maintaining the integrity of the graft during the harvesting and preparation process.

2. Ramp Repair of Medial Meniscus

- Procedure Overview: A ramp repair of the medial meniscus was performed utilizing the Scorpion suture passer.
- Techniques Used: The Scorpion suture passer allowed for precise placement of sutures, ensuring effective stabilization of the meniscus.
- Dispensation on the Table: Attention was given to the organization of instruments and materials to enhance efficiency during the procedure.

Key Learning Points

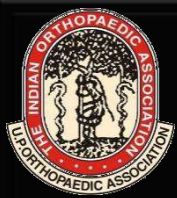
- Suture Techniques: Gained insights into various suture techniques, particularly in the context of meniscal repairs.
- Graft Harvesting and Tissue Handling: Learned the importance of meticulous technique in graft harvesting to ensure optimal outcomes.
- Surgical Workflow: Observed best practices in surgical workflow and intraoperative decision-making.

Conclusion

My observership at Joint and Bone Care Hospital was an invaluable experience that deepened my understanding of arthroscopic surgeries, particularly in knee reconstruction. The mentorship of Dr. Rajiv Raman provided me with practical insights and enhanced my surgical skills.

I am grateful for the opportunity and look forward to applying the knowledge gained during this observership in my future clinical practice.





UPOA Fellowship Report 2024

UPOA GHAZIABAD INTERNATIONAL FELLOWSHIP

DR. ASHANK GUPTA, AGRA

Quill
HEALTHCARE

3rd May 2025

Ref # : CSK-25002

To : Uttar Pradesh Orthopaedic Association

Attention : Ghaziabad International Travelling Fellowship

Dear Sir,

Re : DR ASHANK GUPTA

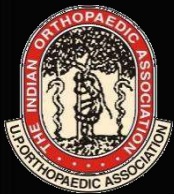
It has been my great pleasure to host your Fellow Dr. Ashank Gupta at my Center from 28th April to 3rd May 2025. He has attended my cases and learned aspects in arthroplasty and rehabilitation during this period.

He has been a good companion and a keen learner.

Kind regards,

Prof Dr David Choon Siew Kit
Past President Asia Pacific Orthopaedic Association
President Asia Pacific Arthroplasty Association





UPOA Fellowship Report 2024

UPOA GHAZIABAD INTERNATIONAL FELLOWSHIP

DR. DEEPAK KUMAR, KGMU, LUCKNOW

I am grateful to the UPOA office for selecting me for this prestigious fellowship.

I contacted Dr Kukuh Dwiputra Hernugrahanto, a Reknowned Hip and Knee surgeon of Indonesia and Secretary of Asia Pacific Arthroplasty Society.

He was kind enough to allow me to visit his department at Dr. Soetomo General Academic Hospital, Faculty of Medicine University of Ailangga, Surabaya, Indonesia.

I reached Surabaya on 29/06/2025 and he personally hosted me for a welcome dinner that night and discussed with me my expectations with this Fellowship. He programmed my fellowship in such a way that I could interact and assist other renowned surgeons also. I actively assisted some interesting cases of revision and complex hip and knee arthroplasty, one case of arthroplasty shoulder and an interesting and rare surgery of Sacrectomy for a case of Chordoma Sacrum.

I was invited to the academic discussions of the department and got an opportunity to interact with HOD Dr Tri Wahyu Martanto, Dr M. Zaim Chilmi, Dr Mohammad Hardian Basuki, Dr Jifaldi and other consultants and fellows.

As per my interest Dr Kukuh arranged a meeting with Dr Heri Suroto, a senior Upper extremity and microsurgical reconstruction surgeon and Director of the oldest Tissue bank of Indonesia. He was kind enough to show me his facility and the process of bone banking.

Dr Kukuh made me feel very comfortable during my stay. On weekend I did some shopping for my family, visited local markets and enjoyed local delicacies. I was pampered with good meals, gifts and mementos by the Department on last day and after a week of learning about skills and knowledge in field of Arthroplasty, Orthopaedic Oncology and Tissue banking I flew back to Lucknow with sweet memories of the vibrant city of Surabaya.

At last, I again want to express my gratitude to our Association for giving me this learning opportunity.





UPOA Fellowship Report 2024

UPOA KGMU PAEDIATRICS ORTHOPAEDIC FELLOWSHIP

DR. PRAKHAR MISHRA, KANPUR

Annexure: 4

Report of Fellowship

Name of Fellowship: UPOA KGMU Paediatric Orthopaedics Fellowship

Details of Fellow

Name: Dr. PRAKHAR MISHRA
Address: 154/6, J.R. COLONY, JAJMAU, KANPUR, U.P.
Phone No: 9532833321
Email: prakhar.mishra.95@gmail.com

Details of Centre

Name: KGMU, Department of Paediatric Orthopaedics.
Consultant Name: Dr. SURESH CHAND (MS, DNB)
Address: KGMU, Lucknow
Phone No: 6307261830
Email: sureshchandra@gmail.com

Centre of Fellowship:

Date of Start: 01/01/2025
Date of Finish: 15/01/2025
Speciality: Paediatric Orthopaedics

This is to certify that above mentioned fellow have completed his fellowship under my mentorship. He actively participated in the clinical activities during this period.

Signature of Mentor
Signature of fellow

Dr. SURESH CHAND
MS, DNB, Fellowship (Paed. Ortho.)
Assistant Professor
Dept. of Paediatric Orthopaedics
KGMU Lucknow

Annexure: 4

Report of Fellowship

Name of Fellowship: UPOA KGMU Paediatric Orthopaedics Fellowship

Details of Fellow

Name: Dr. PRAKHAR MISHRA
Address: 154/6, J.R. COLONY, JAJMAU, KANPUR, 208002
Phone No: 9532833321
Email: prakhar.mishra.95@gmail.com

Details of Centre

Name: DEPARTMENT OF PAEDIATRIC ORTHOPAEDICS, KANPUR, LUCKNOW
Consultant Name: Dr. VIKAS VERMA (MCh, DNB, PhD)
Address: DEPARTMENT OF PAEDIATRIC ORTHOPAEDICS, KANPUR, LUCKNOW
Phone No: 7839317083
Email: surajivikash@gmail.com

Centre of Fellowship:

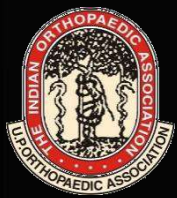
Date of Start: 01/01/2025
Date of Finish: 15/01/2025
Speciality: PAEDIATRIC ORTHOPAEDICS

This is to certify that above mentioned fellow have completed his fellowship under my mentorship. He actively participated in the clinical activities during this period.

Signature of Mentor
Signature of fellow

Dr. VIKAS VERMA
MCh (Orthopaedics), PhD
Assistant Professor & Head
Department of Paediatric Orthopaedics
KGMU Lucknow





UPOA Fellowship Report 2024

UPOA KGMU PAEDIATRICS ORTHOPAEDIC FELLOWSHIP

DR. RAJEEV KUMAR, SAIFAI



Department of Paediatric Orthopaedics
King George's Medical University, Lucknow

Ref.No. 7787 Paed. Ortho/25

Dated: 29/05/2025

CERTIFICATE OF EXPERIENCE

TO WHOM IT MAY CONCERN

This is to certify that **Dr. Rajeev Kumar** successfully completed a 15-day fellowship in Pediatric Orthopedics under the Uttar Pradesh Orthopedic Association (UPOA) fellowship program at King George's Medical University, Lucknow.

Duration: 16th May 2025 to 29th May 2025

During his tenure, Dr. Rajeev actively participated in various academic activities, including:

- Attending Outpatient Department (OPD) sessions and plaster room duty.
- Observing surgical procedures in the Operation Theater (OT)
- Managing emergency cases.

His conduct was found to be good, and he demonstrated a keen interest in learning pediatric orthopedic procedures.

We wish Dr. Rajeev the best of luck in his future endeavors and hope that the experience gained during his observership will benefit his professional growth.

Sincerely,

[Signature]
Dr. Vikas Verma
Head of Department
Department of Paediatric Orthopedics
King George's Medical University
Lucknow

Annexure: 4

Report of Fellowship

Name of Fellowship:

Details of Fellow

Name:-	DR RAJEEV KUMAR
Address:-	FLAT NO- 302, TYPE-IV MULTISTOREY NEW CAMPUS, UPMVS, SAIFAI, U.P.
Phone No:-	9970651260
Email:-	rajeevips@gmail.com

Details of Centre

Name:-	DEPT OF PEDIATRIC ORTHOPAEDICS, KGMU, LUCKNOW
Consultant Name:-	DR VIKAS VERMA
Address:-	DEPT. OF PEDIATRIC ORTHOPAEDICS, KGMU, LUCKNOW
Phone No:-	7832317083
Email:-	surgeonvikas@yahoo.co.in

Centre of Fellowship:

Date of Start:- 16/05/2025

Date of Finish:- 29/05/2025

Speciality:- PEDIATRIC ORTHOPAEDICS

This is to certify that above mentioned fellow have completed his fellowship under my mentorship. He actively participated in the clinical activities during this period.

Signature of Mentor

[Signature]

[Signature]
Signature of fellow





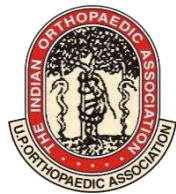
UPOA Fellowship Report 2024

UPOA KGMU TRAUMA FELLOWSHIP

DR. DEVANSHU MOHANIYA, AGRA

My experience of the fellowship- I had a wonderful experience in the fellowship by scrubbing with best surgeons in all the fields of orthopaedics be it trauma / arthroscopy/ arthroplasty / spine. I had the opportunity to see the toughest of cases where the consultants shared their experiences and told me the tips and tricks of each specialty.





RESEARCH GRANT CRITERIA

PROFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant
Address
Present designation
Email id
Mobile no.
UPOA membership no.
IOA membership no.

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

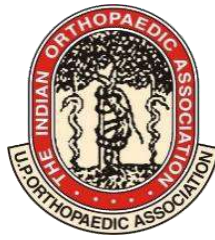
Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

Submission of proposed project details along with Proforma is mandatory.



Maximum Marks = 100

- 1. Post Graduate Qualifications in Orthopaedics** **5 Marks**
Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth). (2 Marks Each)
Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH. (1 Mark Each)
- 2. Experience** **10 Marks**
Year After PG Qualifications 1 Mark Year Maximum Marks 7
Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year Maximum Marks 3
- 3. Publications** **20 Marks**
 - 1. Indexed Journal / IJO** Maximum 15 Marks
As Main Author 5 Marks per Publications
As Co-author 3 Marks per Publications
 - 11. Books** Maximum 5 Marks
As Main Author Per Book 5 Marks
As Associate Author Per Book 2.5 Marks
As Editor / Author of Monograph Per Book 5 Marks
As Contributing Author Per Book Chapter 2.5 Marks
As Co-author Per Book Chapter 2.5 Marks
- 4. Papers / Posters Presented Personally** **10 Marks**
International Conferences Abroad 3 Marks Per Paper / Poster
International Conferences in India / IOACON 2 Marks Per Paper / 1 Mark Per Poster
Subspeciality / State Chapter Conferences 1 Mark Per Paper / ½ Mark Per Poster
- 5. Guest Lectures / Lectures at CME / Workshops** **8 Marks**
International Conferences Abroad 4 Marks Per Lecture
International Conferences in India 4 Marks Per Lecture
IOACON/ Subspeciality / State Chapter Conferences 2 Marks Per Lecture
- 6. Research Projects Completed** **7 Marks**
Funded By an International/National Agency, Government Organization or University. 3.5 Marks Per Completed Project
- 7. Conferences Attended** **5 Marks**
International Conferences Abroad 2 Marks Per Conference
International Conferences in India / IOACON 1 Mark Per Conference
Subspeciality / State Chapter Conferences ½ Mark Per Conference
- 8. Organizational** **5 Marks**
Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. 2 Marks / Post Held
Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization. 1 Mark / Post Held
- 9. Medals. Prizes and Awards in Orthopaedics** **5 Marks**
IOA Medal. Prize or Award 2 Marks
Subspeciality / University / National / International Organization / others 1 Mark Each
- 10. Summarize in 150 words why your project should be considered for research Grant?** **25 Marks**
Points to be checked while analyzing the attached project
 - a) Originality / Innovation
 - b) Publications from project submitted
 - c) Honesty
 - d) Financial involvement
 - e) Scope and Usefulness to society

(Please attach the details of proposed project)





UPOA FELLOWSHIP FORM

<https://docs.google.com/forms/d/e/1FAIpQLScJ-FDouTT0mwsnH4fPqJvUCY63pAIDcDzIRSfDXr1LYIKilg/viewform?usp=header>

Fellowships	No. of fellowship Available	Tick the fellowship applied for
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship	2	
Lucknow Pune Exchange Fellowship	2	
UPOA Varanasi Exchange Fellowship	1	
UPOA Ghaziabad National Fellowship	2	
UPOA Ghaziabad International Fellowship	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	
UPOA KGMU Trauma Fellowship	2	
UPOA Chhattisgarh Exchange Fellowship	2	
Dr. U.S. Mishra International Fellowship	1	
Dr. S.A. Sadiq International Fellowship	1	
Dr. R.K. Shukla International Fellowship	1	
Dr. R.C. Gupta International Fellowship	1	

1. Name
2. Age / Date of Birth
3. Designation
4. Membership No. of UPOA
5. Membership No. of IOA
6. Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	

7. Number of conferences attended (Attach List)
UPCON / IOACON / International
8. Number of papers personally presented at
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience
12. Any other academic awards / activities /
Related information

Date

Signature

Address

Phone Number

Mobile

Email

The last date for receipt of application forms is 30th July
Visit website www.upoa.net for more details & download fellowship application form
Send your applications forms with all relevant attachments to

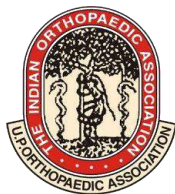
Dr. Amit Jaiswal

Secretariat Address- D 58/7-38 Bhagwandas Colony Rathyatra, Orthomax Hospital, Varanasi, 221010

Secretariat Ph. No. : 9415087330

UPOA Office No. : 9415679511

Email : upoaooffice@gmail.com



UPOA Membership Form

PHOTO

To
Dr. Amit Jaiswal,
Honorary Secretary,
U.P. Orthopaedic Association,
Secretariat Address- D 58/7-38 Bhagwandas colony Rathyatra, Orthomax Hospital, Varanasi, 221010
Phone: 9415087330, 9415679511
E-mail: upoaoffice@gmail.com

Dear Sir,
I wish to apply for the Life/Associate Membership of UP Orthopaedic Association.

Name.....
Date of Birth PAN No..... Aadhar Card No.....
Address
.....Telephone.....
Mobile..... E-mail:

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			

Present Status.....

Membership No. IOA:

Payment Details

Account Name: U.P. Orthopaedic Association
Bank: State Bank of India
Account No: 30323729681
Branch: Lucknow Main Branch
IFSC: SBIN0000125

DD/Cheque No/Online Transaction No..... Bank Name.....

Amount..... Date.....

DD/Cheque/Online Transaction in Favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
Proposed by			
Seconded by			

Date.....

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA

The Membership Fees for Life Member is Rs. 4000/- and Associate Member is Rs. 500/-.

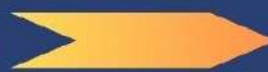
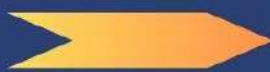
Please attach:

- Please Sent the membership application Form and Demand Draft at the abovementioned address only.
- Certified Photocopy of the PG Degree/ Diploma to be sent along transaction details with Application Form.
- Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.



UTTAR PRADESH ORTHOPAEDIC ASSOCIATION (UPOA)

**YOUR UPOA MEMBERSHIP
IS JUST A CLICK AWAY**



Membership Benefits

- 1. Concessional participation fee in UPOA conferences and other related academic activity.*
- 2. Concessional participation fee in various UPOA hands on workshops.*
- 3. UPOA Fellowships - sea of learning opportunities under the guidance of masters in the field of orthopaedics.*
- 4. UPOA Official Journal JBJD - opportunity to publish your original research work in peer reviewed journal.*
- 5. Opportunity to Gold Medal Session in Annual Conference.*
- 6. Social activities through Bone and Joint Day.*
- 7. Grant for research in the field of orthopaedics.*
- 8. Present scientific papers in conferences of UPOA.*
- 9. Vote in the elections of UPOA and to participate in the General Body Meetings.*
- 10. Leadership opportunity - contest in the elections of UPOA.*
- 11. Access to UPOA news letters.*
- 12. Access to UPOA Journal JBJD.*

President UPOA
Dr. Piyush Kumar Misra

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Dr. Amit Jaiswal

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- National conference presentations

<https://ioaindia.org/Webview/NewMember>

