

UPOA TIMES



Vol. 25 Issue 01

(JANUARY 2025 – April 2025)

NEWS LETTER OF UP ORTHOPAEDIC ASSOCIATION

Registered Under the Societies Act 21/1860,

Reg. No 1102/1999-2000

IOA PRESIDENT THEME

OLD is GOLD

360° Care for Elderly

Ensuring Mobility, Dignity, Longevity

UPOA PRESIDENT THEME

Bridging Tradition and Technology for Better Care



Dr. Piyush Kumar Misra

President – U.P. Orthopaedic Association

Dr. Amit Jaiswal

Honorary Secretary – U.P. Orthopaedic Association

Secretariat Address- D 58/7-38 Bhagwandas
Colony Rathyatra, Orthomax Hospital,
Varanasi, 221010

Secretariat Ph. : 9415087330

UPOA Office No : 9415679511

Email : upoaooffice@gmail.com



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UPOA EXECUTIVE COMMITTEE

2025 – 2026



Dr Piyush Kumar Misra
President UPOA



Dr Santosh Singh
President Elect, UPOA



Dr Amit Jaiswal
Secretary UPOA



Dr K.D. Tripathi
Imm. Past President UPOA



Dr Vinod Pagrani
Vice President, UPOA



Dr Ravi Garg
Vice President, UPOA



Dr Amrit Goyal
Treasurer UPOA



Dr Deepak Kumar
Editor JBJD UPOA



Dr Sanjay Yadav
Quiz Master UPOA



Dr Brijesh Sharma
Joint Secretary UPOA



Dr Chandan Kumar
Joint Secretary UPOA



Dr Shah Waliullah
Joint Secretary UPOA



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UPOA EXECUTIVE COMMITTEE

2025 – 2026



Dr Amit Mishra
Member Executive UPOA



Dr Akshat Chandra
Member Executive UPOA



Dr Raghavendra Tripathi
Member Executive UPOA



Dr Praveen Kumar
Member Executive UPOA



Dr Rajat Kapoor
Member Executive UPOA



Dr Rizwan Khan
Member Executive UPOA



Dr Anupam Srivastava
Member Executive UPOA



Dr K.S. Dinkar
Member Executive UPOA



Dr Sunil Kumar
Member Executive UPOA



Dr Sanjiv Kumar
Web Master UPOA



Dr Apoorva Agrawal
IOA Representative



Dr Maneeshi Bansal
IOA Representative



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UPOA

PRESIDENT'S MESSAGE

Dear Esteemed Seniors, Friends, Colleagues and Members of the UPOA,

It is with great honor and humility that I step into the role of President of the Uttar Pradesh Orthopaedic Association. As we embark on this journey together, our collective vision must be to **blend the wisdom of tradition with the advancements of modern technology**, ensuring the highest standards of orthopaedic care for our patients.

Orthopaedics has always been a field where experience, skill, and innovation come together. While we cherish the **foundational principles and teachings of our mentors**, we must also embrace the **latest advancements in surgical techniques, digital healthcare, and research**. The theme for my tenure—**"Bridging Tradition and Technology for Better Care"**—reflects this philosophy, emphasizing a **harmonious integration of knowledge and innovation**.

Our Key Focus Areas:

- ✓ **Education & Skill Enhancement** – Strengthening academic programs, surgical training, and mentorship to empower young orthopaedic surgeons.
- ✓ **Innovation & Research** – Encouraging evidence-based practices and incorporating cutting-edge technologies like robotics, AI, and regenerative medicine.
- ✓ **Collaboration & Growth** – Fostering stronger ties within the medical community, industry and policymakers to improve orthopaedic services in Uttar Pradesh.
- ✓ **Patient-Centered Care** – Ensuring that every advancement ultimately leads to **better patient outcomes, faster recovery, and improved quality of life**.

Together, we will honor the legacy of our predecessors while embracing the **future of orthopaedics with confidence and commitment**. I look forward to working alongside each of you to **uplift our association, strengthen our profession, and transform patient care**.

Let's step forward **together**—**preserving the best of the past and pioneering the future!**

DR. PIYUSH KUMAR MISRA
PRESIDENT UPOA
PRAYAGRAJ



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UPOA

SECRETARY'S MESSAGE

Dear Friends,

As the Secretary of the Uttar Pradesh Orthopaedic Association (UPOA), I am committed to promoting bone and joint health for all. Orthopaedic issues, such as arthritis, fractures, and spinal problems, can significantly impact daily life, but with the right care and awareness, we can prevent and manage them effectively.

Our association is dedicated to spreading awareness about bone health, encouraging early diagnosis, and providing the best treatment options. I urge you to prioritize a healthy lifestyle, regular exercise, and timely medical consultation to keep your bones and joints strong.

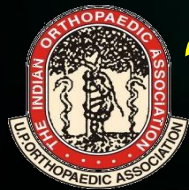
Together, let's build a healthier future with better mobility and a pain-free life. Stay active, stay healthy!

DR. AMIT JAISWAL
SECRETARY UPOA
VARANASI



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UPOA City Clubs

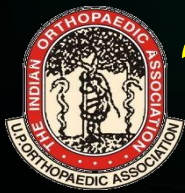
2025-2026

CITY	PRESIDENT	SECRETARY
AGRA	Dr. Atul Agrawal dratulagarwal@rediffmail.com Mob- 9412893294	Dr. Anupam Gupta anupamagrains@gmail.com Mob- 9412258144
ALIGARH	Dr. Deepak Kumar drdeepakkumarcool@gmail.com Mob- 9837012455	Dr. Keshav Gupta drkeshavgupta@gmail.com Mob- 9897198719
AYODHYA	Dr. Anil Kumar anil.renumemorial@gmail.com Mob- 9415048261	Dr. G. K. Pandey govindgkpandey@gmail.com Mob- 9415058337
BAREILLY	Dr. Vinod Pagrani drvinodpagrani@rediffmail.com Mob- 9412885815	Dr. Alok Sharma dr.aloksharmably.70@gmail.com Mob- 9837025380
BASTI	Dr. Satyendra Rai satyendra.raii9@gmail.com Mob- 9415037909	Dr. Sanjay Kumar Arora skarora08@rediffmail.com Mob- 9839887473
DEORIA	Dr. S. K. Anand santosh_anand15@rediffmail.com Mob- 9670225997	Dr. Mohd Arif arifmd4242@gmail.com Mob- 9598001123
FIROZABAD	Dr. Jagdish Mittal jmittal30@gmail.com Mob- 9897085050	Dr. Vipul Agarwal sarinavipul@yahoo.com Mob- 8171207989
GHAZIABAD	Dr. Amit Dwivedi dramitdwivedi@yahoo.in Mob- 7531889303	Dr. Manu Gautam Dr.manugautam@gmail.com Mob- 9999770805
GORAKHPUR	Dr. B.B. Tripathi drbbtripathi11@gmail.com Mob- 9721222336	Dr. Amit Mishra mishradramit@gmail.com Mob- 9415154480
HATHRAS	Dr. K.K. Varshney kamal16@gmail.com Mob- 9837107959	Dr. R.K. Singh kinkersinghram@gmail.com Mob- 9627193971
JHANSI	Dr. Sanjay Tripathi drsandita06@yahoo.com Mob- 9839777166	Dr. Mayank Bansal drmayankbansal@gmail.com Mob- 9415112411
KANPUR	Dr. Nirbhay Saxena nirbhaysaxena@yahoo.com Mob- 9839034944	Dr. Ajeet Tiwari kanpurhandclinic@gmail.com Mob- 9140599481



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UPOA City Clubs

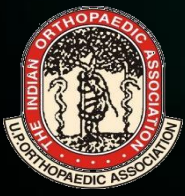
2025-2026

CITY	PRESIDENT	SECRETARY
LUCKNOW	Dr. Santosh Singh orthosantosh@yahoo.co.in Mob- 9918238999	Dr. Sanjiv Kumar sanjeevkumar98@gmail.com Mob- 9695539134
MEERUT	Prof. Parvez Ahmad drahmedparvez@yahoo.com Mob- 9412025121	Dr. Kritesh Mishra mishrakritesh@gmail.com Mob- 7906665765
MORADABAD	Dr. Najamul Huda hudanajamul@gmail.com Mob- 9837119336	Dr. Shobhit chit1bit@yahoo.com Mob- 8318914945
MUZAFFAR NAGAR	Dr. Vinit Minocha m_vinit@hotmail.com Mob- 9897242355	Dr. Siddhartha Goel goelxrayofficial@gmail.com Mob- 9997040448
MATHURA	Dr. Adesh Sharma adeshsharma123@gmail.com Mob- 8958596128	Dr. Bhaskar Tiwari drbhaskartiwariortho@gmail.com Mob- 8808585765
PRAYAGRAJ	Dr. Rakesh Chandra dr.rakeshchandra@yahoo.com Mob- 9415214703	Dr. Nimish Agrawal drnimishag@gmail.com Mob- 7007758570
RAEBARELI	Dr. Gaurav Kumar Upadhya raebareliirthopaedicclub@gmail.com Mob- 9891085913	
SAIFAI	Dr. R.S. Yadav dayalortho@gmail.com Mob- 9410045241	Dr. Ajay Kumar Rajput dr.ajayrajput@gmail.com Mob- 9582342414
SAHARANPUR	Dr. Shashi Kant Saini 24shashikant@gmail.com Mob- 9319388182	Dr. Mukunth Rajagopalan mukunth.delhi@gmail.com Mob- 9953567998
SULTANPUR	Dr. Siddiqui Qadeer Ahmed drqas2001@yahoo.co.in Mob- 9415046279	Dr. Amol Rebello dramol2002@gmail.com Mob- 9598473459
VARANASI	Dr. Harish Chandra Agarwal agarwalharish41@gmail.com Mob- 7275593124	Dr. Sanjay Yadav drsanjay.pgi@gmail.com Mob- 9560754591



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GUIDELINES FOR THE OFFICIAL ACADEMIC EVENTS OF UPOA

1. The date & venue should be decided and informed to UPOA Office earliest. So that it can be displayed on website.
2. The date should not coincide with other important official events of IOA and major festivals of UP.
3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
4. The event may not be organized under aegis of another association.
5. Flier should include- names of UPOA president, UPOA president elect and UPOA secretary with organising chairman and organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & City Club Emblem.
 - b. IOA Presidential Theme- **OLD is GOLD I 360° Care for Elderly I Ensuring Mobility, Dignity, Longevity.**
 - c. UPOA Presidential Theme- **Bridging Tradition and Technology for Better Care** it should be mentioned below IOA President Theme.
 - d. Names and Photos of UPOA President, President Elect & Secretary.
 - e. Scientific Programme
 - f. Local organizing committee
 - g. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 4 weeks prior to the event.
8. The President, President Elect and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. Incase the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize on their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
10. INAUGURAL FUNCTION PROTOCOL (for any clarification please call UPOA Secretary)
 - i. The inaugural function should preferably be finished within 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Person of eminence in the field of Orthopaedics should preferably be invited as the guest of honour.
 - iv. President IOA / President Elect IOA / Vice President IOA / Secretary IOA (in preferential order) may be invited as a Chief guest.
 - v. During the inaugural function, the number of persons on the dais should not be more than 9. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on the dais during the inaugural function.
 - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in a educational institution to accommodate the appropriate university / college dignitaries.
 - vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
 - viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.



- ix. The Master of ceremony will conduct the inaugural function in following-
- Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - Lighting of Lamp
 - Welcome Address by Organising Chairman.
 - UPOA Secretary's report/speech.
 - UPOA Presidential address
 - Guest of Honour's address
 - Address by chief guest
 - Vote of Thanks by organising Secretary
 - National Anthem.
11. Event contribution to UPOA will be minimum 8% of total collection of registration and sponsorship charges (to be collected on behalf of the course).
12. **Details of Bank Account of UPOA**
- Account Name: U.P. Orthopaedic Association**
Bank: State Bank Of India
Account No: 30323729681
Branch: Lucknow Main Branch
Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001
IFSC: SBIN0000125
13. Report with photographs to be sent to secretary within 15 days of the event.
Short Report for UPOA Times – in following headings preferably, within 15 days
1. Program name
 2. Date And Venue
 3. Number of Delegates
 4. Name of Chief Guest
 5. Name of guest of honour
 6. Any award given
 7. Special invites
 8. Any Remarks
 9. Few Photos
14. Certificates (Delegates and Faculty) should:
- a. Have logo of UPOA
 - b. Be signed by President and Secretary UPOA, org chairman and org secretary.
15. Banner should have logo of UPOA.
16. The organizing secretary should be present in the Inaugural Function of the subsequent UPORTHOCN, to receive the certificate of appreciation.
17. **Faculty selection should be done in consultation with scientific committee and UPOA Officials, do not commit to any faculty without UPOA approval. For faculty selection encourage members of UPOA.**
18. Outside UP faculty should not be more than 50%.
19. Apply for MCI accreditation points.
20. MTS Audited Report should be presented in Next UPORTHOCN and Audited Report of UPORTHOCN should be presented in next MTS by the Organising Secretary (or by the Organising Chairman).
21. Any other information will be sent to you time to time as decided by EC.

Dr Piyush Kumar Misra
UPOA President

Dr Amit Jaiswal
UPOA Secretary



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GUIDELINES FOR THE ACADEMIC EVENTS TO BE CONDUCTED UNDER THE AEGIS OF UPOA

1. The Organizing Secretary must obtain, through an email, prior permission from the UPOA Secretary, at least a month before the event to ensure the availability of office bearers.
2. The dates should not coincide with other important official events of the IOA and UPOA.
3. A copy of the e-brochure should be sent to the UPOA Secretary for approval before it is circulated amongst the members. This is to ensure that all protocols are adhered too.
4. The event may not be organized under aegis of another association in addition to the UPOA (may be associated with other associations).
5. Flier should include- names of UPOA president, president elect and secretary with organising chairman and organising secretary, local club president and secretary.
6. The brochure should contain:
 - a. UPOA & City Club Emblem.
 - b. IOA Presidential Theme- **OLD is GOLD | 360° Care for Elderly | Ensuring Mobility, Dignity, Longevity.**
 - c. UPOA Presidential Theme- **Bridging Tradition and Technology for Better Care** it should be mentioned below IOA President Theme.
 - d. "Under the aegis of U.P. Orthopaedic Association" should be written prominently (Below the title of program).
 - e. Names and Photos of UPOA President, President Elect & Secretary.
 - f. Scientific Programme
 - g. Local organizing committee
 - h. Office bearers of the local orthopaedic club
7. All members of UPOA should be informed by electronic media: Email, SMS, WhatsApp, & social media at least 2 weeks prior to the event.
8. The President and Secretary UPOA should be invited well in advance and their stay and local hospitality should be taken care of by the organisers.
9. In case the President / Secretary are unable to attend, they will nominate either the President Elect or one of the Vice President/ any other office bearers of UPOA to deputize on their behalf. In such a scenario, the nominated officer shall be offered the same hospitality and position on the dais as the UPOA President/ Secretary.
10. INAUGURAL FUNCTION PROTOCOL (for any clarification please call UPOA Secretary)
 - i. The inaugural function should preferably be finished within 30 minutes.
 - ii. The function shall be presided by the President of the U.P. Orthopaedic Association
 - iii. Person of eminence in the field of Orthopaedics should preferably be invited as a chief guest to inaugurate the conference.
 - iv. President IOA / Secretary IOA / Vice President IOA (in preferential order) should be/may be invited as a guest of honour.
 - v. During the inaugural function, the number of persons on the dais should not be more than 9. The President, Chief Guest, Guest of honour, President Elect, Secretary, Organising Chairman, Organising Secretary and President & Secretary of Local Orthopaedic Club should be on dais during the inaugural function.
 - vi. The dais may be expanded to 11 persons in the extra-ordinary circumstances if the event is being held in educational institution to accommodate the appropriate university / college dignitaries.



- vii. The first row in the conference hall during the event shall be reserved to the Dignitaries.
- viii. Master of the Ceremony should be nominated by the organising secretary to conduct the inaugural function.
- ix. The Master of ceremony will conduct the inaugural function in following-
 - a. Invocation- president UPOA, chief guest, guest of honour, president elect UPOA, secretary UPOA, president and secretary of local orthopaedic club, organising chairman and organising secretary.
 - b. Lighting of Lamp
 - c. Welcome Address by Chairman organising committee.
 - d. Secretary's report/speech.
 - e. Presidential address
 - f. Guest of Honour's address
 - g. Address by chief guest
 - h. Vote of Thanks by organising Secretary
 - i. National Anthem.
11. A compulsory contribution of Rs 5000 shall be made to the UPOA before the event or Cheque/ DD should be handed over to who so ever would attend from UPOA office (or can do online transfer).

Details of Bank Account of UPOA
Account Name: U.P. Orthopaedic Association
Bank: State Bank of India
Account No: 30323729681
Branch: Lucknow Main Branch
Tarawali Kothi, Moti mahal Marg, Hazratganj, Lucknow :226001
IFSC: SBIN0000125
12. Report with photographs to be sent to secretary within 15 days of the event.

Short Report for UPOA Times – in following headings preferably, within 15 days

 - i. Program name
 - ii. Date And Venue
 - iii. Number of Delegates
 - iv. Name of Chief Guest
 - v. Name of guest of honour
 - vi. Any award given
 - vii. Special invitees
 - viii. Any Remarks
 - ix. Few Photos
13. Certificates (Delegates and Faculty) should:
 - Have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
 - Be signed by President and Secretary UPOA, president and secretary of local orthopaedic club, org. chairman and org. secretary.
14. Banner should have logo of UPOA and mentioned under the aegis of U.P. Orthopaedic Association prominently.
15. Scientific program must not be less than 4 hours duration.
16. The organizing secretary should be presented in the GBM of the subsequent UPORTHOCN, to receive the certificate of appreciation.
17. Faculty selection should encourage members of UPOA.
18. Apply for MCI accreditation points.

Dr Piyush Kumar Misra
UPOA President

Dr Amit Jaiswal
UPOA Secretary



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CATEGORIES FOR CITY CLUB AWARDS

Award	Eligible City Club			
1. Dr K.P. Srivastava Trophy	Above 75 members (8)			
	Agra	(156)	Kanpur	(142)
	Lucknow	(352)	Varanasi	(148)
	Ghaziabad	(103)	Prayagraj	(109)
	Meerut	(84)	Gorakhpur	(77)
2. Dr M.K. Goel Trophy	51 to 75 members (2)			
	Aligarh	(75)	Bareilly	(58)
3. Dhanendra Prasad Bhagwati Devi Trophy	26 to 50 members (4)			
	Moradabad	(30)	Jhansi	(37)
	Mathura	(29)	Muzaffarnagar	(27)
4. UPOA Trophy	1 to 25 members (9)			
	Basti	(12)	Deoria	(16)
	Saifai	(25)	Ayodhya	(18)
	Hathras	(10)	Sultanpur	(17)
	Saharanpur	(24)	Firozabad	(21)
	Raebareli	(21)		

CRITERIA FOR BEST CITY CLUB AWARDS

CITY CLUB AWARDS

ACTIVITIES FROM 1 JANUARY 2025 TILL 31 DECEMBER 2025
(REPORT TO BE SUBMITTED by 10 January 2026 ,5.00 PM)

Name of City:

Name of President:

Phone No:

Email:

Name of Secretary:

Phone No:

Email:

Total No of members in City Chapter:

Total No of UPOA members in City Chapter:

Total No of IOA members in City Chapter:

Kindly tick for the category for which you are eligible

Dr K.P. Srivastava Trophy (>75)		Dr M.K. Goel Trophy (51-75)	
Dhanendra Prasad Bhagwati Devi Mem. Trophy (26-50)		UPOA Trophy (<25)	

	Membership		30	Numbers added	Marks
A	Increase in number of members of UPOA	1 point for every new member	10		
B	Increase in number of members of IOA	2 points for every new member	20		



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C	Academic Activities organised by the club (Name with number of delegates attach as pdf in seperate zip file)	55	No of activities	Marks
1	National Conference (IOACON)	15		
2	UPOTHOCON / National Conference of Sub -speciality Group of IOA	10		
3	Mid Term Symposium	6		
4	UPOA official courses	4		
5	Under the aegis of UPOA - Instructional Courses / CME / Hands on Workshop (2 point per programme)	10		
6	PG Course	4		
7	Clinical club Meetings - 0.5 points for each meeting	6		

D	Academic achievement of Members of the club (National & International)	30	No of Lectures	Marks
1	Guest lecture in National & International Conferences - 2 point per presentation	10		
2	Guest lecture in UPOTHOCON - 1 point per presentation	4		
3	Paper presentation in National & International Conference -1 point per presentation	4		
4	Paper presentation in UPOTHOCON - 0.5 point per presentation	2		
5	Awards & honours from orthopaedics societies	2		
6	Elections to higher posts in either IOA or other National/International association (P/S=2; VP/E/T=1, E=0.5)	4		
7	Inventions (techniques, instruments, implants)	2		
8	Academic Literature (writing, editing, translating)	2		

		35	
E	Regular Election of Office Bearers (Reporting of Activities to Secretary UPOA)	6	
F	Bone & Joint Day Activities	25	
G	Chapter contribution to UPOA (5000-20000 Rs = 2 points)	4	

TOTAL MARKS OBTAINED:

NOTE:

1. Total Maximum Marks are **150**
2. To be eligible for the Award, the City chapter must have submitted its annual report on time (by 10th January 2026, 5.00 pm)
3. While computing points if the figure is not in round figures, then the next higher digit should be awarded, say 1.5 should be counted as 2
4. Please Fill the above form and send to upoaooffice@gmail.com as separate sheet
5. Send proof of all activities as attachments marked as A, B, C1, C2 or D1, D2 and so on and send all attachments as Zip file at upoaooffice@gmail.com.

Signature

Secretary City Chapter



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MINUTES OF GENERAL BODY MEETING

49TH UPORTHOCON, 08TH FEBRUARY 2025

MINUTES OF GENERAL BODY MEETING- UPCON 2025

We are pleased to inform you that the General Body Meeting of UPOA was successfully held on 8th February 2025 at the Hall Amber of Hotel-The Gaurs Sarovar Premiere, Greater Noida, Ghaziabad, U.P.

Following were present on the dais during the General Body Meeting:

- President: Dr. K.D. Tripathi
- President Elect: Dr. Piyush Kumar Misra
- Vice President: Dr. Amrit Goyal
- Secretary: Dr. Santosh Singh

UPOA Secretary Dr. Santosh Singh initiated the meeting and expressed his gratitude to the President, President-Elect, Past Presidents, all the EC Members, and other UPOA Members for their continuous support throughout the year.

Agenda 1: Obituaries

UP LM No	IOA LM No	Name	City
UPLM0010	LM06603	Dr. A. P. Agarwal	Bareilly
UPLM0184	LM01782	Dr. P. R. Mishra	Lucknow
UPLM0349	LM03027	Dr. R. P. Tripathi	Jhansi
UPLM1090	LM10870	Dr. Awtar Singh	Kanpur
UPLM1201	LM08810	Dr. Harendra Chaturvedi	Lucknow

1 minute silence was observed in remembrance of departed soul.

Agenda 2: Presidential Address The meeting proceeded with the Presidential Address by UPOA President Dr. K.D. Tripathi.

Agenda 3: Last ECM Minutes Adoption of the Minutes of the Last EC Meeting held at the MID Term Symposium in Gorakhpur on 8th September 2024 was done and was passed by General Body. The Minutes of the EC Meeting during the MTS in Gorakhpur were already circulated to all members through UPOA Times (Issue 03 Volume 2024, September 2024 – December 2024).

Agenda 4: Last ECM Minutes Ghaziabad

Agenda 5: Bone & Joint Day Details of Bone & Joint week celebrations were explained by Dr. Santosh Singh

Agenda 6: Report of Election 2024-25 Dr. Piyush Kumar Misra, the Election Officer presented the Election Report of UPOA. The Election Report is Enclosure-I.

Dr. Jamal Ashraf suggested to Dr. Santosh Singh, the next Election Officer, that during the election process if a candidate submitted his nomination and subsequently withdrawn before the election, his name should not be included in any official announcement or future election reports.

Since one post for Member Executive would be vacant as Dr Amit Jaiswal would be the Secretary, Dr. Amit Mishra had been nominated as **Member Executive** for a term of **one year**, and Dr. Shah Waliullah had been nominated as **Joint Secretary** for a term of **one year**.

Dr. Santosh Singh presented the applications received for three positions: **Editor, Web Master, and Quiz Master**. There was one application for the post of Editor, submitted by Dr. Deepak Kumar from Lucknow. For the position of Web Master, three applications were received, and for the Quiz Master, four applications were submitted. After reviewing the applications, the Executive Committee (EC) recommended the following to the General Body Meeting (GBM): **Dr. Deepak Kumar** for **Editor JBJD**, **Dr. Sanjiv Kumar** for **Web Master**, and **Dr. Sanjay Yadav** for **Quiz Master**. The recommendations were placed before the GBM and were unanimously passed.

Agenda 7: Treasurer Report Since Dr. Maneeshi Bansal could not attend the EC meeting, UPOA Secretary presented the Treasurer Report which was passed with the voice vote. The Treasurer Report is Enclosure-II.

UPOA President DR. K. D. Tripathi congratulated to Dr Jamal Ashraf and team Lucknow for their contribution to UPOA from the savings of IOACON.

Dr. Jamal Ashraf informed the General Body that team IOACON, Lucknow had already given 1 crore 10 lakhs to UPOA and remaining 60 Lakhs that included the TDS refund would be given soon. Apart from that, expenses for the annual maintenance of UPOA office flat would also be contributed by team IOACON from the savings for next 3 years.

Agenda 8: Editor Report Since Dr. C.P. Pal was not present in the GB, President Elect Dr Piyush Misra presented the Editor's Report which was passed with voice vote. The Editor's Report is Enclosure- III.

Agenda 9: Fellowship Report Dr. Santosh Singh presented the Fellowship Report and it was passed with a voice vote. The Fellowship Report is Enclosure- IV.

Agenda 10: Research Grant of UPOA Research grant was awarded to Dr. Sanjiv Kumar, Lucknow.

Agenda 11: Report of UPOA City Club Awards Dr. Santosh Singh Presented the Report of City Club Awards 2024-25 and was passed with a voice vote. The City Club Awards Report 2024-25 is Enclosure- V.

Agenda 12: Report of Various UPOA Courses 2024-25 Dr. Santosh Singh Presented the Report of Various UPOA Courses 2024-25 and was passed with a voice vote.

EC suggested that there should be a scientific committee of 5-7 members for the smooth functioning of official UPOA courses including UPORTHOCN. EC also suggested the names of Dr Ashish, Dr Sanjay Dhawan, Dr Amit Rastogi, Dr Ajeet Tiwari and Dr K. K. Mittal to be included in scientific committee.

EC also suggested that the quality of conferences, presentations and brochures needed improvement.

Dr Ashok Vij suggested that UPOA should start a Faculty Education Programme to train our younger faculties and its expenses should be given by UPOA. Dr Jamal Ashraf had suggested that Faculty Education Program would be organized in Lucknow under the chairmanship of Dr Ashish Kumar. Dr Santosh Singh had requested Dr Jamal Ashraf to made a SOP for this new program.

Dr Atul Srivastava suggested that the PGs who had to present their competitive papers in a medal session and were absent at the time of presentation should be debarred for next 3 years.

Dr S C Goel had suggested that bids for UPOA official events would be invited from MTS to MTS.

All the suggestions given by EC and members were passed with voice vote.

Agenda 13: UPOA Academic Activities for the year 2025-2026 Dr. Santosh Singh, Secretary UPOA, informed about the BIDS 2025-26. These were as follows-

1. Bid for UPORHOCON 2026 – Agra, Aligarh, Kanpur
2. Bid for UPOA Special Course 2025 – Saifai
3. Bid for UPOA PGICL 2025 – Varanasi, Prayagraj
4. Bid for UPOA Arthroplasty Course 2025 – Bareilly, Aligarh
5. Bid for UPOA MID Term Symposium 2025 – Prayagraj, Meerut
6. Bid for UPOA Trauma Course 2025 – Lucknow, Aligarh, Gorakhpur, Jhansi, Kanpur
7. Bid for UPOA PGICL 2026 – Gorakhpur
8. Bid for UPOA Special Course 2026 – Varanasi, Kanpur
9. Bid for UPOA Arthroplasty Course 2026 – Saifai, Lucknow

After a thoughtful deliberation and mutual consensus among esteemed members the following events had been formally allotted:

For the Year 2025:

UPOA Special Course – Saifai Orthopaedic Association
UPOA PGICL – Varanasi Orthopaedic Association
UPOA Arthroplasty Course – Aligarh Orthopaedic Club
UPOA Mid-Term Symposium – Prayagraj Orthopaedic Association
UPOA Trauma Course – Kanpur Orthopaedic Association
Faculty Education Program – Lucknow, under the chairmanship of Dr. Ashish Kumar

For the Year 2026:

UPOA Special Course – Varanasi Orthopaedic Association
UPOA PGICL – Gorakhpur Orthopaedic Club
UPOA Arthroplasty Course – Lucknow Orthopaedic Society

General Body congratulated to all the city clubs and express deep appreciation to all members for their spirit of collaboration and dedication toward the growth of the orthopaedic fraternity.

Dr. Sanjay Dhawan suggested that the Life Membership (LM) numbers of both the UP Orthopaedic Association (UPOA) and the Indian Orthopaedic Association (IOA) for the President and Secretary of the bidding City Club should be clearly mentioned in the BIDS form. This addition would help to ensure the transparency, verify eligibility, and maintain proper records during the bidding process for future events.

UPOA PG Quiz 2024 Total 18 medical colleges participated, which was a record, for which a great applause was given to QUIZ MASTER- DR SANJIV KUMAR

Name of Medical College
• AIIMS Gorakhpur
• BRD Medical College, Gorakhpur
• Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow
• Eras Medical College, Lucknow
• GSVM Medical College, Kanpur
• Hind Institute of Medical Science, Safedabad, Barabanki
• Hind Institute of Medical Sciences Ataria, Sitapur
• Institute of medical sciences, BHU, Varanasi
• JNMC AMU, Aligarh

Name of Medical College
• K.D. Medical College Hospital & Research Center Mathura
• King George Medical University, Lucknow
• LLRM Medical College, Meerut
• MLB Medical College, Jhansi
• Prasad Institute of Medical Sciences, Lucknow
• Santosh Medical College & Hospitals, Ghaziabad
• Sarojini Naidu Medical College, Agra
• Subharti Medical College, Meerut
• UPUMS, Saifai, Etawah

WINNER OF ANNUAL QUIZ OF UPOA – 2024 (Sarojini Naidu Medical College, Agra)

- Dr. Sumit Kumar Gupta
- Dr. Amit Agarwal

Both the winners represented UP in National Quiz Competition, IOACON 2024 at Bengaluru in December 2024. (Registration and travel were arranged by UPOA)

RUNNER UP OF ANNUAL QUIZ OF UPOA – 2024 (Jawaharlal Nehru Medical College, AMU, Aligarh)

- Dr. Ritvik Jain
- Dr. Arman Khan

Both the winners got the **UPOA EXCHANGE FELLOWSHIP** in which they had attended and presented a paper at **MPORTHOCN, Bhopal 27th – 29th September 2024**. Their travel was arranged by UPOA and registration and accommodations were provided by MP ORTHOPAEDIC ASSOCIATION.

UPOA TIMES Dr Santosh Singh said that UPOA office had released the UPOA TIMES regularly and hoped that everyone had enjoyed reading it.



UPOA OFFICE Dr Santosh Singh informed the GB about the proceedings of the purchase of UPOA office at Lucknow and assured that it would be done within a month or twice.

Agenda 14: Ratification of New Life Members after UPORTHOCN 2024 The list of 56 newly enrolled members was presented before the General Body and was subsequently ratified through a voice vote. As a result, the life members of UP upto LM Number 2229 had been ratified.

Agenda 15: Letter from Members

1. Dr. Sanjay Yadav

Suggestion

Inbox x



sanjay yadav

to me

Sun, Jan 12, 1:45 PM (9 days ago)

☆ 😊 ↶ ⋮

Dear sir

I would like to humbly suggest that for medal certificates for postgraduates, the name of mentor should also be mentioned in the certificate. I would be obliged if this humble and genuine suggestion can be incorporated.

Yours sincerely

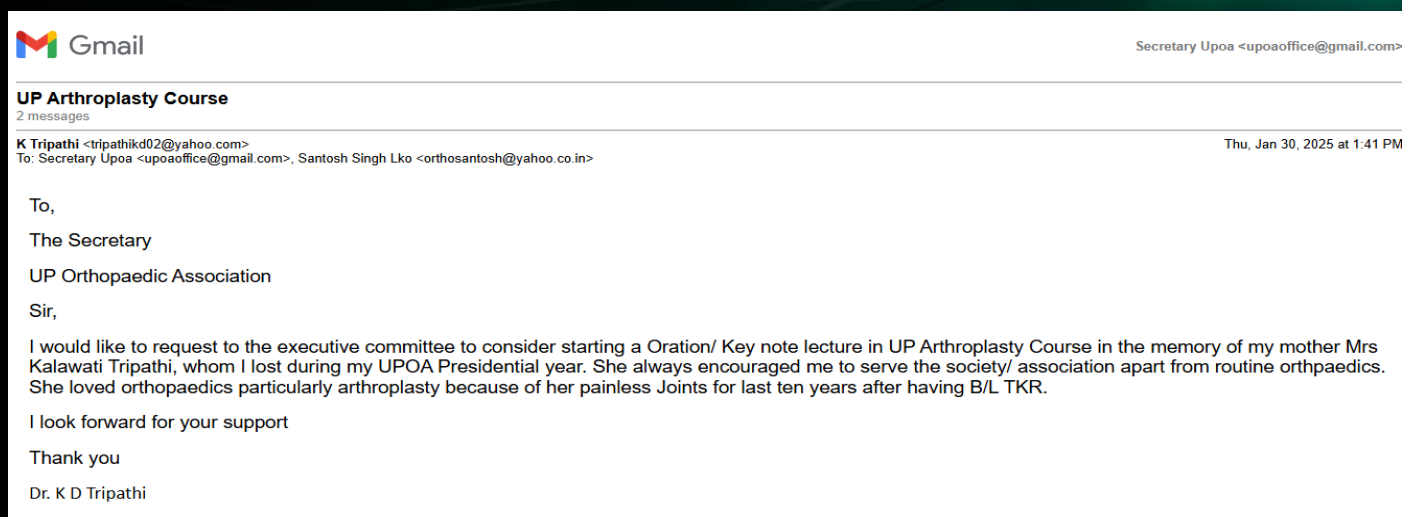
Sanjay

Upoa 1553

loa 9114

Letter of Dr Sanjay Yadav was read by Dr Santosh Singh and GB did not pass the suggestion written in letter.

2. Dr. K.D. Tripathi



The letter of Dr K D Tripathi was read by Dr Santosh Singh. On this matter the Executive Committee (EC) had recommended the inclusion of keynote lectures in all four additional courses, emphasizing their importance in enhancing academic engagement and value. To facilitate this integration, a Standard Operating Procedure (SOP) would be developed, outlining the structure, selection process, and execution of these keynote sessions. A dedicated committee had been constituted to formulate the SOP and establish the necessary criteria. The committee that included Dr. S.C. Goel, Dr. Jamal Ashraf, and Dr. Dharendra Singh would collaboratively design a comprehensive framework to ensure consistency and quality across all courses.

3. Dr D. K. Gupta

Dear Santosh-how are you, hope everything is ok,

What about my request of any lecture or session in my name, I wish to do something in my life time.

Pl inform thanks

Dr. D.K. Gupta, Jhansi

GB told the same as on the matter of Dr K.D. Tripathi

Dr Santosh Singh announced the names of medal winners of UPORTHOCON. They are as follows-

Bhagwan Prasad Medal (*Best Paper Published in JBJD*) - Two

- Dr. Deepak Kumar
- Dr. Rajendra Kumar Shakunt

Winner of Gold Medal (*49th UPORTHOCON 2025, Ghaziabad*)

- Dr. Bhaskar Mall PG Gold Medal – Dr. Madhav Chaudhary
- Dr. U.S. Mishra Gold Medal – Dr. Shah Waliullah
- Dr. A.K. Varshney E-Poster Medal – Dr. Milind Chaudhari & Dr. Yogesh Pandey
- Dr. A.K. Gupta Gold Medal – Dr. Syed Faisal Afaq

Agenda 16: Any Other Matter

- 1.General Body had passed to affiliate Vindhya Orthopaedic Association and Lalitpur Orthopaedic Club with UPOA.
- 2.For the medal session, Dr. Dharendra Singh suggested that the presentation slides should not include the name of the presenter, guide, college, or city.
3. It was proposed that a Golden Jubilee book should be created next year to commemorate the milestone. The book will serve as a tribute to the organization's achievements, history, and contributions over the past fifty years, capturing key moments, memories, and milestones for posterity.
- 4.EC recommended that all UP State faculties should register for the conference and their registration should be at early bird rate. There should not be any complementary accommodation provided by the organizers to UP faculties. There should be restriction on the numbers of faculties.
- 5.On the recommendation of EC, General Body had decided to start two exchange fellowships with Chhattisgarh Orthopaedic Association on recommendation of Dr Alok Agarwal.

Agenda 17: National Anthem



Enclosure No. I –Report of UPOA Election 2024-25

UPOA ELECTION 2024 - 2025



Election Notification

Elections 2024-25 of The UP Orthopaedic Association were notified on 7th November, 2024.
For the following vacant posts

- | | |
|---------------------|----|
| 1. President Elect | 01 |
| 2. Vice President | 02 |
| 3.Hon.Secretary | 01 |
| 4-Treasurer | 01 |
| 3. Member Executive | 03 |

UPOA ELECTION 2024 - 2025

As per constitution to bring more transparency in the election process We have 2 election observers to witness and help during entire election process .

1. Dr Ashok Vij
2. Dr Dharendra Singh

Thank you sir for your kind consent .

Notification of Election (through Mails,Website of UPOA and whatsapp)	7th November 2024
Last date of receipt of Nomination forms by Election officer by Email and Post	20th November 2024
Last date of information to contestants about other contestants after scrutiny	27th November 2024
Last Date of Withdrawal of Nomination	4 December 2024. 5:00PM
Official Declaration Of Candidates	6th December, 2024
Online Polling instructions will be sent	14th January, 2025
Online Polling will Commence from	23rd January 2025 10:00 AM
Online Rolling will Stor	07 February, 2025 1:30 PM
Online Counting and Election Meeting	07 February 2025 1:30 PM
Official declaration of results (during GBM)	8 February 2025

List of Nominations of Candidates as on 20th November 2024

S.No		No of Post	Name	Mobile	IOA LM	UPOA LM	Fee/Deposit Details
1	President Elect	1	Santosh Singh	9918238999	3000	750	Rs.5000/12/11/24/ IOC Bank
2	Hon Secretary	1	Amit Jaiswal	9415087330	7984	1247	Rs.5000/12/11/24/ Aas Bank
3		Manoresh Bansal	9415218156	6194	1281	Rs.5000/13/11/24/HDFC	
4	Vice President	1	Sanjay Kumar	9695339134	7823	1480	Rs.5000/13/11/24/ UTR. 812914302089
5		Ravi Garg	9793031111	10053	1570	Rs.5000/15/11/24/ SBI	
6		Vinod Pagnani	9412885815	6604	1266	Rs.5000/18/11/24/SBI	
7		Brigesh Sharma	9412286111	7823	1420	Rs.5000/19/11/24/Axis Bank	
8	Treasurer	1	Amrit Goyal	8979802051	7484	1405	Rs.5000/13/11/24/SBI
9	Executive Member	3	Anupam Srivastava	9415227170	5858	808	Rs.5000/12/11/24/ SBI
10		K. S Dinkar	9412396026	9622	1439	Rs.5000/13/11/24/ SBI	
11		Karna Raj Singh	9506211111	12879	1595	Rs.5000/14/11/24/ PNB	
12			Sunil Kumar	9415085394	8471	1142	Rs.5000/14/11/24/Bank of India
13			R.S.Ghosh	9451176801	13449	1748	Rs.5000/13/11/24/ Bank of India

Final List of Contestant's as on 6th December 2024

S.No	No of Post	Name	Mobile	IOA LM	UPOA LM	Fee/Deposit Details	
1	President Elect	1	Dr.Santosh Singh	9918238999	3000	750	Rs.5000/12/11/24/ IOC Bank
2	Vice President	2	Dr.Ravi Garg	9793031111	10053	1570	Rs.5000/15/11/24/ SBI
3		Dr.Vinod Pagnani	9412885815	6604	1266	Rs.5000/18/11/24/SBI	
4	Hon Secretary	1	Dr.Amit Jaiswal	9415087330	7984	1247	Rs.5000/12/11/24/ Aas Bank
5	Treasurer	1	Dr.Amrit Goyal	8979802051	7484	1405	Rs.5000/13/11/24/SBI
6	Executive Member	3	Dr.Anupam Srivastava	9415227170	5858	808	Rs.5000/12/11/24/ SBI
7		Dr.K. S Dinkar	9412396026	9622	1439	Rs.5000/13/11/24/ SBI	
8		Dr.Sunil Kumar	9415085394	8471	1142	Rs.5000/14/11/24/Bank of India	

Result of UPOA Election

S.No		No of Post	Name	Mobile	IOA LM	UPOA LM
1	President Elect	1	Dr.Santosh Singh	9918238999	3000	750
2	Vice President	2	Dr.Ravi Garg	9793033111	10053	1570
3			Dr.Vinod Pagnani	9412885815	6604	1266
4	Hon Secretary	1	Dr.Amit Jaiswal	9415087330	7984	1247
5	Treasurer	1	Dr.Amrit Goyal	8979802051	7484	1405
6	Executive Member	3	Dr.Anupam Srivastava	9415227170	5858	808
7			Dr.K S Dinkar	9412396026	9622	1439
8			Dr.Sunil Kumar	9415085394	8471	1142

Enclosure No. II –Treasurer Report



UP ORTHOPEDIC
ASSOCIATION

UPOA Treasurer Report 2024-25

7th February 2025

Ghaziabad

Dr Maneeshi Bansal



As per State Bank of India as on 06.01.2025

Opening Balance as on 04.01.2024	13,34,020.18
Closing Balance as on 30.01.2025	28,11,570.98
Gross Income over Expenditures as on 30.01.2025	14,77,550.8



Income & Expenses Report

Income : 1,27,70,728.00

Income from UPOA MTS 2024	50,000
Income from UPOA Trauma Course 2024	58,000
Income from UPOA Arthroplasty Course 2024	1,20,000
Income from UPORHOCAN 2024	8,08,078
Income from UPOA MTS 2023	51,000
Income from UPOA Trauma Course 2023	35,000
Income from UPOA Special Course 2023	50,000
Income from UPOA Arthroplasty Course 2023	75,000
Income from IOACON 2023	1,10,00,000

Income : 1,27,70,728.00

Income from Under Aegis	1,00,000
Income from Nomination of Election	65,000
Income from Bank Interest	1,62,650
Life Membership Fees	1,96,000

Expenses : 1,07,51,788.20

UPOA PGICL 2023	50,000.00
UPOA PGICL 2024	50,000.00
PG Quiz Winner 2024, IOACON	69,166.00
Orations	32,180.00
Memento	10,263.00
Fellowship	40,000.00
Awardees	38,741.00
Office Expenses	2,90,849.00
Website Payment	25,842.00
Accounting Charges to CA 2024-25	35,400.00
Accounting Charges to CA 2023-24, 80G & 12A	1,09,300.00
UPOA Flat	1,00,00,047.20

Refund of LOAN

Refund of Seed Money from POA UPORHOCAN 2024
PRAYAGRAJ : Rs 5,00,000.00

LOAN

Loan to GOC for UPORHOCAN 2025 :
Rs 10,00,000.00



₹ 1,45,00,000

As on date 31.01.2025



Income Tax Status

AY 2022-23, Filed & Paid : 3,24,790.00
AY 2023-24, Filed & Paid : 58,940.00
refunded total
AY 2024-25, Filed & Paid



Audited Account
Report Status

UPORHOCAN 2024, PRAYAGRAJ Received

UPOA MTS 2024, Gorakhpur

Still
Awaited

Permanent Status for 80G & 12A has been Granted

Liabilities

Nil

Enclosure No. III –Editor Report

GREETINGS FROM KANNAUJ

Editor Report
UPORTHOCON 2025
HAZIABAD

07 Feb 2025 – 09 Feb 2025
Prof. C. P. Pal
Editor – in – Chief, JBJD
Uttar Pradesh Orthopaedic Association (UPOA)

Journal of Bone and Joint Diseases
Volume 38 | Issue 2 | May-August 2023

JBJD

EDITOR IN CHIEF: DR. C. P. PAL
www.jbjd.in

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Journal of Bone and Joint Diseases

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ACTIVITY IN 2024

• **RELEASED THREE ISSUES**
JAN-APR 2024
MAY-AUG 2024
SEP – DEC 2024

INDEXING PROCESS

• We are under screening process to indexing our journal in :

ESCI (Emerging Sources Citation Index)

CURRENTLY WE ARE INDEX WITH

ABSTRACTING AND INDEXING INFORMATION

The journal is registered with the following abstracting partners:

Baidu Scholar, CNKI (China National Knowledge Infrastructure), EBSCO Publishing's Electronic Databases, Ex Libris - Primo Central, Google Scholar, Hindawi, Infotrieve, Netherlands ISSN centre, ProQuest, TDNet, Wanfang Data.

Upgrading Journal to e-journal Platform

Dear Editor,

Hope you are doing well.

Further to previous emails from Mr. Vikas Chawla, we are pleased to inform you that 'Journal of Bone and Joint Diseases' is ready to migrate from Medknow's CAP Journal platform to Wolters Kluwer's e-Journals platform (eJP). The new site is visible now at <https://journals.wk.com/jbjd/journaldefault.aspx>. The Journal's URL will start resolving to the new site in the next few days.

eJP hosts >300 Lippincott Journals and a growing number of Medknow journals, providing them with a customizable website with the ability to publish multimedia content alongside journal articles. The online experience makes the article content available in a rich full-text format, along with PDF downloads, a variety of personalization options, and responsive mobile views that are device agnostic and easily converted based on the users' device preferences. Using the eJP's intuitive editorial tools, the journal's Editorial Office will have the power and flexibility to build additional content around the articles – custom content collections, blogs, podcasts, standalone video libraries, and more – to meet the needs of users.

This transition will provide improved performance, speed and product development to enable an enriched user experience, resulting in a growth in discoverability and usage.

ROYALTY OF JBJD

• JBJD earned Royalty from Ist & IInd issues
Rs : **4,00,359/-**

ACCOUNT STATEMENT 2023 - 2024

Payable amount : 2,70,125.66/-

Issue Name	INR	Date	Royalty	TDS @ 10%	Net	Payable/Receivable
Opening Balance	98,256.03					98,256.03
2024-01	1,75,022.00	31-05-2024	5,226.60	522.66	4,703.94	2,68,574.09
AMC	30,880.00	30-06-2024	1,75,092.87	17,509.29	1,57,583.58	1,41,670.51
2024-02	1,76,986.00	31-07-2024	21.03	2.10	18.93	3,18,637.98
2024-03	1,49,505.00	31-08-2024	3,286.66	328.67	2,939.99	4,65,202.99
		30-11-2024	2,143.96	214.40	1,929.56	4,63,273.02
		31-12-2024	2,14,608.18	21,460.82	1,93,147.36	2,70,125.66
	6,30,449.03		4,00,359	40,036	3,60,323	2,70,125.66
Total TDS earned in 2024					40,036/-	

OUTSTANDING OF JBJD

• **Presently payment due towards Wolter Kluwer - 2,70,125.66 /-**

Note : The royalty for the 3rd issue of JBJD is pending

ABOUT TDS

UPOA earned TDS from JBJD (Journal of Bone and joint Diseases)
Rs - 73,977/-

SPECIAL THANKS

OUR REVIEWERS

REVIEWING OUR ARTICLES AND SUPPORTING OUR JOURNAL.

LONG LIVE UPOA

Thank you!

Enclosure No. IV –Fellowship Report

UPOA Exchange Fellowship 02 (MPOA)

Dr. Ritvik Jain **Done**

Dr. Arman Khan **Done**

UPOA Travelling Fellowship 02 (WBOA)

Dr. Rahul Patel

Dr. Amit Kumar

UPOA Visiting Fellowship 02 (Center of Eminence)

Dr. Ravindra Mohan

Dr. Yashvardhan Sharma

Lucknow Pune Exchange Fellowship 02 (Sancheti Hospital)

Dr. Arpit Singh

Dr. Nishant Raj

Varanasi Exchange Fellowship 01 (Ahmedabad)

Dr. Ajay Kumar Rajput

Ghaziabad National Fellowship 02

Dr. Sanjay Yadav

Dr. Devarshi Rastogi

Ghaziabad International Fellowship 02

Dr. Deepak Kumar

Dr. Ashank Gupta

UPOA KGMU Paediatrics Fellowship 02 (KGMU)

Dr. Prakhar Mishra **Done**

Dr. Rajeev Kumar

UPOA KGMU Trauma Fellowship 02 (KGMU)

Dr. Parv Mittal

Dr. Devanshu Mohaniya **Done**

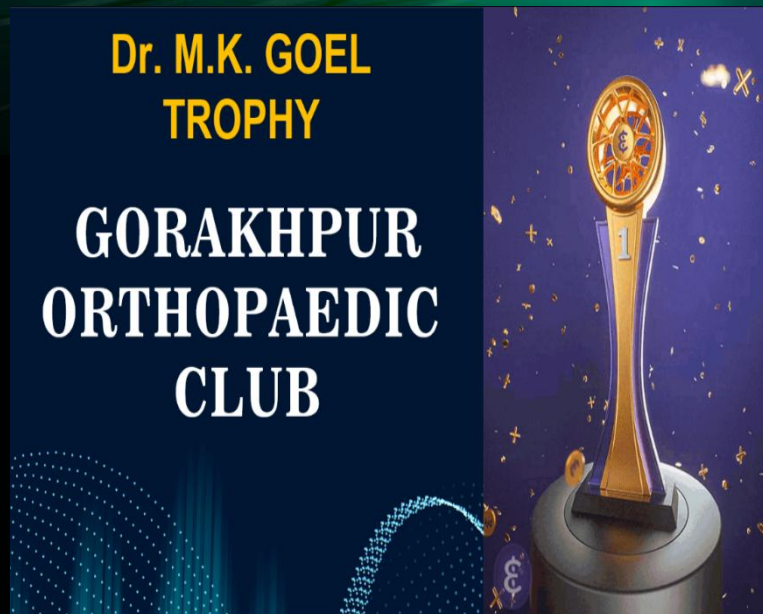
**Dr. K.P. SRIVASTAVA
TROPHY**

**AGRA
ORTHOPAEDIC
SOCIETY**



**Dr. M.K. GOEL
TROPHY**

**GORAKHPUR
ORTHOPAEDIC
CLUB**



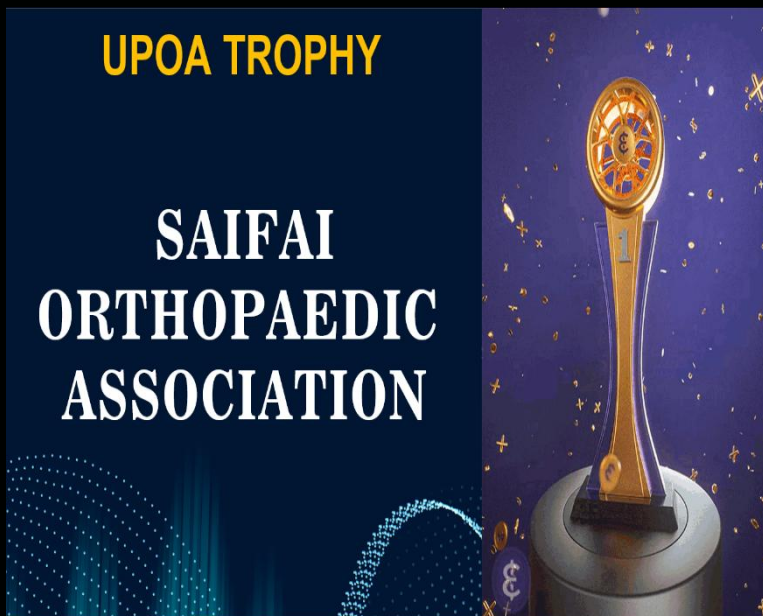
**DHANENDRA PRASAD
BHAGWATI DEVI MEMORIAL
TROPHY**

**JHANSI
ORTHOPAEDIC
CLUB**



UPOA TROPHY

**SAIFAI
ORTHOPAEDIC
ASSOCIATION**



END OF MINUTES

Dr Piyush Kumar Misra
UPOA President

Dr Amit Jaiswal
UPOA Secretary



www.upoa.net





UPOA EVENTS HELD

1. UPOA e-PGCON 2025, Meerut, 25th – 26th January 2025, Org. Sec.: Dr. Kritesh Mishra.
2. 49th UPORTHOCON 2025, Ghaziabad, 07th – 09th February 2025, Org. Sec.: Dr. Rizwan Khan.
3. 4th Annual Symposium, Lucknow, 30th March 2025, Org. Sec.: Dr. Pulak Sharma.
4. 3rd KOACON 2025, Kanpur, 19th April 2025, Org. Sec.: Dr. Chandan Kumar.

UPOA FORTHCOMING EVENTS

1. Prayagraj Arthroplasty Meet 2025, Prayagraj, 25th May 2025, Org. Sec.: Dr. Maneeshi Bansal & Dr. Anurag Agarwal.
2. Shoulder Conclave, Agra, 19th July 2025, Org. Sec.: Dr. Gaurav Rajpal.
3. 11th UPOA Special Course, Saifai, 26th July 2025, Org. Sec.: Dr. Harish Kumar.
4. 1st Saifai Knee Arthroscopy Cadaveric Course 2025, Saifai, 27th July 2025, Org. Sec.: Dr. Harish Kumar.
5. UPOA PGICL 2025, Varanasi, 01th – 03rd August 2025, Org. Sec.: Dr. Sanjay Yadav.
6. 11th UPOA Arthroplasty Course, Aligarh, 24th August 2025, Org. Sec.: Keshav Gupta.
7. UPOA Mid Term Symposium, Prayagraj, 07th September 2025, Org. Sec.: Dr. Maneeshi Bansal.
8. 11th UPOA Trauma Course, Kanpur, 12th October 2025, Org. Sec.: Dr. Ajeet Tiwari.
9. Faculty Education Program 2025, Lucknow, November 2025, Org. Chairman Dr. Ashish Kumar.
10. 50th UPORTHOCON 2026, Agra, 20th – 22th February 2026, Org. Sec.: Dr. Amrit Goyal.
11. 12th UPOA Special Course, Varanasi, April 2026, Org. Sec.: Dr. Sanjay Yadav.
12. UPOA PGICL 2026, Gorakhpur, July 2026, Org. Sec.: Dr. Atil Kumar Lal.
13. 12th UPOA Arthroplasty Course, Lucknow, August 2026, Org. Sec.: Dr. Mayank Mahendra.



UPOA e-PGCON 2025

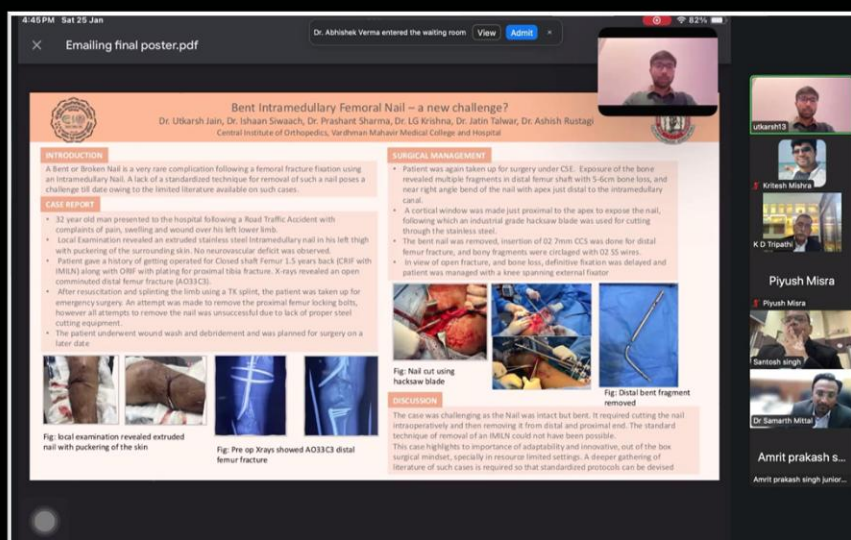
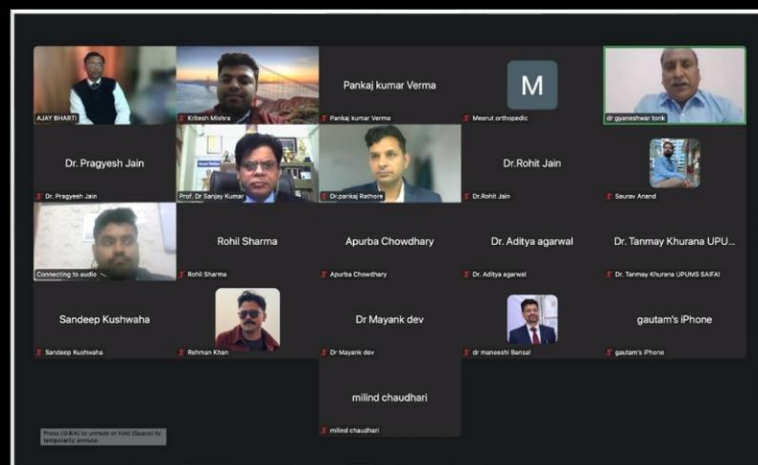
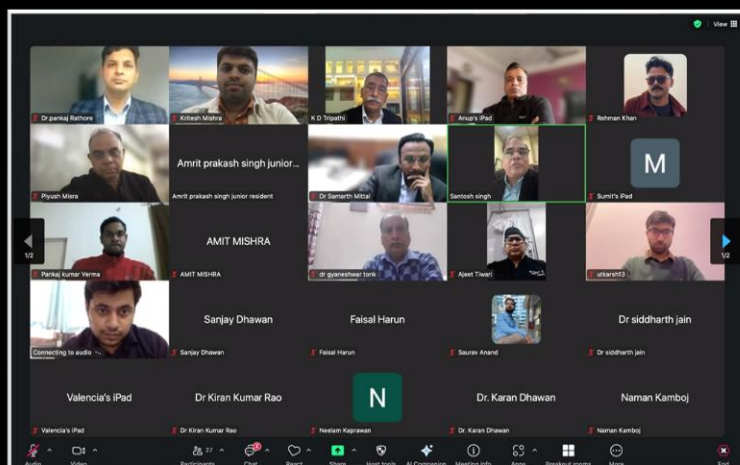
Programme Name	: UPOA e-PGCON 2025
Organised by	: Meerut Orthopaedic Club
Organising Chairman	: Prof. Gyaneshwar Tonk
Organising Secretary	: Dr. Kritesh Mishra
Theme	: Poster & Paper presentation by orthopaedic PG students
Date & Venue	: 25th & 26th Jan 2025, online zoom platform
Number of Delegates	: 31 Posters; 26 Paper presentation
Name of Chief Guest	: Dr. Anup Agarwal, President IOA
Special Invites	: Dr. K D Tripathi, President UPOA Dr. Piyush Kumar Misra, President Elect UPOA Dr. Santosh Singh, Secretary, UPOA

Two Best Poster Awards:

1. Dr. Priyanshu Suman, VMMC New Delhi
2. Dr. Abhishek, LLRM Meerut

Two Best Paper Awards:

1. Dr. Tanmay Khurana, UPUMS, Saifai
2. Dr. Ritvik Jain, AMU, Aligarh





49th UPORTHOCON 2025

- Programme Name** : UPORTHOCON 2025
- Organised by** : Ghaziabad Orthopaedic Club
- Organising Chairman** : Dr. K.K. Mittal
- Organising Secretary** : Dr. Rizwan Khan
- Date & Venue** : 07th & 09th Feb 2025, Hotel Gaur Sarover Premier Gaur City, Greater Noida
- Number Of Delegates** :
- | | |
|-------------------------|-------|
| A - Faculty | - 142 |
| B - General Delegates | - 105 |
| C - P.G | -106 |
| D - GOC Registration | - 95 |
| E - Female Registration | - 30 |
| F - Spot Registration | - 34 |
- Name of Chief Guest** : Dr. S.M. Tuli, Delhi
- Name of Guest of Honour**: A- Dr. Anup Agrawal, President IOA, Lucknow
B- Dr. Naresh Chand, Ghaziabad
- Special Invites** : A- Dr. Jamal Ashraf, President APOA
B- Dr. S. S. Yadav, Delhi
C- Deputy Commissioner Police, Noida









4th ANNUAL SYMPOSIUM

- Programme Name** : 4th Annual Symposium
- Organised by** : Lucknow Orthopaedic Society
- Organising Chairman** : Dr. G.P. Gupta
- Organising Secretary** : Dr. Pulak Sharma
- Date & Venue** : 03th March 2025, CV Raman Auditorium, SGPGIMS, Lucknow
- Number Of Delegates** : 150
- Name of Chief Guest** : Prof. Dr. R.K. Dhiman
- Name of Guest of Honour** : Dr. Anup Agrawal, President APTS & IOA
- Any Award Given** : Dr. P.R. Mishra Oration by Dr Anup Agrawal
- Special Invites** : Prof Ajai Singh, Director AIIMS Bhopal
Dr Jamal Ashraf, President APOA
Mr Gaurav Khanna, Head National Coach Parabadminton India

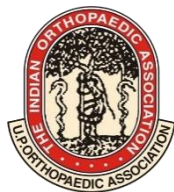




3rd KOACON 2025

Programme Name : 3rd KOACON 2025
Organised by : Kanpur Orthopaedic Association
KOA President : Dr. Anoop Agrawal
KOA Secretary : Dr. Chandan Kumar
Date & Venue : 19th April 2025, Hotel Royal Cliff, Kanpur
Number Of Delegates : 80
Name of Chief Guest : Dr Sandeep Patwardhan





RESEARCH GRANT CRITERIA

PROFORMA ASSESSMENT OF RESEARCH PROJECT FOR AWARD OF UPOA RESEARCH GRANT

Name of Applicant

Address

Present designation

Email id

Mobile no.

UPOA membership no.

IOA membership no.

With a purpose to encourage Research in Orthopaedics in the fields of Basic Science, Clinical Research, Development / Innovations of Instruments, Implants, Technique etc., UPOA has decided to provide some financial grant to the projects submitted by UPOA members.

The brief introduction of guidelines as approved by executive committee of UPOA is as follows:

Amount of Grant and its distribution: No set limit. Committee will decide depending upon the project. The funds will be disbursed in two stages. 50% immediately after formalities of approval of project and rest after submission of final report.

Who can apply? Life member of UPOA residing and working in Uttar Pradesh.

How many projects can be approved in a year: No limit

Time frame : Expected to complete the project in 3 years. Extension may be granted on valid reasons.

If beneficiary fails to complete the project or leaves the state permanently: He will return all the money received. He has to give an undertaking to this effect in writing.

Who will decide? Committee consisting of

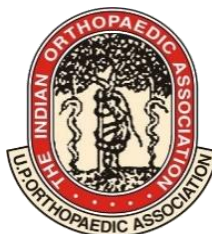
- ◆ President
- ◆ President Elect
- ◆ Immediate Past President
- ◆ Secretary UPOA
- ◆ Chairman, UPOA Research Grant Committee
- ◆ Members, UPOA research grant committee – 2

Submission of proposed project details along with Proforma is mandatory.



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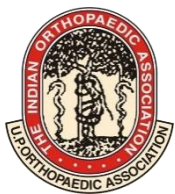


Maximum Marks = 100

- 1. Post Graduate Qualifications in Orthopaedics** **5 Marks**
Recognized Qualifications: MS (Orth.)/ D.N.B. (Orth). (2 Marks Each)
Other Qualifications / Degree: M.CH. ORTH. /FRCS/ PHD. ORTH. (1 Mark Each)
- 2. Experience** **10 Marks**
Year After PG Qualifications 1 Mark Year Maximum Marks 7
Teaching Experience as Lecture / Asst. Professor Above 1 Mark per year Maximum Marks 3
- 3. Publications** **20 Marks**
 - 1. Indexed Journal / IJO** Maximum 15 Marks
As Main Author 5 Marks per Publications
As Co-author 3 Marks per Publications
 - 11. Books** Maximum 5 Marks
As Main Author Per Book 5 Marks
As Associate Author Per Book 2.5 Marks
As Editor / Author of Monograph Per Book 5 Marks
As Contributing Author Per Book Chapter 2.5 Marks
As Co-author Per Book Chapter 2.5 Marks
- 4. Papers / Posters Presented Personally** **10 Marks**
International Conferences Abroad 3 Marks Per Paper / Poster
International Conferences in India / IOACON 2 Marks Per Paper / 1 Mark Per Poster
Subspeciality / State Chapter Conferences 1 Mark Per Paper / ½ Mark Per Poster
- 5. Guest Lectures / Lectures at CME / Workshops** **8 Marks**
International Conferences Abroad 4 Marks Per Lecture
International Conferences in India 4 Marks Per Lecture
IOACON/ Subspeciality / State Chapter Conferences 2 Marks Per Lecture
- 6. Research Projects Completed** **7 Marks**
Funded By an International/National Agency, Government Organization or University. 3.5 Marks Per Completed Project
- 7. Conferences Attended** **5 Marks**
International Conferences Abroad 2 Marks Per Conference
International Conferences in India / IOACON 1 Mark Per Conference
Subspeciality / State Chapter Conferences ½ Mark Per Conference
- 8. Organizational** **5 Marks**
Convenor of Organizing Secretary of International or National Meeting or Workshop / Office Bearer of National Organization. 2 Marks / Post Held
Convenor or Organizing Secretary / State Level Meeting / Office Bearer of National Organization. 1 Mark / Post Held
- 9. Medals, Prizes and Awards in Orthopaedics** **5 Marks**
IOA Medal. Prize or Award 2 Marks
Subspeciality / University / National / International Organization / others 1 Mark Each
- 10. Summarize in 150 words why your project should be considered for research Grant?** **25 Marks**
Points to be checked while analyzing the attached project
 - a) Originality / Innovation
 - b) Publications from project submitted
 - c) Honesty
 - d) Financial involvement
 - e) Scope and Usefulness to society

(Please attach the details of proposed project)





UPOA FELLOWSHIP FORM

<https://docs.google.com/forms/d/e/1FAIpQLScJ-FDouTT0mwsnH4fPqJvUCY63pAIDcDzIRSfDXr1LYIKilg/viewform?usp=header>

Fellowships	No. of fellowship Available	Tick the fellowship applied for
UPOA Travelling Fellowship	2	
UPOA Visiting Fellowship	2	
Lucknow Pune Fellowship	2	
Varanasi Exchange Fellowship	1	
Ghaziabad National Fellowship	2	
Ghaziabad International Fellowship	2	
UPOA KGMU Paediatric Orthopaedics Fellowship	2	
UPOA KGMU Trauma Fellowship	2	
UPOA Chhattisgarh Exchange Fellowship	2	

1. Name
2. Age / Date of Birth
3. Designation
4. Membership No. of UPOA
5. Membership No. of IOA
6. Qualification

Degree	Year of Passing / College / University / Attempts
MBBS	
MS (Ortho) / D Ortho/DNB	



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7. Number of conferences attended (Attach List)
UPCON / IOACON / International
8. Number of papers personally presented at
UPCON / IOACON / International (Attach List)
9. Number of articles published (Attach List with
Title, name of journal, page number & year)
10. Title of papers with abstract to be presented
(only for visiting & Exchange Fellowship)
11. Teaching / Service / practice experience
12. Any other academic awards / activities /
Related information

Date

Signature

Address

Phone Number

Mobile

Email

The last date for receipt of application forms is 30th July

Visit website www.upoa.net for more details & download fellowship application form

Send your applications forms with all relevant attachments to

Dr. Amit Jaiswal

Secretariat Address- D 58/7-38 Bhagwandas Colony Rathyatra, Orthomax Hospital, Varanasi, 221010

Secretariat Ph. No. : 9415087330

UPOA Office No. : 9415679511

Email : upoaooffice@gmail.com



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UPOA Membership Form

PHOTO

To
Dr. Amit Jaiswal,
Honorary Secretary,
U.P. Orthopaedic Association,
Secretariat Address- D 58/7-38 Bhagwandas colony Rathyatra, Orthomax Hospital, Varanasi, 221010
Phone: 9415087330, 9415679511
E-mail: upoaooffice@gmail.com

Dear Sir,
I wish to apply for the Life/Associate Membership of UP Orthopaedic Association.

Name.....
Date of Birth PAN No..... Aadhar Card No.....
Address
.....
Telephone..... Mobile..... E-mail:

Qualification	Institution	University	Year of Passing
MBBS			
MS Ortho / D. Ortho			
DNB			

Present Status.....
Membership No. IOA:

Payment Details

Account Name: U.P. Orthopaedic Association
Bank: State Bank of India
Account No: 30323729681
Branch: Lucknow Main Branch
IFSC: SBIN0000125

DD/Cheque No/Online Transaction No..... Bank Name.....
Amount..... Date.....

DD/Cheque/Online Transaction in Favour of **UP ORTHOPAEDIC ASSOCIATION**, payable at Lucknow

	Name	Signature	LM NO.
Proposed by			
Seconded by			

Date.....

Signature of Applicant

FOR OFFICIAL PURPOSE

Received by (Name)

Membership No. Allotted

Signature of Secretary UPOA

The Membership Fees for **Life Member** is **Rs. 4000/-** and **Associate Member** is **Rs. 500/-**.

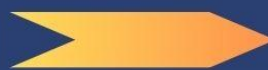
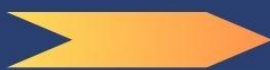
Please attach:

- Please Sent the membership application Form and Demand Draft at the abovementioned address only.
- Certified Photocopy of the PG Degree/ Diploma to be sent along transaction details with Application Form.
- Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.



UTTAR PRADESH ORTHOPAEDIC ASSOCIATION (UPOA)

**YOUR UPOA MEMBERSHIP
IS JUST A CLICK AWAY**



Membership Benefits

- 1. Concessional participation fee in UPOA conferences and other related academic activity.*
- 2. Concessional participation fee in various UPOA hands on workshops.*
- 3. UPOA Fellowships - sea of learning opportunities under the guidance of masters in the field of orthopaedics.*
- 4. UPOA Official Journal JBJD - opportunity to publish your original research work in peer reviewed journal.*
- 5. Opportunity to Gold Medal Session in Annual Conference.*
- 6. Social activities through Bone and Joint Day.*
- 7. Grant for research in the field of orthopaedics.*
- 8. Present scientific papers in conferences of UPOA.*
- 9. Vote in the elections of UPOA and to participate in the General Body Meetings.*
- 10. Leadership opportunity - contest in the elections of UPOA.*
- 11. Access to UPOA news letters.*
- 12. Access to UPOA Journal JBJD.*

President UPOA
Dr. Piyush Kumar Misra

President Elect UPOA
Dr. Santosh Singh

Secretary UPOA
Dr. Amit Jaiswal

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JOIN

Indian Orthopaedic Association (IOA)

IOA Membership Benefits

- National and International Fellowships
- Mentorship programmes
- Hands on training programmes
- Cadaveric Workshops
- Indian Journal of Orthopaedics
- Guest nation at international meets
- Grants for research in Orthopaedics
- National conference presentations

<https://ioaindia.org/Webview/NewMember>



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